



POS	NAME	SURNAME	CAT	CLUB / TEAM	TIME	SWIM		T1	CYCLE		T2	RUN	
1	JONATHAN	HOTCHKISS	M25 - 29	SIGMA SPORT/ORCA	03:55:55	00:29:15	28	00:01:05	02:05:58	2	00:00:46	01:18:49	4
2	MARTIN	YELLING	M35 - 39	2 XU TFN RT	04:00:45	00:32:17	81	00:01:04	02:11:04	6	00:00:57	01:15:21	1
3	DAVID	BROWN	M25 - 29	TEAM MK PHIL CORLEY CYCLES	04:01:22	00:35:07	196	00:01:21	02:03:10	1	00:00:39	01:21:03	9
4	TOBY	JAMESON	M25 - 29	TOTAL FITNESS BATH	04:02:08	00:30:46	49	00:01:06	02:09:57	3	00:00:46	01:19:30	5
5	HYWELL	DAVIES	M30 - 34	PLANET X	04:04:24	00:30:38	45	00:01:27	02:11:17	7	00:00:58	01:20:01	7
6	MARK	COULDWELL	M30 - 34	2 XU TFN RT	04:05:59	00:29:50	39	00:01:09	02:16:56	15	00:00:50	01:17:12	2
7	JIM	CRESSWELL	M30 - 34	2 XU TFN RT	04:06:42	00:27:10	11	00:00:50	02:10:54	5	00:00:56	01:26:50	27
8	PHILIP	MOSLEY	M30 - 34	VOTWO.CO.UK/SBR	04:07:00	00:31:10	56	00:01:08	02:12:07	8	00:00:56	01:21:38	11
9	BLAIR	CARTMELL	M18 - 24	STIRLING TRI CLUB	04:08:21	00:23:20	1	00:00:48	02:14:59	10	00:01:06	01:28:05	36
10	DALE	GRASBY	M30 - 34	RAF TRI	04:09:36	00:25:00	2	00:00:52	02:15:23	11	00:00:40	01:27:39	31
11	DION	HARRISON	M25 - 29	THAMES TURBO SIGMA SPORT	04:10:14	00:26:25	10	00:01:05	02:18:35	21	00:00:38	01:23:29	14
12	ELIOT	CHALLIFOUR	M25 - 29	VOTWO / SBR	04:10:45	00:26:15	8	00:01:02	02:16:09	12	00:01:07	01:26:11	25
13	DOUG	HALL	M18 - 24	WWW.VOTWO.CO.UK / SBR	04:11:06	00:26:14	7	00:01:07	02:16:32	13	00:01:00	01:26:10	24
14	MARK	GOODRIDGE	M35 - 39	TEAM TRI UK	04:12:34	00:33:48	135	00:01:10	02:18:05	18	00:00:55	01:18:34	3
15	LEE	STAPLES	MTeam		04:12:40	00:27:52	14	00:00:53	02:22:23	37	00:00:46	01:20:44	8
16	PETER	GALPIN	M35 - 39		04:12:43	00:33:17	115	00:01:40	02:16:57	16	00:00:59	01:19:49	6
17	PETER	SWAINE	M25 - 29	2 XU TFN RT	04:12:59	00:26:11	6	00:01:02	02:22:00	34	00:00:53	01:22:51	12
18	COLIN	LEWIN	M40 - 44	8 OAKS TRI	04:14:08	00:29:35	35	00:01:07	02:20:25	28	00:01:31	01:21:28	10
19	NICHOLAS	TIPPER	M25 - 29	ARMY TRI	04:15:54	00:29:30	34	00:00:59	02:19:05	26	00:00:43	01:25:36	19
20	TOM	WILLIAMS	M30 - 34	LEEDS & BRADFORD TRI	04:16:46	00:31:49	62	00:01:12	02:17:38	17	00:00:59	01:25:07	18
21	CHRIS	WOOD	M18 - 24	COLNE TRI	04:17:26	00:26:17	9	00:01:09	02:21:28	31	00:00:57	01:27:33	30
22	MICHAEL	HALL	M40 - 44	HARTLEPOOL TRIATHLETES	04:17:38	00:29:47	38	00:01:46	02:18:49	24	00:01:12	01:26:01	22
23	SIMEON	LLOYD	M35 - 39	THETRIATHLONCOACH.COM	04:18:06	00:30:56	53	00:01:44	02:18:42	23	00:00:59	01:25:42	20
24	MARK	BOTTELEY	M40 - 44	SPALDING TRI	04:18:18	00:34:16	162	00:01:47	02:12:54	9	00:00:45	01:28:33	41
25	KIT	STOKES	M35 - 39	BATH AMPHIBIANS	04:20:32	00:34:13	159	00:01:55	02:20:19	27	00:00:53	01:23:10	13
26	DES	ADKINSON	M40 - 44	TRI CONDOR	04:20:47	00:33:36	131	00:01:13	02:18:09	20	00:02:43	01:25:05	17
27	RHYS	THOMAS	M35 - 39	ARMY TRI	04:21:30	00:30:48	50	00:01:14	02:22:39	38	00:01:04	01:25:43	21
28	KEVIN	KING	M45 - 49	SOUTHAMPTON TRI	04:21:44	00:30:39	46	00:01:15	02:18:39	22	00:00:58	01:30:11	50
29	CHRIS	NICOLL	M35 - 39	DERBY TRI	04:22:46	00:33:54	146	00:01:35	02:21:33	33	00:00:52	01:24:50	16
30	ANDREW	FORTH	M40 - 44		04:23:19	00:27:53	15	00:01:32	02:20:29	29	00:01:00	01:32:23	72
31	DEAN	MOY	M45 - 49	EAST LONDON TRI	04:23:28	00:30:10	42	00:01:48	02:22:18	36	00:01:10	01:28:00	35
32	TONY	DIXON	M35 - 39	HARTLEPOOL TRIATHLETES	04:23:29	00:31:09	55	00:01:25	02:20:40	30	00:01:07	01:29:05	43
33	KARL	SHERRY	M45 - 49	TRI-ANGLIA UK	04:23:30	00:32:28	87	00:01:28	02:24:01	46	00:01:01	01:24:30	15
34	PETER	SLIJKHUIS	M30 - 34	SCIENCE IN SPORT	04:23:58	00:28:28	20	00:01:12	02:24:10	48	00:00:56	01:29:09	44
35	CRAIG	DALE	M18 - 24	EDINBURGH	04:24:38	00:26:08	5	00:00:56	02:29:22	92	00:01:01	01:27:10	28
36	BARNEY	RANDY	M35 - 39	FUL ON TRI	04:25:16	00:32:03	72	00:01:37	02:18:07	19	00:00:59	01:32:27	74
37	PABLO	PLAZA LASTRAS	M30 - 34	TRI-FORCE	04:26:54	00:28:38	23	00:01:53	02:27:26	79	00:01:05	01:27:49	32
38	MARK	SAGGERS	M40 - 44	RAF TRI	04:27:53	00:34:15	161	00:01:27	02:19:01	25	00:01:07	01:32:01	69
39	PETER	BULMAN	M25 - 29	GREENWICH TRITONS	04:29:26	00:32:24	84	00:00:56	02:22:57	40	00:00:46	01:32:21	71
40	ANDRE	VAN DER MERWE	M35 - 39	TVT	04:29:46	00:27:53	16	00:01:47	02:28:27	84	00:00:55	01:30:42	57
41	PETE	HOLTON	M35 - 39	ARMY TRI	04:30:43	00:34:09	154	00:01:55	02:24:40	53	00:01:29	01:28:27	40
42	JOHN	WARNOCK	M35 - 39	TWICKENHAM CC	04:30:57	00:48:58	686	00:01:57	02:10:41	4	00:01:11	01:28:08	37
43	MARK	CHAPMAN	M40 - 44	SHEFFIELD TRI	04:30:58	00:34:54	186	00:01:44	02:23:32	43	00:00:50	01:29:56	49
44	MARK	RICHARDSON	M40 - 44	FARNHAM TRI	04:31:08	00:33:45	134	00:01:44	02:16:48	14	00:00:56	01:37:52	148
45	RICHARD	MELIK	M40 - 44	SERPENTINE	04:31:14	00:31:59	68	00:01:23	02:25:31	56	00:00:42	01:31:36	62
46	IAN	HOWARD	M50 - 54	FARNHAM TRI	04:31:31	00:32:00	69	00:01:37	02:23:55	45	00:01:21	01:32:36	75
47	JOANNA	CARRITT	F30 - 34	TRI LONDON	04:31:39	00:32:51	99	00:01:22	02:28:09	82	00:01:04	01:28:11	38
48	RUSSELL	COX	M30 - 34		04:31:55	00:33:29	127	00:02:19	02:26:43	67	00:01:29	01:27:53	33

Final Results

The Vitruvian Triathlon

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49	MATT	LEWIS	M35 - 39	TRI-LOGIC CORNWALL	04:32:15	00:37:38	321	00:02:04	02:21:28	32	00:01:22	01:29:41	46
50	EAMONN	MASSON	M40 - 44	ROYAL NAVY TRI	04:32:28	00:33:55	147	00:01:27	02:24:01	47	00:01:38	01:31:25	60
51	STEVE	HOWES	M45 - 49	COVENTRY TRIATHLETES	04:33:26	00:34:19	164	00:01:47	02:25:42	57	00:01:24	01:30:14	52
52	MARK	HORNE	M35 - 39	7 OAKS TRI	04:34:17	00:29:29	33	00:01:12	02:29:17	91	00:01:20	01:32:56	77
53	PAUL	SMITH	M18 - 24	WWW.AWCYCLES.CO.UK	04:34:39	00:26:04	4	00:00:53	02:31:36	118	00:01:01	01:35:03	101
54	CRAIG	MAUDE	M45 - 49	NYP TRI	04:34:45	00:37:05	290	00:02:22	02:22:52	39	00:01:03	01:31:22	59
55	HOWARD	HOULSTON	M35 - 39	SAUK TRI	04:34:47	00:33:28	125	00:02:08	02:29:29	93	00:01:18	01:28:22	39
56	TRISTRAM	BISHOP	M35 - 39	KINGFISHER TRI	04:34:54	00:32:42	95	00:01:26	02:25:51	59	00:01:20	01:33:32	82
57	PHIL	SMITH	M30 - 34	ONE LIFE RACING	04:35:15	00:32:16	80	00:01:09	02:24:22	52	00:00:41	01:36:45	134
58	DAVID	JONES	M25 - 29	MID SUSSEX TRI CLUB	04:35:20	00:32:51	100	00:01:07	02:26:46	68	00:01:02	01:33:33	83
59	LOUISE	COLLINS	F25 - 29	TFN TRI CLUB	04:35:34	00:32:14	79	00:01:39	02:28:33	87	00:01:15	01:31:50	66
60	JOHN	TODD	M35 - 39	ADWICK TRI CLUB	04:35:38	00:36:55	280	00:02:05	02:26:06	61	00:01:20	01:29:10	45
61	JONATHAN	MORRISON	M18 - 24		04:35:58	00:27:22	12	00:00:57	02:25:53	60	00:00:55	01:40:49	204
62	STEPHEN	COLLINSON	M35 - 39	SHIRE TRIERS	04:36:01	00:31:57	66	00:01:55	02:23:15	41	00:00:54	01:37:56	150
63	MAYUR	RANCHORDAS	M25 - 29	KITLOCKER.COM/PLANET-X	04:36:07	00:33:06	104	00:01:29	02:30:15	101	00:01:02	01:30:13	51
64	JASON	WALKLEY	M25 - 29	RAF TRI	04:36:22	00:33:14	112	00:02:29	02:23:18	42	00:01:27	01:35:52	114
65	GUY	BELLAMY	M30 - 34	TRI CONDOR	04:36:30	00:33:21	118	00:01:32	02:32:38	133	00:00:57	01:27:59	34
66	SAM	WALKER	M30 - 34		04:37:05	00:32:18	82	00:01:21	02:27:22	78	00:01:13	01:34:49	97
67	TIM	SPATE	MTeam		04:37:13	00:37:08	294	00:00:48	02:32:10	126	00:00:58	01:26:07	23
68	CRAIG	SPRING	M35 - 39	ROYAL NAVY TRI	04:37:33	03:07:04		23:59:06	00:00:00		00:00:54	01:30:28	54
69	ROB	HARPER	M30 - 34	MANCHESTER TRI	04:37:40	00:38:41	385	00:01:33	02:28:31	85	00:01:26	01:27:26	29
70	MARTIN	BURDER	M30 - 34	COVENTRY TRIATHLETES	04:38:13	00:33:14	113	00:00:55	02:27:09	77	00:00:44	01:36:09	122
71	LAURENCE	MILES	M35 - 39	EAST GRINSTEAD TRI CLUB	04:38:20	00:33:50	137	00:01:45	02:29:45	97	00:01:05	01:31:54	68
72	ROB	WOOD	M40 - 44	SOMERSET RC TRI	04:38:32	00:31:58	67	00:02:21	02:28:47	88	00:01:28	01:33:55	87
73	MATTHEW	WINN-SMITH	M25 - 29	GREENWICH TRITONS	04:38:47	00:34:52	185	00:01:51	02:31:19	116	00:00:52	01:29:50	47
74	PAUL	MCDERMOTT	M45 - 49	ROYAL NAVY TRI	04:39:04	00:30:51	51	00:02:01	02:34:21	153	00:01:17	01:30:32	55
75	MATT	SANDERSON	M30 - 34		04:39:14	00:32:11	75	00:01:53	02:30:42	110	00:01:08	01:33:18	80
76	SCOTT	LIDDELL	M30 - 34		04:39:17	00:36:05	240	00:01:05	02:26:12	62			
77	CALV	HOBDAV	M35 - 39	TEAM TRI UK	04:39:37	00:32:38	90	00:01:44	02:28:04	81	00:01:05	01:36:03	118
78	ANDY	BRODZIAK	M25 - 29		04:39:41	00:38:36	382	00:01:00	02:30:50	114	00:00:40	01:28:33	42
79	RAFAL	MEDAK	M35 - 39	BARCLAYS CAPITAL TRIATHLON CLUB	04:39:48	00:33:52	142	00:01:24	02:26:15	63	00:01:02	01:37:13	141
80	JACOB	MANNING	M18 - 24	DERBY TRI	04:40:20	00:33:27	123	00:01:23	02:30:34	107	00:01:14	01:33:39	84
81	DAVE	ROBINS	M35 - 39	ARMY TRI	04:40:26	00:32:13	78	00:01:52	02:29:57	99	00:00:59	01:35:24	103
82	MATTHEW	CLAYTON	M30 - 34		04:40:30	00:34:04	153	00:02:00	02:32:12	127	00:01:45	01:30:27	53
83	ROB	HAMMOND	M35 - 39	PACTRAC	04:40:44	00:33:24	120	00:01:07	02:30:46	113	00:00:59	01:34:25	92
84	PETER	DYER	M35 - 39	EAST LONDON TRI	04:41:09	00:35:45	221	00:01:54	02:26:38	65	00:00:46	01:36:03	117
85	KEVIN	FEARN	M30 - 34	TFN TRI CLUB	04:41:43	00:29:03	27	00:01:24	02:33:15	142	00:00:55	01:37:04	138
86	NEIL	MELVILLE	M40 - 44	SERPENTINE	04:41:49	00:35:06	194	00:01:05	02:30:16	104	00:01:24	01:33:55	88
87	NICOLA	LAWRENCE	MTeam		04:41:56	00:34:00	148	00:00:59	02:27:01	74	00:02:29	01:37:26	142
88	ROB	CAUNE	M50 - 54		04:41:58	00:30:39	47	00:01:34	02:29:47	98	00:01:42	01:38:13	155
89	DAVE	COPLAND	M40 - 44	IPSWICH TRI	04:42:02	00:37:46	325	00:01:58	02:26:55	71	00:01:15	01:34:06	89
90	MICHAEL	WESTWELL	M25 - 29	RAF TRI	04:42:03	00:33:13	110	00:01:16	02:24:21	51	00:00:43	01:42:28	224
91	JAMES	SAMPSON	M45 - 49	BARRACUDA TRI	04:42:18	00:35:49	223	00:01:52	02:24:13	49	00:01:36	01:38:46	167
92	GABRIEL	SAYER	M35 - 39		04:43:04	00:33:43	132	00:01:40	02:28:25	83	00:01:24	01:37:48	145
93	THOMAS	HEWINS	M35 - 39	EAST LONDON TRI	04:43:47	00:36:59	285	00:01:39	02:24:17	50	00:01:31	01:39:18	175
94	ROBERT	MOOREHEAD-	M35 - 39	PLANET X / EAST LONDON	04:43:55	00:33:52	143	00:02:02	02:25:50	58	00:01:20	01:40:49	203
95	TOBIAS	READ	M40 - 44		04:44:03	00:41:02	488	00:01:49	02:29:43	96	00:01:34	01:29:53	48
96	PETRUS	DE JAGER	M25 - 29		04:44:11	00:29:50	40	00:02:27	02:34:59	164	00:00:58	01:35:55	116
97	JIM	MILLER	M45 - 49	TRI AND RUN	04:44:22	00:36:54	279	00:01:36	02:33:58	150	00:01:13	01:30:39	56
98	DARREN	MACK	M35 - 39	EAST-ESSEX-TRICLUB	04:44:33	00:39:25	424	00:01:59	02:30:15	102	00:01:02	01:31:49	65
99	STUART	DILLON	M25 - 29	FUL ON TRI	04:44:40	00:37:28	312	00:02:32	02:31:56	121	00:01:09	01:31:33	61
100	PAUL	ANNETTS	M30 - 34	LEEDS & BRADFORD TRI	04:44:41	00:33:06	105	00:01:26	02:26:47	69	00:01:07	01:42:12	220
101	NIALL	SHANNON	M18 - 24	BIRMINGHAM UNIVERSITY TRIATHLON	04:44:46	00:36:17	247	00:01:49	02:26:55	72	00:00:55	01:38:48	169
102	ED	AINSCOW	M35 - 39	BARROW RUNNERS	04:44:51	00:31:56	65	00:02:29	02:36:18	190	00:01:40	01:32:26	73
103	WILLIE	WILSON	M35 - 39	ARMY TRI	04:45:14	00:34:31	172	00:01:11	02:30:19	105	00:00:55	01:38:15	157
104	GRANT	RUSSELL	M30 - 34		04:45:18	00:38:54	392	00:02:18	02:29:15	90	00:00:55	01:33:53	86
105	JOHN	WORTH	M50 - 54		04:45:20	00:36:44	267	00:01:34	02:27:08	76	00:01:31	01:38:21	159
106	MICHAEL	MASTERS	M25 - 29	RAF TRI	04:45:24	00:53:40	706	00:03:11	02:58:17	534	00:01:25	00:48:50	?
107	PHIL	ROKER	M40 - 44	FUL ON TRI	04:45:27	00:28:43	24	00:01:37	02:23:48	44	00:01:31	01:49:46	345

Final Results

The Vitruvian Triathlon

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108	SIMON	KEARNS	M30 - 34		04:45:30	00:33:04	103	00:02:17	02:33:09	138	00:02:02	01:34:56	99
109	KIRSTI	THYS	F35 - 39	AVS TRI	04:45:36	00:29:16	29	00:01:50	02:33:12	139	00:01:35	01:39:41	180
110	HANNO	NICKAU	M45 - 49	OXFORD TRI	04:46:25	00:36:09	243	00:02:28	02:26:20	64	00:01:09	01:40:17	192
111	LUCY	GOSSAGE	F25 - 29	TFN TRI CLUB	04:46:28	00:32:38	91	00:01:32	02:35:37	179	00:01:03	01:35:36	110
112	STUART	WESTWOOD	M25 - 29	BRAT	04:46:29	00:30:26	43	00:01:33	02:37:17	207	00:01:23	01:35:49	113
113	MICHAEL	SCOTT	M45 - 49	RAF TRI	04:46:47	00:34:09	155						
114	PAUL	MANSON	M25 - 29	EAST LONDON TRI	04:47:02	00:31:02	54	00:01:07	02:36:56	201	00:01:13	01:36:41	132
115	SCOT	JERRAM	M35 - 39	LURVE MONKEY TRI CLUB	04:47:11	00:34:49	181	00:01:11	02:33:14	141	00:01:13	01:36:42	133
116	KERRI	RENSHAW	F30 - 34		04:47:24	00:29:44	36	00:01:34	02:36:46	197	00:01:17	01:38:02	152
117	GRAHAM M	COULL	M40 - 44	STIRLING TRI CLUB	04:47:34	00:32:35	89	00:01:14	02:33:15	143	00:01:20	01:39:07	173
118	DOMINIC	CLACY	M18 - 24	SOUTHAMPTON TRI	04:47:36	00:33:01	102	00:01:22	02:30:15	103	00:00:53	01:42:03	216
119	RUSS	WATSON	M35 - 39	RAF TRI	04:47:40	00:33:49	136	00:02:01	02:32:42	134	00:01:07	01:37:59	151
120	RICHARD	BALFOUR	M30 - 34	MCCHESSFOUR	04:48:11	00:31:27	60	00:01:47	02:30:42	111	00:01:19	01:42:53	230
121	EUAN	WALSH	M40 - 44		04:48:14	00:34:38	176	00:01:44	02:30:22	106	00:01:01	01:40:25	195
122	NIGEL	DOWNING	M55 - 59		04:48:17	00:32:53	101	00:01:34	02:26:42	66	00:01:30	01:45:35	274
123	TOBY	BAXENDALE	M35 - 39		04:48:31	00:38:02	342	00:02:12	02:25:02	55	00:01:50	01:41:23	209
124	WAYNE	KEET	M30 - 34	SAUK TRI	04:48:52	00:35:58	234	00:02:33	02:31:33	117	00:01:40	01:37:05	140
125	EDWIN	COOK	M25 - 29	FUL ON TRI	04:49:01	00:34:54	187	00:02:50	02:26:59	73	00:01:36	01:42:39	226
126	RUSSELL	CLARKE	M50 - 54	TRI-ANGLIA	04:49:06	00:41:19	499	00:01:45	02:30:37	108	00:01:43	01:33:42	85
127	PAUL	JURCZUK	M50 - 54	MEYNELL VALLEY HUNTERS	04:49:21	00:38:20	362	00:01:44	02:28:32	86	00:01:16	01:39:27	177
128	CHRIS	EGGAR	M40 - 44	CAMBRIDGE TRI CLUB	04:49:26	00:35:06	195	00:02:03	02:27:06	75	00:01:30	01:43:38	239
129	DAMIAN	CANNON	M35 - 39	TRILONDON	04:49:31	00:33:51	139	00:01:52	02:36:28	192	00:01:03	01:36:13	123
130	STUART	CORDNER	M30 - 34	DERBY TRI	04:49:35	00:39:11	414	00:01:37	02:34:26	155	00:01:06	01:33:12	79
131	STEPHEN	MOFFATT	M40 - 44	EAST FIFE TRI CLUB	04:49:51	00:27:57	17	00:02:08	02:39:55	244	00:01:11	01:38:38	165
132	ADRIAN	WHITBY	M30 - 34	PACTRAC	04:49:53	00:35:27	203	00:01:19	02:33:56	148	00:00:48	01:38:21	160
133	FIONA	FORD	F35 - 39	PLANET X	04:49:55	00:31:51	63	00:02:08	02:35:04	165	00:01:17	01:39:32	178
134	RACHEL	SHEPHERD	F25 - 29	TRI TEAM WIGAN	04:50:27	00:29:44	37	00:01:23	02:45:08	342	00:01:00	01:33:11	78
135	JAMES	RUSSELL	M35 - 39	IRONHEAD RACING	04:50:30	00:31:14	58	00:02:02	02:33:13	140	00:01:18	01:42:40	228
136	ANDREW	FLETCHER	M40 - 44	ROYAL NAVY TRI	04:50:31	00:27:59	18	00:01:14	02:30:54	115	00:01:46	01:48:37	323
137	WILL	MACHIN	M25 - 29	WARRINGTON TRI	04:50:45	00:36:16	246	00:01:48	02:35:22	172	00:01:10	01:36:07	120
138	SIMON	EDYE	M55 - 59	TRI ANGLIA	04:50:55	00:34:21	166	00:02:08	02:31:50	120	00:01:24	01:41:09	207
139	JASON	JONES	M35 - 39		04:50:59	00:32:01	70	00:01:56	02:35:06	166	00:00:57	01:40:56	205
140	DAVID	FREEMAN	M40 - 44		04:51:01	00:46:41	644	00:01:58	02:34:18	152	00:01:28	01:26:33	26
141	PAUL	CHESTERFIELD	M40 - 44		04:51:07	00:38:26	369	00:03:29	02:32:04	122	00:01:43	01:35:23	102
142	JAIME	HERNANDO	M30 - 34	SERPENTINE	04:51:22	00:38:44	387	00:03:00	02:27:30	80	00:01:59	01:40:07	191
143	ANDREW	TONG	M35 - 39	FUL ON TRI	04:51:52	00:34:16	163	00:01:42	02:29:29	94	00:01:13	01:45:10	265
144	GARETH	KINCH	M40 - 44	MET POLICE TRI	04:51:55	00:34:58	190	00:02:04	02:35:35	177	00:01:03	01:38:14	156
145	LINDSAY	SMITH	F25 - 29	BRAT	04:51:59	00:28:44	25	00:01:41	02:30:44	112	00:01:23	01:49:25	336
146	JOHN	MANNING	M50 - 54	DERBY TRI	04:52:01	00:35:58	235	00:02:33	02:22:04	35	00:01:56	01:49:28	339
147	JOSEPH	BUTCHER	M45 - 49	TRI SPORT EPPING	04:52:02	00:35:40	214	00:03:30	02:33:23	144	00:01:38	01:37:48	146
148	RICHARD	PRYER	M18 - 24	ACCENTURE TRI	04:52:08	00:27:45	13	00:01:36	02:34:37	161	00:01:09	01:46:58	299
149	NEIL	EDWARDS	M45 - 49	CHILTERN TRI	04:52:35	00:36:18	248	00:02:12	02:34:02	151	00:01:13	01:38:47	168
150	THOMAS	BOWLBY PEARSON	M18 - 24		04:53:00	00:31:51	64	00:01:09	02:36:13	188	00:01:10	01:42:35	225
151	JONATHAN	O'BRIEN	M30 - 34	TRITALK.CO.UK	04:53:05	00:35:20	199	00:01:22	02:33:57	149	00:00:52	01:41:32	211
152	IAN	CLARKE	M30 - 34		04:53:12	00:36:31	253	00:01:27	02:37:48	216	00:01:08	01:36:16	124
153	SIMON	LAVER	M35 - 39		04:53:12	00:36:44	268	00:02:03	02:32:21	131	00:01:47	01:40:17	193
154	CHRIS	SHORT	M25 - 29	TRI LONDON	04:54:00	00:29:24	31	00:01:48	02:37:18	208	00:02:25	01:43:03	233
155	DAVID	MCCARTHY	M30 - 34		04:54:12	00:37:33	316	00:01:35	02:39:33	236	00:01:02	01:34:27	93
156	TIM	DOYLE	M35 - 39	TFN TRI CLUB	04:54:15	00:37:21	306	00:02:24	02:36:31	194	00:01:28	01:36:28	126
157	IAN	CLARK	M25 - 29		04:54:26	00:35:49	224	00:01:04	02:41:01	262	00:00:52	01:35:38	111
158	JAMES	FULCHER	M18 - 24		04:54:50	00:33:26	121	00:01:49	02:32:47	135	00:01:12	01:45:34	273
159	JACO	GEYER	M30 - 34	FUL ON TRI	04:54:50	00:35:41	216	00:02:22	02:40:04	248	00:01:11	01:35:30	107
160	RICHARD	HOOKER	M30 - 34		04:54:57	00:33:14	114	00:01:12	02:37:13	203	00:01:30	01:41:47	214
161	MARK	KALINAVCKAS	MTeam	EAST LONDON TRI	04:54:58	00:25:53	3	00:00:56	02:55:35	501	00:00:44	01:31:48	64
162	ROBERT	MURRAY	M30 - 34	SERPENTINE	04:54:59	00:38:56	397	00:03:18	02:35:12	169	00:01:38	01:35:53	115
163	JONATHAN	ANDREW	M35 - 39	THAMES TURBO SIGMA SPORT	04:55:00	00:39:07	410	00:01:36	02:26:50	70	00:01:35	01:45:50	280
164	SARAH	LOVELOCK	F25 - 29		04:55:07	00:35:31	205	00:01:42	02:37:07	202	00:01:30	01:39:14	174
165	DAVID	GRIFFITHS	M30 - 34	TFN TRI CLUB	04:55:16	00:31:23	59	00:01:06	02:32:27	132	00:00:35	01:49:43	344
166	MARK	STEWART	M40 - 44	COVENTRY TRIATHLETES	04:55:19	00:37:41	322	00:01:46	02:38:09	223	00:01:21	01:36:19	125

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167	KIERAN	GRUNDY	M25 - 29	LEICESTER TRI	04:55:20	00:35:03	192	00:01:53	02:37:13	204	00:01:45	01:39:25	176	
168	ROB	LINES	M35 - 39	TRI-ANGLIA	04:55:36	00:31:41	61	00:02:32	02:35:11	168	00:00:58	01:45:12	267	
169	ANDREW	SMALLWOOD	M45 - 49	LEEDS & BRADFORD TRI	04:55:40	00:37:10	297	00:02:18	02:32:16	129	00:01:13	01:42:40	227	
170	MALCOLM	HAZLE	M45 - 49		04:55:42	00:38:03	344	00:01:40	02:39:16	235	00:01:45	01:34:56	100	
171	STUART	FRY	M35 - 39	CALDERDALE TRI CLUB	04:55:57	00:34:50	182	00:01:13	02:37:15	206	00:01:07	01:41:30	210	
172	DAMIAN	QUINN	M35 - 39	ARMY TRI	04:55:58	00:32:22	83	00:01:42	02:35:50	183	00:02:12	01:43:51	245	
173	DANIEL	LING	M30 - 34	MANCHESTER TRI	04:56:04	03:15:05		21:20:38	02:37:20	209	00:02:01			
174	MARK	HARRISON	M35 - 39	FARNHAM	04:56:04	00:36:01	237	00:01:46	02:40:25	253	00:01:11	01:36:38	131	
175	JONATHON	SHEEHAN	M40 - 44		04:56:09	00:38:28	372	00:02:09	02:41:37	270	00:01:59	01:31:53	67	
176	DARREN	THOMAS	M40 - 44	WALDEN TRI	04:56:12	00:34:51	183	00:01:40	02:34:32	157	00:01:22	01:43:44	241	
177	ROBERT	QUANTRELL	M30 - 34		04:56:29	00:33:13	111	00:02:49	02:40:01	246	00:01:17	01:39:06	171	
178	NICOLA	KING	F35 - 39	PRESTON TRI CLUB	04:56:37	00:32:40	92	00:02:02	02:43:06	306	00:01:20	01:37:27	143	
179	RICHARD	LEWIS	M25 - 29	TEAM CHERWELL	04:56:50	00:33:07	106	00:02:29	02:33:31	145	00:01:22	01:46:19	287	
180	ALEX	ELFERINK	M30 - 34	SERPENTINE	04:57:03	00:36:46	271	00:01:39	02:36:45	196	00:01:08	01:40:42	201	
181	LUCY	BOWEN	F25 - 29	THAMES TURBO SIGMA SPORT	04:57:09	00:30:52	52	00:01:59	02:48:20	383	00:01:24	01:34:32	95	
182	ANDREW	PITTMAN	M35 - 39	CHELTENHAM TRI CLUB	04:57:17	00:36:00	236	00:03:38	02:37:55	219	00:02:01	01:37:43	144	
183	DAVE	HAYTON	M50 - 54	TRI LAKELAND	04:57:48	00:34:54	188	00:02:29	02:38:31	229	00:01:14	01:40:38	198	
184	ALEX	LUNDIE	M35 - 39	FUL ON TRI	04:58:03	00:33:33	129	00:01:40	02:37:32	213	00:01:12	01:44:04	250	
185	STEPHEN	MELHUIHSH	M40 - 44	MANSFIELD TRI	04:58:14	00:34:37	175	00:03:12	02:34:24	154	00:01:28	01:44:31	256	
186	RICHARD	PIRON	M55 - 59	BEDFORD HARRIERS	04:58:15	00:38:10	350	00:03:20	02:38:04	221	00:02:02	01:36:36	130	
187	COLIN	TODD	M40 - 44	THAMES TURBO SIGMA SPORT	04:58:18	00:39:54	452	00:02:12	02:32:09	124	00:01:07	01:42:55	232	
188	KELDA	SPRATT	F40 - 44	RAF TRI	04:58:24	00:34:02	151	00:01:55	02:43:03	303	00:01:33	01:37:49	147	
189	GRAHAM	HAHN	M30 - 34	ROCHDALE TRI CLUB	04:58:28	00:28:35	22	00:01:54	02:35:44	181	00:01:25	01:50:48	356	
190	HELEN	TURTON	F30 - 34	LEEDS & BRADFORD TRI	04:58:28	00:33:51	140	00:01:55	02:43:54	318	00:01:48	01:36:58	136	
191	PAUL	THOMPSON	M40 - 44	GRIMSBY TRI	04:58:34	00:33:26	122	00:02:18	02:35:35	178	00:01:48	01:45:25	270	
192	JONATHAN	JONES	M25 - 29		04:58:40	00:42:36	542	00:02:20	02:41:09	263	00:01:23	01:31:10	58	
193	SEAN	KINSELLEY	M25 - 29		04:58:42	00:42:21	537	00:03:16	02:32:20	130	00:02:49	01:37:53	149	
194	MIKE	FROW	MTeam	FUL ON TRI	04:58:44	00:45:11	611	00:00:59	02:31:43	119	00:00:43	01:40:06	190	
195	PETER	PAIN	M45 - 49	ARMY TRI	04:58:53	00:38:13	354	00:01:24	02:32:07	123	00:01:13	01:45:54	282	
196	KEVIN	ADAM	M45 - 49	FLEET-FEET	04:59:18	00:38:58	400	00:02:31	02:39:33	237	00:01:25	01:36:49	135	
197	COLLIN	FRANKLIN	M40 - 44	TFN TRI CLUB	04:59:48	00:35:39	212	00:02:03	02:41:15	264	00:00:56	01:39:52	186	
198	TIM	CORNELL	M30 - 34		04:59:57	00:38:35	381	00:01:45	02:43:57	321	00:01:03	01:34:36	96	
199	ALISTAIR	GORRIE	M30 - 34	BRAT	05:00:08	00:37:18	304	00:02:39	02:45:51	348	00:02:29	01:31:48	63	
200	SUSY	COOTES	F25 - 29	LOUGHBOROUGH STUDENTS	05:00:12	00:37:35	318	00:01:41	02:39:14	233	00:01:58	01:39:42	181	
201	CHRISTOPHER	PEDLEY	M55 - 59	BLACK COUNTRY TRIATHLETES	05:00:14	00:36:52	278	00:02:08	02:35:33	176	00:01:12	01:44:26	254	
202	HELEN	MACVICKER	F35 - 39	LEEDS & BRADFORD TRI	05:00:19	00:34:23	167	00:01:16	02:38:57	231	00:01:14	01:44:27	255	
203	RICHARD	LAWRANCE	M35 - 39	UNIVERSITY OF ALBERTA TRI CLUB	05:00:22	00:31:13	57	00:02:04	02:29:13	89	00:01:07	01:56:43	443	
204	LAWRENCE	SHAFIER	M40 - 44	EAST LONDON TRI	05:00:52	00:40:28	472	00:02:14	02:42:39	294	00:02:01	01:33:28	81	
205	PHILIP	MARSH	M40 - 44		05:01:04	00:35:22	201	00:02:25	02:42:53	298	00:01:43	01:38:39	166	
206	JAMES	PRYKE	M30 - 34		05:01:07	00:32:11	76	00:02:25	02:35:49	182	00:01:38	01:49:01	331	
207	HOWARD	DAVIES	M45 - 49	TRI FORCE	05:01:12	00:35:42	218	00:02:15	02:33:45	147	00:01:59	01:47:29	309	
208	ANN	KNIGHTS	F40 - 44	CAMBRIDGE TRI CLUB	05:01:13	00:36:37	263	00:01:55	02:40:05	249	00:01:55	01:40:39	199	
209	MARK	WESTLAKE	M30 - 34	6 OAKS TRI	05:01:15	00:28:52	26	00:02:27	02:38:16	225	00:01:52	01:49:47	346	
210	MICK	PULLIN	M40 - 44	RAF TRI	05:01:15	00:36:06	242	00:02:25	02:34:57	162	00:01:06	01:46:39	292	
211	NEIL	THUBRON	M40 - 44	CHILTERN HARRIERS	05:01:16	00:38:13	355	00:02:38	02:43:36	312	00:01:13	01:35:34	109	
212	NIGEL	ELSON	M30 - 34	MEYNELL VALLEY HUNTERS	05:01:20	00:36:32	255	00:02:02	02:44:41	334	00:01:03	01:36:59	137	
213	JAMES	WELLS	M40 - 44		05:01:20	00:38:13	356	00:02:18	02:34:34	158	00:01:03	01:45:10	266	
214	COLIN	MCNEILL	M35 - 39	WAKEFIELD TRI	05:01:37	00:36:13	245	00:01:42	02:42:15	284	00:01:35	01:39:50	185	
215	DAVID	KIDD	M35 - 39	CHILTERN HARRIERS	05:01:51	00:39:09	412	00:02:15	02:42:54	299	00:02:04	01:35:27	105	
216	CATHERINE	POWRIE	F35 - 39	EXETER TRI CLUB	05:01:52	00:37:05	291	00:01:22	02:37:29	211	00:01:20	01:44:33	257	
217	MARK	HAYMAN	M35 - 39	FUL ON TRI	05:01:59	00:37:41	323	00:02:06	02:36:04	187	00:02:21	01:43:45	243	
218	JASON	GEORGE	M35 - 39	DIDSBURY TRI CLUB	05:02:12	00:37:31	314	00:04:05	02:42:51	297	00:02:12	01:35:30	108	
219	JIM	WATCHORN	M25 - 29	FULHAM POOL PUFFERS	05:02:13	00:41:01	487	00:02:17	02:38:00	220	00:02:16	01:38:36	163	
220	EMMA	CRANFIELD	F25 - 29	PACTRAC	05:02:17	00:30:39	48	00:01:16	02:41:53	277	00:01:24	01:47:02	301	
221	STEPHEN	WHITINGTON	M35 - 39	RUGBY TRI	05:02:18	00:43:53	571	00:02:51	02:41:32	268	00:01:21	01:32:39	76	
222	TIM	PIGOTT	M25 - 29	RYTON TRI	05:02:23	00:40:05	461	00:01:46	02:43:45	316	00:01:55	01:34:52	98	
223	STEVE	FULLER	M40 - 44	BARRACUDA TRI	05:02:24	00:36:58	284	00:01:58	02:41:45	274	00:01:36	01:40:05	189	
224	MICHAEL	SANDFORD	M55 - 59		1485	05:02:28	00:34:31	173	00:01:57	02:52:17	448	00:01:30	01:32:10	70
225	CRAIG	BELL	M30 - 34	TRI LONDON	05:02:35	00:34:29	169	00:01:28	02:37:41	215	00:01:29	01:47:26	308	

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226	PATRICK	BERKHOLD	M45 - 49	LEEDS & BRADFORD TRI	05:02:40	00:39:11	415	00:01:34	02:39:05	232	00:02:22	01:40:26	196
227	LUKE	TAYLOR	M40 - 44	BAD TRI	05:02:42	00:34:10	156	00:02:11	02:46:10	358	00:01:58	01:38:10	153
228	CHRIS	WAYMAN	M40 - 44	DEAL TRI	05:02:56	00:35:21	200	00:01:48	02:42:33	292	00:01:32	01:41:40	212
229	RICHARD	PARNELL	M45 - 49	PETERBOROUGH ENDURANCE SPORTS TEAM	05:03:04	00:41:20	501	00:01:18	02:35:58	185	00:01:11	01:43:14	235
230	STEVEN	HUNT	M40 - 44	TRITALK.CO.UK	05:03:21	00:30:04	41	00:01:44	02:30:12	100	00:01:06	02:00:13	498
231	LUCY	BOWDITCH	F40 - 44	IPSWICH TRI	05:03:39	00:36:55	281	00:01:57	02:38:17	226	00:01:29	01:44:59	262
232	DEAN	TAYLOR	M45 - 49	DERBY TRI	05:03:41	00:34:55	189						
233	ISHMAIL	BADR	M40 - 44		05:03:53	00:40:09	462	00:02:26	02:43:41	314	00:01:28	01:36:07	121
234	HELEN	GIBSON	F40 - 44	WHITE ROSE TRI	05:03:59	00:39:25	425	00:02:38	02:37:50	217	00:01:49	01:42:14	221
235	NIGEL	MEEK	M35 - 39	PETERBOROUGH ENDURANCE SPORTS TEAM	05:04:01	00:33:53	144	00:01:35	02:40:51	261	00:00:57	01:46:42	294
236	GRAHAM	WHITE	M50 - 54	IPSWICH TRI	05:04:03	00:43:11	555	00:02:08	02:42:25	289	00:01:55	01:34:22	91
237	ALAN	WHEELER	M30 - 34		05:04:06	00:45:05	608	00:02:03	02:39:53	243	00:01:39	01:35:24	104
238	MARTIN	ARNOLD	M40 - 44	MPTC	05:04:30	00:41:12	492	00:03:13	02:39:15	234	00:02:12	01:38:36	164
239	KERI	JONES-DAVIES	M40 - 44	CELTICTRI	05:04:43	00:39:44	441	00:02:08	02:42:05	281	00:00:57	01:39:47	184
240	PHILIP	PROOST	MTeam	SERPENTINE	05:04:54	00:36:41	265	00:01:01	02:35:08	167	00:01:12	01:50:50	357
241	GORDON	KENNEDY	M35 - 39	TRI LONDON	05:04:54	00:32:04	73	00:02:23	02:37:33	214			
242	MARK	CHITTY	M45 - 49		05:05:14	00:34:11	158	00:01:52	02:42:37	293	00:01:24	01:45:07	264
243	DAN	KNIGHT	M35 - 39	FULHAM POOL PUFFERS	05:05:15	00:35:41	217	00:03:47	02:36:28	193	00:02:00	01:47:16	306
244	SCOTT	LOUGHRAN	M30 - 34	RAF TRI	05:05:22	00:33:23	119	00:01:52	02:37:50	218	00:01:02	01:51:12	363
245	THOMAS	GARROD	M25 - 29		05:05:33	00:35:56	231	00:01:49	02:35:26	173	00:00:58	01:51:21	368
246	GARETH	SUTTON	M35 - 39		05:05:33	00:38:07	348	00:02:25	02:42:32	291	00:01:40	01:40:46	202
247	DAVID	COESHALL	M35 - 39		05:05:37	00:43:24	557	00:02:07	02:29:42	95	00:01:29	01:48:53	328
248	STEPHANIE	STRIDE	MTeam	TRITALK.CO.UK	05:05:39	00:33:12	108	00:01:42	02:52:28	453	00:01:12	01:37:04	139
249	PETER	CHAPMAN	M45 - 49	TRI-ANGLIA	05:05:41	00:39:21	421	00:03:02	02:35:20	171	00:01:53	01:46:02	284
250	MICK	SGARBOSSA	M30 - 34		05:05:51	00:42:36	543	00:01:46	02:32:48	136	00:01:25	01:47:14	304
251	ALEXANDER	WEDEN	M25 - 29		05:05:52	00:35:42	219	00:02:06	02:44:01	322	00:01:08	01:42:53	231
252	JOHN	PITT	M55 - 59	WAKEFIELD TRI	05:05:53	00:32:02	71	00:02:02	02:45:59	351	00:02:59	01:42:49	229
253	JOHNNY	NICOL	M25 - 29	LEICESTER TRI	05:06:08	00:41:13	494	00:01:27	02:36:01	186	00:01:06	01:46:18	285
254	ALASTAIR	MOFFATT	M35 - 39	SEVENOAKS TRI	05:06:16	00:42:20	535	00:02:20	02:34:34	159	00:01:32	01:45:28	271
255	CHRIS	BALL	M30 - 34	EAST LONDON TRI	05:06:25	00:39:48	446	00:03:50	02:35:31	174	00:01:55	01:45:18	268
256	JULIE	WEBB	F40 - 44	CHESTER TRI	05:06:28	00:35:32	207	00:02:07	02:43:20	310	00:01:17	01:44:10	252
257	NICOLA	MACLEOD	F25 - 29	ARMY TRI	05:06:31	00:39:24	423	00:01:53	02:42:40	295	00:01:20	01:41:11	208
258	JAMES	MAUDE	M35 - 39		05:07:01	00:33:31	128	00:02:11	02:37:14	205	00:02:15	01:51:47	377
259	NEIL	PAYNE	M35 - 39	NEWMARKET CYCLING & TRIATHLON CLUB	05:07:02	00:37:15	303	00:02:09	02:32:09	125	00:00:57	01:54:30	412
260	MARK	FLETCHER	M35 - 39		05:07:02	00:34:19	165	00:01:37	02:38:11	224	00:01:20	01:51:32	373
261	JULIUS	FAWCETT	M35 - 39	CHILTERN HARRIERS	05:07:08	00:36:31	254	00:01:51	02:39:39	240	00:01:20	01:47:45	310
262	ROB	CHARLES	M35 - 39		05:07:14	00:32:12	77	00:02:03	02:44:49	337	00:01:20	01:46:47	296
263	MATTHEW	JARRED	M25 - 29	SERPENTINE	05:07:38	00:33:27	124	00:02:51	02:38:18	228			
264	ROBERT	HOUGH	M35 - 39	WARRINGTON TRI	05:07:44	00:34:24	168	00:02:33	02:53:45	473	00:01:18	01:35:41	112
265	LES	TURTON	M45 - 49	TEAM MK	05:07:47	00:38:32	377	00:02:18	02:45:25	344	00:01:31	01:39:59	187
266	RICHARD	POWELL	M30 - 34	SHEFFIELD TRI	05:07:48	00:33:28	126	00:01:29	02:45:03	341	00:01:13	01:46:33	290
267	NICK	WEBB	M45 - 49	EAST LONDON TRI	05:07:50	00:34:39	177	00:02:06	02:39:34	238	00:01:37	01:49:52	348
268	KEVIN	LINEHAN	M45 - 49	TRI LONDON	05:08:00	00:35:42	220	00:02:15	02:48:33	387	00:01:42	01:39:46	183
269	PETER	STOCKDALE	M45 - 49	BARRACUDA TRI	05:08:02	00:41:33	509	00:02:01	02:43:18	309	00:01:24	01:39:44	182
270	JEANNETTE	STEWART	F30 - 34	FLEET-FEET	05:08:12	00:33:19	116	00:02:12	02:47:50	373	00:01:30	01:43:18	236
271	SIMON	VAUGHAN	M25 - 29	FARNHAM TRI	05:08:36	00:32:09	74	00:01:18	02:42:23	286	00:01:53	01:50:51	358
272	IVAN	SCOTT	M35 - 39	CAMBRIDGE TRI CLUB	05:08:40	00:38:25	368	00:03:01	02:40:40	257	00:01:56	01:44:36	258
273	ANDREW	JACKSON	M35 - 39		05:08:50	00:32:45	97	00:03:07	02:44:34	331	00:01:44	01:46:40	293
274	ROBERTO	RICCARDI	M35 - 39	SAUK TRI	05:08:56	00:34:10	157	00:01:39	02:44:29	330	00:01:37	01:46:58	300
275	KATE	FOSTER	F25 - 29	THAMES TURBO SIGMA SPORT	05:09:01	00:32:42	96	00:01:27	02:44:20	327	00:01:20	01:49:10	334
276	LEE	WHITEHOUSE	M18 - 24	ROYAL NAVY TRI	05:09:03	00:41:22	503	00:01:42	02:48:32	386	00:00:52	01:36:33	129
277	DOUG	STEEL	M40 - 44		05:09:28	00:38:29	375	00:01:49	02:43:06	307	00:01:04	01:44:57	261
278	JO	BARRETT	F35 - 39		05:09:57	00:41:14	496	00:02:35	02:50:04	417	00:01:35	01:34:27	94
279	JULIE	PAYNE	F30 - 34	SERPENTINE	05:10:03	00:33:20	117	00:02:32	02:50:24	424	00:01:41	01:42:04	217
280	JOHN	TAVENER	M40 - 44		05:10:23	00:37:02	288	00:01:47	02:35:55	184	00:01:17	01:54:20	406
281	KEVIN	BROCK	M30 - 34	TEAM CHERWELL	05:10:47	00:33:43	133	00:02:38	02:36:15	189	00:01:19	01:56:51	449
282	STEVE	KIRK	M40 - 44	STRATFORD UPON AVON AC	05:10:50	00:38:32	378	00:03:11	02:45:38	346			
283	DAVID	JACKSON	M25 - 29		05:10:52	00:35:04	193	00:03:19	02:44:36	332	00:01:58	01:45:53	281
284	PENNY	EDWARDS	F50 - 54	TRI-ANGLIA	05:10:56	00:43:47	563	00:02:25	02:48:40	390	00:01:46	01:34:15	90

Final Results

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285	SARAH ANNE	MCLEOD	F35 - 39	THAMES TURBO SIGMA SPORT	05:11:14	00:36:33	257	00:02:33	02:41:40	272	00:01:26	01:49:00	330
286	STUART	TIPTON	M30 - 34	RAF TRI	05:11:22	00:36:24	251	00:02:25	02:46:09	356	00:01:01	01:45:19	269
287	ANDY	LINGHAM	M30 - 34	ARMY TRI	05:11:45	00:48:34	674	00:01:52	02:40:03	247	00:01:41	01:39:32	179
288	JASON	ATKINSON	M35 - 39	DEAL TRI	05:11:51	00:41:13	495	00:03:40	02:46:30	364	00:02:02	01:38:24	161
289	STUART	LACEY	M40 - 44	CHILTERN TRI	05:11:54	00:41:44	516	00:01:24	02:39:38	239	00:01:00	01:48:06	316
290	STEVE	CAMPION	M40 - 44	LINCOLN TRI	05:12:12	00:44:14	581	00:03:17	02:39:59	245	00:01:49	01:43:50	244
291	NIGEL	HUNTER	M50 - 54	ADWICK TRI CLUB	05:12:13	00:37:51	332	00:01:42	02:32:51	137	00:01:15	01:58:32	472
292	JOHN	FULCHER	M35 - 39		05:12:21	00:28:03	19	00:02:49	02:40:20	252	00:01:31	01:59:35	490
293	ROBERT	HOLLOWAY	M50 - 54	TEAM TRI UK	05:12:22	00:37:02	289	00:02:01	02:42:41	296	00:01:24	01:49:12	335
294	LUCY	EVANS	F25 - 29		05:12:35	00:39:15	417	00:02:46	02:46:00	352	00:02:26	01:42:06	219
295	JON	LUCKHURST	M35 - 39		05:12:47	00:44:01	576	00:03:36	02:42:03	280	00:02:25	01:40:40	200
296	SAM	ALLEN	M35 - 39	COVENTRY TRIATHLETES	05:12:51	00:36:22	249	00:02:25	02:37:28	210	00:01:08	01:55:27	428
297	DAVE	ROSCOE	M30 - 34	ROYAL NAVY TRI	05:12:52	00:33:12	109	00:02:35	02:43:56	320	00:02:08	01:50:59	360
298	PAUL	HALE	M40 - 44		05:12:58	00:40:54	484	00:04:30	02:40:41	260	00:03:06	01:43:44	242
299	NEVILLE	YATES	M45 - 49	BATH AMPHIBIANS	05:13:00	00:35:53	226	00:02:19	02:38:04	222	00:01:33	01:55:09	424
300	IAN	GOWERS	M35 - 39	BLACKWATER TRIATHLON CLUB	05:13:04	00:38:19	360						
301	CHRISTINE	COSTIFF	F45 - 49	SLH TRI CLUB	05:13:14	00:43:49	565	00:02:04	02:47:07	368	00:01:56	01:38:16	158
302	PHIL	RICHMOND	M35 - 39	COVENTRY TRIATHLETES	05:14:04	00:38:57	399	00:02:16	02:37:29	212	00:01:41	01:53:39	403
303	TONY	JOHNSON	M55 - 59	RUGBY TRI	05:14:06	00:35:49	225	00:01:58	02:41:23	266	00:01:18	01:53:35	402
304	JONTY	COWAN	M25 - 29	PHOENIX TRI	05:14:11	00:34:48	180	00:02:28	02:36:32	195	00:02:43	01:57:38	461
305	STEPHEN	LANGFORD	M40 - 44	BERKSHIRE TRI SQUAD	05:14:12	00:39:55	453	00:04:17	02:49:54	415	00:01:53	01:38:12	154
306	PETER	GILBERT	M40 - 44	SWINDON TRI	05:14:18	00:36:29	252	00:01:38	02:43:47	317	00:01:17	01:51:05	362
307	NICK	REED	M45 - 49	MANCHESTER TRI	05:14:30	00:44:17	585	00:03:20	02:35:40	180	00:02:32	01:48:39	324
308	JONATHAN	WOODIER	M45 - 49		05:14:54	00:38:18	359	00:01:55	02:36:51	199	00:01:36	01:56:11	437
309	EVERTON	GAYLE	M40 - 44	EAST LONDON TRI	05:15:05	00:45:52	629	00:02:21	02:41:44	273	00:01:12	01:43:55	248
310	IAIN	ROBERTSON	M35 - 39	ONE LIFE RACING	05:15:19	00:33:34	130	00:01:51	02:49:55	416	00:01:28	01:48:29	322
311	DANIELLE	WINKER	F25 - 29	COVENTRY TRIATHLETES	05:15:21	00:29:28	32	00:02:22	02:49:25	406	00:01:56	01:52:07	384
312	DAVID	BAXTER	M30 - 34	RUGBY TRI	05:15:28	00:40:50	481	00:02:29	02:35:32	175	00:01:54	01:54:41	415
313	PHIL	DOEL	M35 - 39	WALDEN TRI	05:15:30	00:35:34	209	00:01:51	02:40:30	255	00:01:41	01:55:52	430
314	EDWARD	GARTON	M35 - 39	WORCESTER TRI	05:15:31	00:35:30	204	00:02:34	02:40:40	258	00:01:42	01:55:03	421
315	COLE	CLISSOLD	M35 - 39	CAMBRIDGE TRI CLUB	05:15:33	00:37:13	298	00:02:03	02:52:57	459	00:01:36	01:41:42	213
316	JASON	LEAF	M35 - 39		05:15:40	00:39:30	432	00:01:31	02:44:47	336	00:01:26	01:48:24	318
317	ALEC	COLEMAN	M45 - 49	53-12 MULTISPORT	05:15:40	00:43:18	556	00:03:14	02:40:40	259	00:01:38	01:46:49	298
318	RICHARD	TODD	M30 - 34	TRITALK.CO.UK	05:16:05	00:39:49	449	00:02:49	02:34:35	160	00:01:35	01:57:16	456
319	STEVE	HARLEY	M40 - 44		05:16:12	00:38:59	402	00:01:59	02:42:22	285	00:01:34	01:51:15	364
320	MATT	BIRD	M40 - 44		05:16:17	00:34:51	184	00:02:27	02:48:18	380	00:01:42	01:48:57	329
321	JULIE	HARRISON	F40 - 44	ASHURST BIKE CLUB	05:16:17	00:41:29	507	00:01:58	02:44:43	335	00:01:48	01:46:18	286
322	JONATHAN	MILDRED	M30 - 34		05:16:18	00:39:07	411	00:01:58	02:41:50	276	00:01:12	01:52:10	385
323	GRAEME	BLAIR	M35 - 39	SERPENTINE	05:16:27	00:36:32	256	00:03:33	02:54:52	489	00:02:22	01:39:06	172
324	KEITH	HAWKES	M45 - 49	STRATFORD UPON AVON AC	05:16:32	00:33:50	138	00:02:21	02:52:47	458	00:01:47	01:45:44	277
325	MARK	LAWSON	M35 - 39	HUMBERSIDE FIRE & RESCUE SERVICE	05:16:46	00:39:43	439	00:02:27	02:50:51	429	00:01:55	01:41:48	215
326	TROELS	HENRIKSEN	M40 - 44		05:16:47	00:38:52	391	00:01:36	02:42:23	287	00:01:17	01:52:37	393
327	STEPHEN	BARSON	M35 - 39		05:16:59	00:37:14	302	00:02:34	02:46:10	359	00:01:50	01:49:09	333
328	CHRIS	THACKER	M45 - 49	TFN TRI CLUB	05:16:59	00:40:54	485	00:04:19	02:43:22	311	00:02:42	01:45:40	275
329	DEAN	RUSSELL	M40 - 44		05:17:05	00:37:52	335	00:03:04	02:44:58	339	00:01:41	01:49:27	338
330	JAN	ROGERS	F40 - 44	CHESTER TRI	05:17:09	00:33:53	145	00:01:44	02:44:36	333	00:01:50	01:55:03	422
331	MARK	PHILO	M35 - 39	TRI-ANGLIA	05:17:14	00:37:53	337	00:02:48	02:49:21	403	00:01:40	01:45:30	272
332	STEVE	CLARK	M30 - 34		05:17:21	00:38:08	349	00:02:55	02:36:20	191	00:01:27	01:58:29	470
333	NEAL	CLARK	M25 - 29	SHEFFIELD TRI	05:17:27	00:37:23	307	00:01:35	02:51:35	438	00:01:02	01:45:48	279
334	BEN	WATKINS	M35 - 39	LEICESTER TRI	05:17:34	00:38:22	365	00:01:44	02:45:53	349	00:01:21	01:50:11	351
335	JONATHAN	PIKE	M30 - 34	SBR WINDSOR	05:17:35	00:41:12	493	00:03:08	02:48:41	391	00:01:29	01:43:03	234
336	RUSSELL	ROWLAND	M40 - 44	TRITALK.CO.UK	05:17:35	00:41:14	497	00:02:48	02:44:18	326	00:01:14	01:48:00	314
337	CHRIS	MORRIS	M45 - 49	TRI FORCE	05:17:38	00:36:05	241	00:02:53	02:41:58	279	00:01:54	01:54:45	416
338	PAUL	WRIGHT	M35 - 39	BRAT	05:17:42	00:36:48	275	00:03:28	02:54:40	486	00:01:43	01:41:01	206
339	ROBERT	ARGLES	M40 - 44		05:17:45	00:35:12	197	00:02:00	02:40:30	256	00:01:25	01:58:35	475
340	MARTIN	SMYLLIE	M35 - 39		05:17:54	00:47:30	653	00:02:28	02:35:13	170	00:01:14	01:51:27	371
341	MARK	JAMES	M25 - 29		05:17:58	00:34:42	178	00:02:33	02:41:54	278	00:01:38	01:57:10	454
342	IAN	LEE-EMERY	M40 - 44	BERKSHIRE TRI SQUAD	05:17:58	00:37:51	333	00:02:22	02:50:06	418	00:01:39	01:45:58	283
343	EMMA	RAND	F35 - 39	PSOF	05:18:00	00:39:25	427	00:03:32	02:43:38	313	00:02:59	01:48:26	320

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344	EDWARD	LEE	M30 - 34	LEEDS & BRADFORD TRI	05:18:01	00:37:46	326	00:01:47	02:49:37	412	00:01:28	01:47:21	307
345	DAVID	BROCKWELL	M35 - 39		05:18:04	00:38:46	389	00:05:09	02:56:45	516	00:01:53	01:35:29	106
346	ANDREW	PARSONS	M40 - 44	AVS TRI	05:18:05	00:34:33	174	00:02:49	02:41:38	271	00:02:16	01:56:46	444
347	JOCK	MURDOCH	M40 - 44	ARMY TRI	05:18:07	00:39:02	405	00:03:00	02:44:04	323	00:01:48	01:50:10	350
348	STEPHEN	COLLINGE	M30 - 34	SERPENTINE	05:18:14	00:35:36	210	00:03:11	02:48:41	392	00:02:15	01:48:28	321
349	CHRIS	WADDELL	M30 - 34	ELT	05:18:26	00:41:34	512	00:04:37	02:39:44	242	00:02:46	01:49:42	342
350	ANTHONY	WADDINGTON	M35 - 39		05:18:36	00:37:55	340	00:07:51	02:40:13	250	00:02:29	01:50:08	349
351	MICHAEL	ABOUSSELAM	M50 - 54		05:18:36	00:37:35	319	00:02:40	02:49:45	413	00:02:08	01:46:26	289
352	SIMON	SHEPPARD	M30 - 34		05:18:37	00:32:48	98	00:03:06	02:49:33	409	00:01:50	01:51:17	366
353	GRAHAM	BEAMISS	M35 - 39	THAMES TURBO SIGMA SPORT	05:18:46	00:34:00	149	00:03:51	02:51:46	442	00:01:57	01:47:09	303
354	JACK	GAMMON	M30 - 34	COVENTRY TRIATHLETES	05:18:48	00:37:25	311	00:03:12	02:41:34	269	00:02:28	01:54:07	405
355	HELEN	EGGAR	F40 - 44	CAMBRIDGE TRI CLUB	05:18:50	00:35:56	232	00:02:07	02:50:18	422	00:01:40	01:48:47	326
356	DEBBIE	MASSON	F40 - 44		05:18:52	00:34:13	160	00:02:39	02:55:47	503	00:02:06	01:44:05	251
357	LEE	WAGSTAFF	M35 - 39	OXFORD TRI	05:18:55	00:44:22	592	00:03:23	02:42:23	288	00:01:42	01:47:02	302
358	BO	MATTHIESEN	M35 - 39		05:19:03	00:44:43	602	00:03:27	02:30:39	109			
359	JON	WEBSTER	M40 - 44	MID SUSSEX TRI CLUB	05:19:06	00:38:12	353	00:03:13	02:51:38	439	00:02:09	01:43:52	246
360	PAUL	BEVAN	M35 - 39		05:19:07								
361	ALEX	DAVIS	M25 - 29		05:19:11	00:38:15	357	00:01:32	02:43:09	308	00:01:21	01:54:53	419
362	CHRISTOPHER	MATHER	M30 - 34		05:19:30	00:40:25	469	00:02:26	02:46:17	360	00:02:10	01:48:09	317
363	RICHARD	FILE	M60 - 64	BERKSHIRE TRI SQUAD	05:19:34	00:39:22	422	00:02:11	02:52:46	456	00:01:30	01:43:43	240
364	STEPHEN	JOHNSTON	M30 - 34	FULHAM POOL PUFFERS	05:19:37	00:39:05	407	00:03:35	02:48:56	396	00:01:23	01:46:36	291
365	SIMON	JOHNSTON	M30 - 34	TFN TRI CLUB	05:20:05	00:41:47	518	00:01:49	02:46:30	365	00:02:09	01:47:47	312
366	HELEN	TREES	F45 - 49		05:20:07	00:43:50	568	00:02:55	02:48:59	400	00:01:57	01:42:25	223
367	GRANT	MCKINLAY	M35 - 39	MEYNELL VALLEY HUNTERS	05:20:19	00:35:39	213	00:01:39	02:59:26	549	00:01:27	01:42:05	218
368	ANDREW	PARKER	M40 - 44	MET POLICE TRI	05:20:27	00:40:43	479	00:02:21	02:46:56	367	00:01:35	01:48:49	327
369	GEORGE	JACKSON	M40 - 44		05:20:37	00:47:05	649	00:02:55	02:52:00	447	00:02:05	01:36:30	128
370	DANNY	EVANS	M35 - 39	DERBY TRI	05:20:48	00:43:42	561	00:02:27	02:42:57	301			
371	EMMA	PARTRIDGE	F30 - 34	FUL ON TRI	05:20:52	00:38:21	363	00:02:41	03:00:50	569	00:02:31	01:36:29	127
372	PHILIP	ASPDEN	M40 - 44	EAST LONDON TRI	05:20:53	00:38:11	352	00:02:33	02:38:17	227	00:01:14	02:00:36	502
373	MIKE	JONES	M40 - 44	MANSFIELD TRI	05:21:03	00:41:05	489	00:03:21	02:50:09	420	00:01:44	01:44:41	260
374	MATTHEW	DENYER	M25 - 29	BOROUGH RUNNING CLUB	05:21:05	00:37:51	334	00:02:32	03:00:22	562	00:01:30	01:38:48	170
375	KARL	SYSON	M30 - 34		05:21:19	00:38:02	343	00:02:33	02:41:46	275	00:02:48	01:56:08	435
376	PHILIP	BELL	M35 - 39	LEICESTER TRI	05:21:25	00:32:27	86	00:01:39	02:42:10	283	00:01:35	02:03:32	529
377	JOHN	GOLDING	M35 - 39	LEICESTER TRI	05:21:28	00:37:47	328	00:03:20	02:54:45	487	00:01:40	01:43:53	247
378	MICHAEL	LAKE	M55 - 59	BARRACUDA TRI	05:21:33	00:32:29	88	00:01:45	02:44:21	328	00:01:23	02:01:32	513
379	LANCE	BRADLEY	M35 - 39		05:21:40	00:42:32	540	00:02:40	02:46:19	361			
380	RUPERT	SQUIRES	M30 - 34	FULHAM POOL PUFFERS	05:21:46	00:30:26	44	00:01:19	02:44:11	324	00:01:22	02:04:28	538
381	ED	MERRETT	M35 - 39		05:21:49	00:36:47	273	00:02:34	02:36:48	198	00:01:45	02:03:53	532
382	DAVID	HIRD	M30 - 34	WALDEN TRI	05:22:06	00:40:19	467	00:01:35	02:50:44	426	00:01:40	01:47:46	311
383	GUIDO	LE LORRAIN	M35 - 39	TRI LONDON	05:22:06	00:37:18	305	00:02:49	02:45:47	347	00:01:30	01:54:40	414
384	COLIN	LUKINS	M40 - 44	MET POLICE TRI	05:22:16	00:45:55	631	00:02:12	02:45:36	345	00:01:44	01:46:47	297
385	DAVE	COARD	M45 - 49	BOXFIT-TRI	05:22:30	00:42:28	538	00:01:51	02:56:42	514	00:01:23	01:40:04	188
386	MICHAEL	COSNETT	M25 - 29	BRAT	05:22:31	00:36:33	258	00:01:27	02:40:17	251	00:01:15	02:02:57	525
387	DUNCAN	JUBB	M40 - 44	WORCESTER TRIATHLON CLUB	05:22:33	00:44:29	596	00:01:57	02:44:55	338	00:01:22	01:49:48	347
388	STEVEN	CHATE	M30 - 34	EAST LONDON TRI	05:23:13	00:44:32	600	00:03:17	02:49:51	414	00:02:04	01:43:26	237
389	SIMON	FENN	M25 - 29	BIRMINGHAM UNIVERSITY TRIATHLON CLUB	05:23:20	00:46:04	636	00:02:33	02:47:40	369	00:01:16	01:45:45	278
390	JAMES	BLAIR	M35 - 39	DUNMOW TRI	05:23:41	00:37:13	299	00:02:06	02:41:19	265	00:01:13	02:01:47	515
391	JOHN	BLYTH	M45 - 49	LEEDS & BRADFORD TRI	05:23:48	00:39:41	438	00:01:59	02:48:01	376	00:01:18	01:52:47	395
392	MARTIN	HILL	M30 - 34		05:23:49	00:41:30	508	00:04:27	02:44:25	329	00:02:07	01:51:18	367
393	PETER	HIGGINS	M30 - 34		05:24:06	00:47:52	659	00:02:42	02:42:56	300	00:01:08	01:49:26	337
394	KEVIN	ALLERTON	M35 - 39	STAFFORD TRI CLUB	05:24:14	00:48:48	679	00:04:27	02:32:13	128	00:02:28	01:56:16	438
395	PAUL	CLUTTEN	M30 - 34	SHIRE TRIERS	05:24:18	00:36:12	244	00:01:50	02:50:07	419	00:01:47	01:54:20	407
396	SPENCER	GOODMAN	M30 - 34	COVENTRY TRIATHLETES	05:24:18	00:39:56	455	00:02:23	02:40:28	254	00:01:44	01:59:45	492
397	DAMIEN	LODGE	M35 - 39	SERPENTINE	05:24:43	00:38:28	373	00:04:51	02:43:44	315	00:02:58	01:54:40	413
398	ADAM	STAPLEY	M18 - 24	ARMY TRI	05:24:45	03:43:59		21:01:21	02:57:41	526			
399	MARK	BEIGHTON	M35 - 39		05:24:59	00:45:56	633	00:03:05	02:55:34	500	00:01:57	01:38:25	162
400	CHRIS	BEATTY	M30 - 34	SHIRE TRIERS	05:25:06	00:40:14	464	00:03:11	02:43:03	304	00:01:45	01:56:51	450
401	CHRIS	CRAWFORD	M35 - 39	SERPENTINE	05:25:11	00:37:28	313	00:01:45	02:47:55	374	00:02:05	01:55:56	432
402	JOAN	WINGFIELD	F45 - 49	EAST GRINSTEAD TRI CLUB	05:25:18	00:36:23	250	00:02:21	02:56:20	510	00:02:22	01:47:50	313

Final Results

The Vitruvian Triathlon

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403	STEVE	KELLY	M45 - 49		05:25:34	00:39:09	413	00:02:29	02:59:46	552	00:01:48	01:42:20	222	
404	ANDY	HAGGERWOOD	M35 - 39	LEICESTER TRI	05:25:54	00:41:34	513	00:01:34	02:36:55	200	00:01:34	02:04:15	536	
405	LOUISE	GOULD	F35 - 39	DE SOTO SYNERGIE	05:26:00	00:35:54	228	00:02:11	02:54:27	484	00:01:21	01:52:05	383	
406	EMMA	THORPE	F40 - 44	NEWMARKET TRI CLUB	05:26:08	00:39:48	447	00:02:25	02:48:16	378	00:01:50	01:53:47	404	
407	JOHN	GOUGH	M35 - 39	WIMBLEDON WINDMILERS	05:26:10	00:38:21	364	00:02:09	02:51:22	435	00:01:48	01:52:28	390	
408	MATT	WALPOLE	M25 - 29	ARMY TRI	05:26:30	00:35:53	227	00:02:26	02:54:18	479	00:01:46	01:52:05	382	
409	DERMOT	HEFFERNAN	M50 - 54	PSOF	05:27:06	00:44:16	583	00:03:53	02:53:16	463	00:01:36	01:44:03	249	
410	PAUL	WILLIAMS	M40 - 44	SERPENTINE	05:27:18	00:35:32	208	00:01:27	02:51:54	445	00:01:35	01:56:48	445	
411	GUY	ROBERTS	M35 - 39	OXFORD TRI	05:27:19	00:41:24	504	00:02:23	02:49:21	404	00:01:15	01:52:54	396	
412	BARBARA	HUTTON	F40 - 44	DEAL TRI	05:27:32	00:41:52	520	00:04:47	02:48:16	379	00:01:51	01:50:45	355	
413	LEON	PARRY	M35 - 39	THAMES TURBO SIGMA SPORT	05:27:37	00:40:01	458	00:04:19	02:54:18	480	00:02:12	01:46:44	295	
414	JULIA	SANDFORD	F45 - 49		1485	05:27:44	00:32:40	93	00:02:48	02:53:07	460	00:02:19	01:56:48	446
415	GREG	CLINKER	M40 - 44	PACTRAC	05:27:49	00:38:56	398	00:02:55	02:50:51	430	00:01:48	01:53:18	398	
416	PAULA	ROBINSON	F40 - 44	CHILTERN TRI	05:27:56	00:43:49	566	00:02:26	02:54:36	485	00:02:02	01:45:01	263	
417	KAREN	DUNFORD	F30 - 34		05:28:04	00:44:21	590	00:03:28	02:57:18	522	00:02:32	01:40:22	194	
418	ANDREW	FORSYTH	M35 - 39		05:28:12	00:48:37	676	00:02:32	02:39:39	241	00:02:30	01:54:53	418	
419	ANTHONY	DUTHOIT	M45 - 49	MAD TRI	05:28:14	00:43:43	562	00:02:04	02:42:08	282	00:01:31	01:58:46	476	
420	MARIA	KRING	F30 - 34	BRAT	05:28:18	00:42:30	539	00:02:57	02:49:29	407	00:01:49	01:51:30	372	
421	MARTIN	STACEY	M45 - 49	TRI ANGLIA	05:28:19	00:38:17	358	00:02:12	02:53:48	474	00:02:10	01:51:49	378	
422	DUNCAN	BAILEY	M30 - 34	CHESTER TRI	05:28:20	00:34:03	152	00:02:16	02:51:03	431	00:02:08	01:58:48	477	
423	TIMOTHY	BRIGGS	M30 - 34	FUL ON TRI	05:28:34	00:36:46	272	00:02:00	02:55:45	502	00:01:28	01:52:32	391	
424	DAVID	PRESHO	M40 - 44	MANSFIELD TRI	05:28:44	00:40:32	473	00:02:55	02:45:15	343	00:01:38	01:58:23	468	
425	NIGEL	COSTIFF	M55 - 59	SLH TRI CLUB	05:28:46	00:40:12	463	00:01:57	02:54:25	483	00:02:28	01:49:42	343	
426	JUSTIN	LUMB	M30 - 34	COVENTRY TRIATHLETES	05:28:56	00:47:54	663	00:02:59	02:44:17	325	00:02:47	01:50:57	359	
427	KEVIN	HARDING	M30 - 34	THAMES TURBO SIGMA SPORT	05:29:05	00:38:55	396	00:01:32	02:48:19	381	00:02:59	01:57:17	458	
428	MARTIN	LAVERICK	M50 - 54		05:29:13	00:38:34	379	00:02:15	02:47:45	372	00:03:22	01:57:16	457	
429	ANDY	GRIFFIN	M40 - 44	BEDFORD TRAKTORS	05:29:18	00:42:49	549	00:02:26	02:57:34	525	00:01:51	01:44:36	259	
430	GREG	MORRIS	M50 - 54	ORPINGTON RC	05:29:31	00:33:08	107	00:02:27	02:58:46	538	00:02:45	01:52:22	388	
431	CLAIRE	TINKER	F35 - 39		05:29:33	00:37:24	310	00:01:39	02:56:05	508	00:01:56	01:52:26	389	
432	PETER	OVERVOORDE	M50 - 54	BARRACUDA TRI	05:29:39	00:39:46	445	00:01:28	02:50:46	427	00:01:01	01:56:35	441	
433	DOUGLAS	MALCOLM	M40 - 44	RAF TRI	05:30:00	00:38:54	393	00:03:23	02:46:26	363	00:02:22	01:58:54	478	
434	STEPHEN	REDMAN	M30 - 34	TRITALK.CO.UK	05:30:06	00:41:27	505	00:03:07	02:53:44	472	00:01:26	01:50:20	352	
435	IAN	RUSSELL	M40 - 44	KINGSTON WHEELERS	05:30:19	00:47:00	647	00:06:24	02:33:43	146	00:04:58	01:58:11	466	
436	LISA	FOREMAN	F35 - 39	WAKEFIELD TRI	05:30:19	00:39:44	442	00:02:51	02:59:06	543	00:02:13	01:46:22	288	
437	JOHN	PERRY	M45 - 49		05:30:50	00:40:02	460	00:03:53	02:49:35	411	00:02:00	01:55:17	426	
438	ANDREA	LARSEN	F30 - 34	TRILONDON	05:30:52	00:36:43	266	00:02:55	02:58:16	530	00:01:55	01:51:02	361	
439	GARGI	PATEL	F25 - 29	SERPENTINE	05:31:00	00:42:33	541	00:03:25	02:59:00	540	00:01:50	01:44:10	253	
440	STEWART	KNEALE	M30 - 34	WAKEFIELD TRI	05:31:03	00:43:47	564	00:02:36	02:53:31	468	00:01:30	01:49:37	340	
441	DON	HUTCHINSON	M60 - 64	CAMBRIDGE TRI CLUB	05:31:03	00:37:32	315	00:01:56	02:43:00	302	00:02:00	02:06:33	554	
442	ANNABEL	GATES	F25 - 29	BRAT	05:31:13	00:36:45	270	00:01:49	02:52:46	457	00:01:26	01:58:25	469	
443	PETER	KING	M35 - 39	FUL ON TRI	05:31:15	00:39:06	409	00:02:43	02:53:15	461	00:02:51	01:53:19	399	
444	KATH	BEESLEY	MTeam		05:31:16	00:45:36	619	00:00:56	03:00:28	564				
445	ANGELA	GIRGIS	F35 - 39	NEWMARKET CYCLING AND TRIATHLON	05:31:32	00:36:34	259	00:02:19	02:54:56	491	00:01:37	01:56:04	433	
446	MIKE	STATHAM	M50 - 54	BEDFORD HARRIERS	05:31:33	00:47:51	658	00:04:07	02:45:01	340	00:02:33	01:51:59	381	
447	MARK	HESTER	M30 - 34		05:31:38	00:38:28	374	00:04:40	02:47:44	371	00:02:54	01:57:51	462	
448	RALPH	SIBLEY	M40 - 44	SCARAB TRI CLUB	05:31:47	00:45:46	623	00:02:12	02:48:21	384	00:01:03	01:54:22	408	
449	ANDY	HOOD	M40 - 44	TEAM MK	05:31:51	00:34:00	150	00:04:57	02:54:02	477	00:03:26	01:55:24	427	
450	MELISSA	BRAND	F25 - 29	SERPENTINE	05:31:58	00:41:50	519	00:02:42	02:48:49	393	00:01:39	01:56:56	452	
451	CORRINA	ATKINSON	F35 - 39	DERBY TRI	05:32:06	00:38:58	401	00:02:49	02:59:02	541	00:01:38	01:49:37	341	
452	MIKE	HITCHINS	M40 - 44	WAKEFIELD TRI	05:32:21	00:41:11	491	00:03:19	02:51:23	436	00:02:00	01:54:26	410	
453	MATTHEW	PRIER	M35 - 39	WALDEN TRI	05:32:53	00:37:23	308	00:02:46	02:48:00	375	00:02:06	02:02:37	523	
454	JOHN PAUL	EWART	M35 - 39	TRITALK.CO.UK	05:33:02	00:35:36	211	00:03:00	02:45:55	350	00:01:20	02:07:09	560	
455	CATHERINE	HOLLOWAY	F40 - 44	CHILTERN HARRIERS	05:33:38	00:35:54	229	00:02:58	03:11:48	641	00:02:27	01:40:28	197	
456	ANDREW	SMITH	M45 - 49	TRITALK.CO.UK	05:33:56	00:38:03	345	00:02:17	02:52:24	451	00:02:35	01:58:34	474	
457	JOHN	HEANEY	M55 - 59	BOLTON METRO TRI CLUB	05:34:03	00:39:44	443	00:02:24	02:48:56	397	00:01:32	02:01:25	512	
458	JON	BATT	M40 - 44		05:34:04	00:48:53	683	00:03:17	02:54:07	478	00:02:02	01:45:42	276	
459	WAYNE	TURNER	M35 - 39		05:34:29	00:40:41	477	00:04:53	02:46:49	366	00:02:49	01:59:14	482	
460	DANIEL	GIBSON	M40 - 44		05:34:32	00:39:11	416	00:03:51	02:58:16	531	00:01:26	01:51:45	376	
461	SCOTT	WELLS	M30 - 34		05:34:43	00:37:37	320	00:03:37	02:46:19	362	00:02:38	02:04:30	539	

Final Results

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462	ANDY	KEMP	M35 - 39		05:34:49	00:42:40	545	00:01:51	03:00:29	566	00:01:47	01:48:00	315
463	RAFAEL	VILLARREAL	M45 - 49		05:34:52	00:44:17	586	00:03:22	02:54:19	481	00:02:22	01:50:31	354
464	NEIL	WILLIAMS	M40 - 44	TWO KINGS	05:34:53	00:41:33	510	00:02:45	02:48:58	399	00:02:21	01:59:14	483
465	DAVE	CROWDER	M40 - 44	HARTSHAY NOMADS	05:34:58	00:38:39	384	00:04:06	02:50:10	421	00:01:07	02:00:55	505
466	LISA	RATTU	F35 - 39	BEDFORD TRAKTORS	05:35:02	00:37:13	300	00:02:28	03:01:40	575	00:01:42	01:51:57	380
467	CRISPIN	GANDY	M30 - 34		05:35:08	00:34:42	179	00:02:02	02:51:38	440	00:02:22	02:04:21	537
468	ANDREW	MORTON	M35 - 39	LEEDS & BRADFORD TRI	05:35:10	00:44:30	597	00:02:40	02:51:45	441	00:00:57	01:55:16	425
469	MARK	BOWDITCH	M40 - 44	IPSWICH TRI	05:35:12	00:35:01	191	00:01:22	02:34:30	156	00:01:15	02:23:01	636
470	SOPHIA	COSTLEY	F25 - 29	TRI 7	05:35:20	00:35:17	198	00:01:50	03:00:03	557	00:01:49	01:56:19	439
471	PEJMAN	NIKOUFEKR	M25 - 29		05:35:23	00:44:13	580	00:03:48	02:53:18	464	00:01:27	01:52:36	392
472	PAUL	STUART	M40 - 44	BEDFORD HARRIERS	05:35:25	00:50:41	696	00:03:47	02:55:20	497	00:02:05	01:43:30	238
473	CHRIS	PRYKE	M45 - 49	THAMES TURBO SIGMA SPORT	05:35:28	00:38:45	388	00:05:05	02:56:29	511	00:02:44	01:52:22	387
474	TERRY	GARRITY	M55 - 59	TRI ANGLIA	05:35:46	00:46:08	637	00:02:28	02:51:16	433	00:01:26	01:54:26	409
475	GREG	CLEMENTS	M35 - 39		05:36:01	00:37:01	287	00:02:49	02:49:08	402	00:01:31	02:05:30	544
476	STEPHEN	CAM	M50 - 54		05:36:21	00:47:03	648	00:03:22	02:52:20	450	00:02:00	01:51:33	374
477	WILL	HALL	M30 - 34	TRI-ANGLIA	05:36:55	00:38:54	394	00:03:16	02:47:43	370	00:01:34	02:05:26	543
478	PAUL	MEDCRAFT	M30 - 34	TRITALK.CO.UK	05:36:55	00:34:30	171	00:03:05	02:48:19	382	00:01:53	02:09:05	570
479	DANIEL	POWELL	M30 - 34		05:37:07	00:41:19	500	00:03:23	02:59:13	545	00:01:48	01:51:22	370
480	BRECHAN	NORTHERN	M35 - 39	LEICESTER TRI	05:37:28	00:42:01	526	00:01:56	02:51:47	443	00:01:39	02:00:03	495
481	JO	PERRIAM	F35 - 39	FUL ON TRI	05:37:47	00:37:33	317	00:03:28	02:54:52	490	00:02:01	01:59:51	493
482	STEPHEN	HINDE	M40 - 44	TRI PRESTON	05:37:51	00:37:52	336	00:02:25	02:55:25	498	00:01:22	02:00:45	504
483	PETER	GOLDSMITH	M45 - 49		05:37:55	00:38:05	347	00:01:57	02:49:33	410	00:02:20	02:05:58	550
484	SAMANTHA	TOPHILL	F40 - 44	FVS TRI	05:38:11	00:42:39	544	00:02:12	03:02:51	583	00:02:02	01:48:24	319
485	BARRY	O'SULLIVAN	M45 - 49	MANSFIELD TRI	05:38:29	00:38:34	380	00:04:18	02:43:04	305	00:02:51	02:09:41	578
486	PHILIP	SLOSS	M30 - 34	SERPENTINE	05:38:39	00:41:54	521	00:02:36	02:52:30	454			
487	JIM	DALTON	M45 - 49	LINCOLN TRI	05:38:56	00:39:29	429	00:03:48	03:00:15	560	00:01:59	01:53:23	401
488	MICHAEL	TURNER	M45 - 49	ORPINGTON RC	05:39:26	00:45:48	626	00:03:24	02:51:24	437	00:02:10	01:56:39	442
489	STEVE	RAFFERTY	M45 - 49	TRITALK.CO.UK	05:39:55	00:36:56	282	00:02:05	02:52:37	455	00:01:35	02:06:40	556
490	MARTIN	ATTRUP	M40 - 44		05:40:01	00:34:29	170	00:02:45	03:03:05	587	00:01:08	01:58:32	473
491	VICTORIA	HAMPSON	F30 - 34	SERPENTINE	05:40:08	00:40:33	474	00:03:51	03:00:10	559	00:02:13	01:53:20	400
492	MARK	GARNETT	M40 - 44		05:40:09	00:36:04	239	00:03:33	02:51:59	446	00:02:15	02:06:16	552
493	NICOLAS	KAYE	M45 - 49		05:40:10	00:36:59	286	00:02:52	03:02:44	580	00:01:41	01:55:52	431
494	TIM	FULLER	M30 - 34	11 OAKS TRI	05:40:13	00:40:22	468	00:02:49	02:46:09	357	00:01:34	02:09:17	573
495	TERRY	FOREMAN	M40 - 44	ASHFORD TRI CLUB	05:40:17	00:40:18	466	00:03:02	02:53:39	470	00:02:16	02:01:00	508
496	REBECCA	GARRATT	F35 - 39	RAF TRI	05:40:21	00:39:29	430	00:02:16	02:55:47	504	00:01:26	02:01:20	511
497	NEIL	WHITEHEAD	M60 - 64	BATH AMPHIBIANS	05:40:43	00:41:15	498	00:02:55	03:02:53	584	00:01:20	01:52:18	386
498	MATTHEW	WEBB	M35 - 39	CHESTER TRI	05:40:44	00:43:59	575	00:02:13	02:54:57	492	00:01:02	01:58:30	471
499	ELIZABETH	BATT	F40 - 44		05:40:46	00:44:51	605	00:03:15	02:52:17	449	00:02:13	01:58:08	465
500	MORGANE	DE VERDIERE	F30 - 34	FUL ON TRI	05:41:07	00:39:30	433	00:03:36	02:55:16	495	00:03:01	01:59:41	491
501	DOUGIE	KENT	M35 - 39	NEWARK TRI	05:41:13	00:37:53	338	00:03:22	02:57:08	519	00:01:52	02:00:55	506
502	ROGER	DAY	M55 - 59	WORCESTER TRI CLUB	05:41:30	00:43:55	572	00:02:48	02:56:36	512	00:02:01	01:56:08	436
503	LEIGH	ALMOND	F25 - 29	SAUK	05:41:59	00:36:44	269	00:02:25	03:01:15	570	00:01:24	02:00:10	496
504	ANDREA	MAGEEN	F40 - 44	CHESTER TRI	05:42:00	00:43:24	558	00:02:55	02:52:26	452	00:02:12	02:01:02	509
505	COLIN	CLELLAND	M45 - 49		05:42:08	00:43:26	559	00:03:04	03:02:44	581	00:01:36	01:51:15	365
506	IAN	WOODWARD	M35 - 39	TEAM TRITALK	05:42:26	00:33:51	141	00:02:39	02:49:21	405	00:01:12	02:15:21	609
507	LUCY	DEAKIN	F25 - 29		05:42:27	00:36:49	276	00:02:01	03:02:17	578	00:02:15	01:59:03	480
508	MICHELLE	AUKLAND	F30 - 34	COVENTRY TRIATHLETES	05:42:30	00:35:40	215	00:01:50	02:53:52	475	00:01:12	02:09:53	579
509	ROSS	SAVAGE	M30 - 34		05:42:44	00:45:55	632	00:02:29	02:54:01	476	00:02:50	01:57:27	459
510	CAROLINE	CHESTERFIELD	F40 - 44		05:42:54	00:46:39	643	00:05:29	02:55:17	496	00:02:41	01:52:45	394
511	CLARE	DONOVAN	F50 - 54	TRI ATHLETES	05:43:16	00:40:00	457	00:03:20	02:51:06	432	00:01:43	02:07:04	559
512	DAVID	LONGSTAFF	M45 - 49	EAST LONDON TRI	05:43:18	00:44:28	595	00:03:28	02:50:46	428	00:02:03	02:02:31	520
513	SIMON	COLLINS	M30 - 34		05:43:22	00:46:15	639						
514	DICK	DONOVAN	M50 - 54	TRI ATHLETES	05:43:27	00:44:24	593	00:02:15	02:49:06	401	00:01:43	02:05:57	549
515	JONATHAN	MOFFATT	M40 - 44	TRI-FORCE	05:43:32	00:37:08	295	00:02:37	02:59:26	550	00:01:12	02:03:06	527
516	GABRIELA	DE LA CERDA	F30 - 34		05:43:48	00:39:19	419	00:04:23	03:09:32	626	00:03:17	01:47:15	305
517	MATT	BREWSTER	M30 - 34	THAMES TURBO SIGMA SPORT	05:43:55	00:37:54	339	00:02:09	02:48:35	388	00:02:16	02:12:58	602
518	ANDREW	GIBBS	M40 - 44		05:44:04	00:39:48	448	00:05:36	02:46:05	354	00:03:01	02:09:31	577
519	ANDY	HARRIS	M45 - 49	SHIRE TRIERS	05:44:07	00:39:55	454	00:02:22	02:48:04	377	00:02:15	02:11:30	591
520	NIGEL	DIXON	M40 - 44	MET POLICE TRI	05:44:11	00:48:52	682	00:02:28	03:02:40	579	00:01:24	01:48:45	325

521	IAN	BAKER	M30 - 34	TRITALK.CO.UK	05:44:44	00:42:02	527	00:02:56	02:59:46	553	00:02:04	01:57:56	463
522	MARTIN	POYZER	M45 - 49		05:44:50	00:37:50	331	00:03:03	02:50:24	425	00:02:23	02:11:08	587
523	DOMINIC	WALKER	M35 - 39	SERPENTINE	05:44:50	00:39:15	418	00:02:16	02:53:19	465	00:02:23	02:07:34	565
524	KEVIN	FARNAN	M45 - 49		05:44:51	00:39:43	440	00:02:32	03:01:36	574	00:01:34	01:59:24	488
525	ROLAND	BROWN	M45 - 49	TRI-FORCE ST ALBANS	05:44:53	00:47:47	657	00:01:31	02:57:29	523	00:01:09	01:56:55	451
526	ANDY	LINES	M40 - 44	COVENTRY TRIATHLETES	05:44:55	00:43:49	567	00:02:08	02:48:50	394	00:01:14	02:08:52	569
527	SARAH	CARPENTER	F25 - 29	BARACUDA TRI	05:45:04	00:46:51	646	00:02:50	03:03:19	592	00:01:33	01:50:28	353
528	HELEN	SLOMAN	F25 - 29	MANCHESTER TRI	05:45:50	00:37:08	296	00:02:20	03:05:51	603	00:01:12	01:59:17	484
529	ROLAND	STEVENS	M50 - 54	BOURNE TOWN HARRIERS	05:46:00	00:42:00	524		02:59:55	555		01:59:12	481
530	CAROL	SMALLMAN	F45 - 49	PACTRAC	05:46:06	00:37:46	327	00:01:57	02:58:19	535	00:01:52	02:06:10	551
531	ROBERT	JENNINGS	M35 - 39		05:46:08	00:39:28	428	00:03:49	02:54:49	488	00:02:04	02:05:55	547
532	PAUL	ROTHE	M35 - 39	NORTHANTS TRI	05:46:27	00:39:04	406	00:02:29	02:48:57	398	00:02:01	02:13:54	604
533	IAN	POTTER	M40 - 44		05:46:39	00:45:00	606	00:02:31	02:46:08	355	00:02:18	02:10:40	584
534	SARA	BLYTH	F40 - 44	LEEDS & BRADFORD TRI	05:46:49	00:38:23	366	00:02:45	03:04:22	598	00:01:54	01:59:22	487
535	PAUL	FELTON	M30 - 34		05:46:50	00:47:33	655	00:03:05	02:51:18	434	00:02:55	02:01:56	516
536	JOHN	LOWERY	M45 - 49		05:47:02	00:38:50	390	00:02:41	03:06:39	611	00:01:35	01:57:14	455
537	PETER	BRETAN	M45 - 49	LINCOLN TRI	05:47:37	00:50:13	695	00:01:58	02:53:36	469	00:01:16	02:00:32	501
538	GLYNIS	GREENOUGH	F55 - 59	TEAM TRI UK	05:47:37	00:42:11	532	00:03:48	03:03:59	595	00:02:45	01:54:52	417
539	DOUG	STEWART	M40 - 44	LINCOLN TRI	05:47:54	00:44:30	598	00:02:42	02:42:30	290	00:01:36	02:16:34	616
540	NATALIE	MCKEE	F30 - 34	MANCHESTER TRI	05:47:55	00:38:19	361	00:03:11	03:03:13	590	00:01:57	02:01:14	510
541	MIKE	LUNN	M35 - 39	TONGE TRI	05:48:14	00:52:51	702	00:02:50	02:54:22	482	00:01:40	01:56:30	440
542	PAUL	WAKEFIELD	M35 - 39	CHELTHENHAM TRI CLUB	05:48:25	00:37:07	293	00:02:26	03:30:56	691	00:01:50	01:36:04	119
543	BARNEY	MILLER	M25 - 29		05:48:51	00:35:55	230	00:03:37	02:55:56	506	00:02:51	02:10:30	582
544	PETER	STAWOWSKI	M35 - 39		05:49:06	00:53:43	707						
545	MIKE	FOLLAND	M65 - 69	NEWARK TRI	05:49:28	00:44:15	582	00:02:47	03:07:11	615	00:02:17	01:52:55	397
546	DANIEL	KING	M30 - 34		05:49:37	00:39:50	451	00:04:32	03:03:13	591	00:02:39	01:59:21	486
547	GUY	SKILTON	M45 - 49	STAFFORD TRI CLUB	05:49:41	00:35:56	233	00:03:27	03:00:30	567	00:02:22	02:07:23	563
548	NICOLA	BROWN	F25 - 29	FARNHAM TRI	05:49:59	00:43:50	569	00:02:06	03:05:22	601	00:01:48	01:56:50	447
549	MARTIN	HOLDEN	M35 - 39	TRITALK.CO.UK	05:50:14	00:44:07	578	00:02:38	02:41:24	267	00:01:45	02:20:17	628
550	CARL	JAMES	M35 - 39		05:50:16	00:39:29	431	00:05:03	02:43:54	319	00:02:16	02:19:32	627
551	REBECCA	SORE	F30 - 34	LEICESTER TRI	05:50:37	00:42:18	534	00:03:29	02:59:21	547	00:03:23	02:02:04	518
552	OVE	INDERGAARD	M30 - 34		05:50:39	00:42:20	536	00:03:18	03:03:04	586	00:01:56	01:59:59	494
553	DOMINIC	KELLY	M35 - 39		05:50:47	00:48:57	685	00:02:43	02:59:48	554	00:02:19	01:56:57	453
554	GRAHAM	GABB	M40 - 44		05:50:58	00:38:36	383	00:03:48	02:53:42	471	00:03:07	02:11:43	593
555	MARIANNE	DAY	F18 - 24	WORCESTER TRI	05:51:25	00:32:41	94	00:01:42	03:05:59	604	00:01:31	02:09:30	576
556	TONY	BAXTER	M40 - 44	FARNHAM TRI	05:51:46	00:45:51	628	00:02:35	02:49:29	408	00:02:22	02:11:26	590
557	PETER	SULLIVAN	M40 - 44		05:51:57	00:39:58	456	00:04:26	02:57:13	521	00:02:34	02:07:43	567
558	RICHARD	GOWER	M50 - 54	THAMES TURBO SIGMA SPORT	05:52:13	00:44:18	587	00:02:53	03:06:33	610	00:01:37	01:56:50	448
559	KEITH	DUNN	M45 - 49	DERBY TRI	05:52:23	00:39:38	437	00:02:54	02:55:14	494	00:02:19	02:12:17	596
561	GRAHAM	REYNOLDS	M55 - 59	COVENTRY TRIATHLETES	05:52:45	00:44:46	603	00:03:07	02:56:43	515	00:02:14	02:05:53	546
562	SARA	DUNCAN	F30 - 34	TFN TRI CLUB	05:52:59	00:41:40	515	00:02:58	03:09:58	629	00:02:39	01:55:42	429
563	ACHILLE	RAMAMBASON	M35 - 39		05:53:10	00:36:51	277	00:03:02	03:04:06	596	00:01:36	02:07:32	564
564	PHIL	MCNEILL	M40 - 44	RAF TRI	05:53:36	00:44:07	579	00:03:05	03:02:10	577	00:02:05	02:02:06	519
565	MARK	NORSWORTHY	M45 - 49	FARNHAM TRI	05:53:36	00:39:01	404	00:03:44	03:02:45	582	00:01:32	02:06:32	553
566	NIGEL	WINSPER	M40 - 44	STAFFORD TRI	05:54:06	03:50:37		20:59:01	02:58:12	527			
567	HUGH	PENDER	M45 - 49	MAD TRI	05:54:15	00:43:10	554	00:03:37	03:01:16	571	00:02:18	02:03:52	531
568	LINDSAY	HELLIER	F35 - 39		05:54:28	00:46:27	641	00:02:50	03:11:23	639	00:01:53	01:51:53	379
569	GAIR	MCADIE	M30 - 34	TEAM DEVIANT	05:55:23	00:40:39	475	00:02:44	03:11:48	642	00:01:56	01:58:16	467
570	PAUL	SAMWAYS	M40 - 44		05:55:27	00:45:57	634	00:01:56	02:53:20	466	00:01:30	02:12:42	600
571	STUART	PARKER	M45 - 49	LINCOLN TRI	05:55:27	00:51:30	698	00:03:34	02:56:54	517	00:01:54	02:01:33	514
572	MARK	HIRST	M40 - 44		05:55:41	00:37:50	330	00:04:39	03:00:28	565	00:03:31	02:09:10	571
573	SIMON	HARRISON	M35 - 39		05:56:08	00:42:07	530	00:04:10	03:07:27	616	00:03:03	01:59:19	485
574	ALAN	SHELDON	M35 - 39	DERBY TRI	05:56:32	00:49:07	689	00:04:41	02:55:28	499	00:03:18	02:03:55	533
575	CAROLINE	HARDING	F30 - 34	TRENT P	05:56:32	00:38:41	386	00:03:45	03:13:09	652	00:02:00	01:58:54	479
576	ANDREW	WATERS	M40 - 44	FARNHAM TRI	05:56:41	00:42:00	525	00:02:48	02:57:07	518	00:01:54	02:12:49	601
577	LOUISE	MCKEE	F40 - 44	KINGFISHER TRI	05:56:59	00:38:24	367	00:03:00	03:10:27	633	00:02:05	02:03:01	526
578	DEBI	COLES	F35 - 39	TEAM CHERWELL	05:57:28	00:46:50	645	00:02:48	03:10:00	631	00:01:44	01:56:04	434
579	JONATHAN	KING	M25 - 29	MANX TRI CLUB	05:57:39	00:36:36	261	00:02:27	02:58:16	532	00:01:25	02:18:54	625
580	NIGEL	COOPER	M40 - 44		05:58:00	00:41:07	490	00:04:11	03:09:45	628	00:01:58	02:00:57	507

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581	MORGAN	WILLIAMS	M30 - 34	WAKEFIELD TRI	05:58:09	00:37:48	329	00:02:57	02:48:30	385	00:01:53	02:26:59	645
582	VICTORIA	GRIMSHAW	F35 - 39	FUL ON TRI	05:58:12	00:47:31	654	00:03:48	03:14:04	655	00:03:44	01:49:03	332
583	DAVID	BABISTER	M30 - 34	TRITALK.CO.UK	05:58:43	00:45:31	616	00:02:01	02:58:39	537	00:01:40	02:10:49	586
584	CLAIRE	FRASER	F25 - 29	DE SOTO SYNERGIE	05:58:56	00:37:06	292	00:02:01	03:12:30	646	00:01:30	02:05:47	545
585	BEATE	VOGT	F45 - 49	SERPENTINE	05:59:07	00:43:57	573	00:03:13	03:06:08	606	00:03:11	02:02:36	522
586	STEVEN	STOREY	M35 - 39		05:59:14	00:48:12	667	00:05:17	02:57:11	520	00:04:35	02:03:56	535
587	DESIRE	VAN DER MERWE	MTeam		05:59:52	00:45:37	620	00:01:00	03:11:58	644	00:00:52	02:00:23	500
588	NICK	COLLINS	M30 - 34		05:59:59	00:45:47	624	00:04:17	02:59:22	548	00:03:16	02:07:15	561
589	DAVID	WALLIS	M18 - 24		06:00:31	00:45:15	612	00:03:47	02:59:26	551	00:01:14	02:10:46	585
590	STEPHEN	GARNHAM	M50 - 54	AVS TRI	06:00:33	00:53:28	705	00:06:29	02:59:58	556	00:03:04	01:57:32	460
591	STEVE	SKELHON	M40 - 44	PSOF	06:00:53	00:39:32	434	00:03:39	02:58:16	533	00:02:41	02:16:42	617
592	RALPH	ROBINSON	M45 - 49	EAST LONDON TRI	06:01:07	00:37:55	341	00:03:57	02:56:13	509	00:02:15	02:20:44	631
593	RICHARD	SHOOTER	M40 - 44		06:01:08	00:39:25	426	00:03:42	03:06:51	613	00:02:23	02:08:46	568
594	JAYNE	HARRISON	F25 - 29	LEEDS & BRADFORD TRI	06:01:24	00:39:05	408	00:03:02	03:19:17	672	00:01:55	01:58:03	464
595	STEPHEN	SLAY	M25 - 29	OXFORD TRI	06:02:16	00:41:54	522	00:02:36	03:12:47	650	00:01:12	02:03:45	530
596	DESTA	BLACK	F25 - 29		06:02:18	00:44:20	589	00:03:30	03:05:24	602	00:02:25	02:06:35	555
597	TIMOTHY	POCKNEY	M40 - 44	MET POLICE TRI	06:02:41	00:42:48	547	00:02:47	02:56:01	507	00:02:28	02:18:35	623
598	MAURICE	BOND	M60 - 64	SHIRE TRIERS	06:02:44	00:40:01	459	00:03:16	03:06:00	605	00:04:05	02:09:21	574
599	JON	BENNETT JNR	M30 - 34	DERBY TRI	06:02:51	00:35:46	222	00:02:38	02:59:06	544	00:02:33	02:22:46	635
600	BRYAN	GRAY	M35 - 39	SHEFFIELD TRI	06:03:00	00:43:07	553	00:03:07	03:00:22	563	00:01:40	02:14:42	605
601	JOHN	TALBOT	M35 - 39		06:03:25	00:45:48	627	00:03:30	03:11:32	640	00:02:23	02:00:10	497
602	MARK	RUHIER	M35 - 39	LINCOLN TRI	06:03:30	00:48:24	670	00:02:18	03:11:01	637	00:01:31	02:00:13	499
603	EMILY	BANSEMER	F25 - 29	SERPENTINE	06:03:31	00:46:12	638	00:03:25	03:09:41	627	00:02:16	02:01:56	517
604	NICHOLAS	MOTSON	M35 - 39	PSOF	06:03:46	00:49:37	691	00:03:55	03:00:47	568	00:02:06	02:07:19	562
605	LIZ	KING	F40 - 44	ASHFORD TRI CLUB	06:03:54	00:41:39	514	00:02:52	03:06:26	609	00:02:52	02:10:03	580
606	STEVE	RUSH	M40 - 44	TRI-ANGLIA	06:04:30	00:40:44	480	00:04:44	03:00:21	561	00:02:25	02:16:14	613
607	DAVID	MCCABE	M55 - 59		06:04:34	00:47:53	661	00:03:23	03:19:56	675	00:01:59	01:51:21	369
608	SAMANTHA	PARNELL	F35 - 39	LEEDS & BRADFORD TRI	06:05:44	00:53:25	704	00:03:33	03:14:25	658	00:02:36	01:51:42	375
609	RICHARD	WATT	M40 - 44		06:06:07	00:48:50	681	00:03:22	03:16:17	664	00:03:10	01:54:26	411
610	ANDREW	BRUSH	M40 - 44		06:06:29	00:42:05	529	00:04:18	03:03:00	585	00:04:33	02:12:30	598
611	LYN	SHERRATT	F30 - 34		06:06:32	00:38:27	371	00:04:11	03:10:39	635	00:02:43	02:10:30	583
612	BEV	HENDLEY	F45 - 49		06:07:10	00:38:54	395	00:03:00	03:15:43	663	00:02:49	02:06:41	557
613	MARK	WOOLHOUSE	M40 - 44	TRI-FORCE ST ALBANS	06:07:21	00:48:42	678	00:03:01	03:01:25	572	00:01:35	02:12:34	599
614	DARYL	NEATIS	M40 - 44		06:07:42	00:44:40	601	00:02:27	03:01:52	576	00:01:33	02:17:08	621
615	KEITH	BURDETT	M45 - 49	COVENTRY TRIATHLETES	06:07:54	00:35:26	202	00:02:07	02:58:12	528	00:01:21	02:30:47	656
616	ANDREW	SMITH	M35 - 39	ZERO2HERO	06:07:58	00:48:25	671	00:03:43	02:48:55	395	00:02:02	02:24:51	641
617	ANDREW	TAYLOR	M40 - 44		06:08:15	00:45:24	614	00:03:55	03:04:15	597	00:03:23	02:11:15	589
618	GREG	CURRILL	M35 - 39		06:08:18	00:45:03	607	00:04:31	03:16:24	665	00:02:45	01:59:33	489
619	ROGER	SPENCE	M40 - 44	TFN TRI CLUB	06:08:31	00:47:52	660	00:02:15	03:07:28	617	00:01:39	02:09:15	572
620	CLAIR	RICHARDS	F35 - 39		06:08:39	00:39:45	444	00:04:02	03:17:42	670	00:02:05	02:05:03	542
621	SARAH	BLAND	F40 - 44	STRATFORD UPON AVON AC	06:08:43	00:42:44	546	00:03:40	03:15:33	660	00:01:57	02:04:49	541
622	MARC	WARING	M25 - 29	ARMY TRI	06:09:32	00:52:47	701	00:03:28	03:10:35	634	00:01:58	02:00:43	503
623	EDWIN	UMEYOR	M40 - 44		06:09:48	00:43:52	570	00:03:59	02:58:55	539	00:01:45	02:21:15	633
624	JULIA	HOWE	F35 - 39	FUL ON TRI	06:11:03	00:40:27	471	00:03:42	03:19:41	674	00:02:36	02:04:35	540
625	TRACY	HARDCASTLE	F40 - 44	9 OAKS TRI	06:11:21	00:39:34	435	00:03:47	02:55:54	505	00:02:39	02:29:26	651
626	MICHAEL	LAWRANCE	M35 - 39		06:12:26	00:36:36	262	00:02:31	02:57:32	524	00:02:13	02:33:31	660
627	BOB	ARTHUR	M35 - 39	RAF TRI	06:12:34	00:41:27	506	00:02:24	03:09:27	624	00:03:26	02:15:47	611
628	DEB	SANDEMAN	F45 - 49	PSOF	06:12:36	00:40:42	478	00:04:18	03:07:30	618	00:04:06	02:15:57	612
629	SETH	PIERET	M30 - 34		06:12:54	00:35:31	206	00:04:18	03:00:07	558			
630	EMILY	ROBINSON	F30 - 34	SERPENTINE	06:13:08	00:49:03	687	00:04:01	03:21:39	678	00:03:14	01:55:08	423
631	AMELIA	ASHTON-JONES	F30 - 34	SERPENTINE	06:13:22	00:42:48	548	00:03:59	03:15:36	661	00:03:21	02:07:36	566
632	MICHAEL	SMYTH	M40 - 44		06:13:44	00:45:09	610	00:03:38	03:08:54	622	00:02:28	02:13:33	603
633	HEATHER	RIDDELL	F40 - 44	LINCOLN TRI	06:14:23	00:49:06	688	00:01:59	03:03:48	594	00:02:18	02:17:10	622
634	HEIDI	DAVYS	F30 - 34	LEEDS & BRADFORD TRI	06:14:32	00:47:36	656	00:02:39	03:20:15	676	00:01:29	02:02:31	521
635	MARIANNE	SAMUEL	F35 - 39	IRONHEAD RACING	06:14:59	00:43:32	560	00:05:58	03:13:08	651	00:02:56	02:09:22	575
636	STEPHEN	OPENSHAW	M50 - 54		06:15:38	00:42:09	531	00:03:46	03:10:50	636	00:02:25	02:16:25	614
637	MOIRA	BURGHAM	F50 - 54	CAMBRIDGE TRI CLUB	06:16:23	00:45:31	617	00:04:33	03:11:48	643	00:02:36	02:11:53	594
638	DUNCAN	MCCOY	M18 - 24	LINCOLN TRI	06:17:10	00:48:19	668	00:04:34	03:03:33	593	00:01:20	02:19:22	626
639	BEV	BATES	F40 - 44	SERPENTINE	06:17:16	00:54:32	709	00:06:55	03:09:31	625	00:03:27	02:02:48	524

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640	ALISON	RICHARDSON	F35 - 39	FARNHAM TRI	06:17:22	00:48:00	664	00:03:56	03:19:20	673	00:02:09	02:03:55	534
641	TERENCE	WRIGHT	M40 - 44	PETERBOROUGH ENDURANCE SPORTS TEAM	06:17:44	00:40:53	483	00:03:38	03:05:02	599	00:02:25	02:25:45	642
642	PHILIP	DUNDERDALE	M30 - 34		06:17:57	00:44:16	584	00:02:37	03:09:58	630	00:04:11	02:16:53	620
643	JEREMY	WEBSTER	M40 - 44	LEEDS & BRADFORD TRI	06:17:59	00:42:13	533	00:03:22	03:14:33	659	00:02:44	02:15:05	606
644	SHARYN	BRAY	F40 - 44	BIGGLESWADE AC	06:18:26	00:38:10	351	00:03:40	03:23:26	682	00:01:57	02:11:10	588
645	PATRICIA	AMES	F35 - 39	RG ACTIVE	06:20:51	00:47:11	650	00:03:29	03:17:36	669	00:02:26	02:10:06	581
646	SIMON	HARRISON	M30 - 34		06:21:09	00:41:33	511	00:03:38	03:10:18	632	00:04:56	02:20:42	630
647	IAIN D S	CHALMERS	M45 - 49	GRIMSBY TRI	06:21:13	00:48:06	665	00:04:13	03:14:08	657	00:03:14	02:11:30	592
648	PERIE	HADDON	F30 - 34	DERBY TRI	06:21:39	00:48:38	677	00:02:25	03:12:35	649	00:01:32	02:16:27	615
649	GILES	WARDLE	M35 - 39	TONGE TRI	06:21:43	00:42:56	550	00:03:57	03:03:08	588			
650	SIMON	SHELTON	M35 - 39		06:21:50	00:46:00	635	00:03:15	03:23:28	683	00:02:11	02:06:54	558
651	RICHARD	COLYER	M30 - 34		06:22:20	00:50:52	697	00:03:35	02:50:21	423	00:02:32	02:34:58	663
652	STUART	GRENNAN	M35 - 39	REDDITCH TRIATHLON	06:22:34	00:49:56	693	00:03:54	03:01:34	573	00:02:34	02:24:33	640
653	MARK	TAYLOR	M35 - 39		06:23:10	00:38:26	370	00:03:41	03:25:54	686	00:02:38	02:12:28	597
654	STUART	WEIR	M35 - 39		06:23:22	01:05:43	716	00:04:21	02:58:27	536	00:02:53	02:11:56	595
655	VAUGHAN	CARRADICE	M55 - 59	BEDFORD TRAKTORS	06:23:34	00:44:19	588	00:04:13	03:06:48	612	00:02:02	02:26:10	643
656	TONY	TAYLOR	M35 - 39	DERBY TRI	06:24:59	00:54:51	710	00:04:29	02:55:13	493	00:02:19	02:28:04	649
657	MATTHEW	O'NEILL	M40 - 44	LINCOLN TRI	06:25:08	00:48:49	680	00:05:04	02:59:02	542	00:01:44	02:30:26	655
658	JOHN	ALLEN	M40 - 44	SCIENTIFIC COACHING.COM	06:25:09	00:44:21	591	00:03:21	03:08:34	620	00:02:06	02:26:45	644
659	PETER	WATKINS	M50 - 54	COVENTRY TRIATHLETES	06:26:09	00:39:35	436	00:02:07	03:14:04	656	00:02:37	02:27:43	647
660	TED	ORME	M35 - 39		06:26:40	00:52:15	699	00:02:49	03:34:59	698	00:01:40	01:54:55	420
661	JEZ	KEARNEY	M45 - 49	4LIFE	06:27:46	00:55:52	711	00:02:51	02:59:19	546	00:01:54	02:27:47	648
662	WILL	PACKER	M25 - 29		06:27:50	03:53:50		20:53:06	03:05:20	600			
663	ALAN	COOK	M40 - 44	GRIMSBY TRI	06:28:12	00:40:40	476	00:02:53	03:08:58	623	00:03:41	02:31:58	657
664	ALISON	MCCOY	F45 - 49	LINCOLN TRI	06:28:12	00:53:04	703	00:04:40	03:25:09	684	00:01:45	02:03:31	528
665	PAUL	NEWMAN	M45 - 49	EAST LONDON TRI	06:28:44	00:37:42	324	00:01:43	03:06:23	608	00:01:55	02:40:58	669
666	GRANT	BERTHOLD	M40 - 44	PSOF	06:28:47	00:44:26	594	00:02:51	03:08:46	621	00:02:19	02:30:22	654
667	BARBARA	VINTCENT	F30 - 34	FUL ON TRI	06:29:20	00:44:01	577	00:05:31	03:21:50	679	00:02:45	02:15:11	607
668	KENNETH	CROSER	M35 - 39	TVT	06:29:25	00:36:03	238	00:03:59	03:03:12	589	00:04:52	02:41:16	671
669	CARL	BARTHORPE	M35 - 39	PSOF	06:29:52	00:43:04	552	00:03:38	03:08:13	619	00:01:28	02:33:26	659
670	DESIREE	COWIE	F45 - 49	MEYNELL VALLEY HUNTERS	06:33:16	00:40:16	465	00:05:18	03:06:57	614	00:04:27	02:36:16	664
671	JENNY	MCADIE	F30 - 34	TEAM DEVIANT	06:33:55	00:37:23	309	00:02:54	03:33:33	694	00:04:26	02:15:37	610
672	FIONA	HUXTABLE	F30 - 34	CHESTER TRI	06:36:39	00:46:37	642	00:03:02	03:20:59	677	00:02:50	02:23:09	638
673	KEVIN	ROSSELL	M40 - 44		06:37:52	00:48:34	675	00:03:02	03:29:10	690	00:01:51	02:15:13	608
674	TERRY	VINE	M35 - 39	LINCOLN TRI	06:38:27	01:05:09	715	00:02:31	03:12:32	647	00:01:25	02:16:48	619
675	ALAN	BILZON	M40 - 44	MANSFIELD TRI	06:38:27	00:45:24	615	00:03:52	03:12:34	648	00:02:00	02:34:35	662
676	ANDREAS	BAKER	M25 - 29		06:38:32	00:54:24	708	00:03:18	03:15:38	662	00:03:39	02:21:31	634
677	HUW	JONES	M25 - 29	FUL ON TRI	06:39:19	00:45:47	625	00:05:20	03:12:19	645	00:01:51	02:33:59	661
678	SARA	ROGGER	F30 - 34	CAMBRIDGE TRI CLUB	06:39:46	00:41:59	523	00:02:46	03:40:29	702			
679	LINDA	CLEMENS	F45 - 49	THAMES TURBO SIGMA SPORT	06:39:46	00:42:56	551	00:03:39	03:33:53	695	00:02:34	02:16:43	618
680	IAN	HOLMES	M30 - 34	WARWICK UNIVERSITY TRI CLUB	06:40:08	00:48:28	672	00:02:52	03:17:19	667	00:01:51	02:29:35	652
681	HANNAH	ELLIOTT	F35 - 39		06:41:15	00:45:08	609	00:03:34	03:22:57	681	00:02:16	02:27:17	646
682	JUSTIN	SAMUEL	M35 - 39	IRONHEAD RACING	06:41:19	00:56:12	712	00:03:45	03:16:38	666	00:03:31	02:21:11	632
683	STEPHEN	CRANE	M50 - 54	BEDFORD HARRIERS	06:43:37	01:08:37	718	00:07:29	03:13:55	654	00:07:38	02:05:55	548
684	JULIE	MCFARLAND	F35 - 39	LEICESTER TRI	06:43:44	00:45:41	622	00:03:35	03:11:18	638	00:01:59	02:41:08	670
685	ZOE	LEECH	F40 - 44		06:46:05	00:45:23	613	00:03:28	03:31:40	692	00:02:29	02:23:03	637
686	DAVID	TILLYER	M35 - 39	PSOF	06:50:07	00:48:55	684	00:03:49	03:35:26	700	00:03:07	02:18:48	624
687	JAMES	BARRY	M45 - 49	CAMBRIDGE CAMARO TRI	06:58:09	00:45:38	621	00:05:27	03:27:04	687	00:02:53	02:37:05	665
688	JANE	JONES	F30 - 34	CARDIFF MASTERS	06:58:15	00:52:21	700	00:04:40	03:28:59	689	00:02:25	02:29:48	653
689	STEVE	ROSSELL	M45 - 49		06:58:37	00:41:21	502	00:03:36	03:42:31	703	00:03:01	02:28:05	650
690	SUZIE	MATE	F35 - 39	SERPENTINE	06:58:39	00:47:26	652	00:04:03	03:22:15	680	00:02:55	02:41:58	672
691	CHARLIE	STANNETT	M50 - 54	IPSWICH TRI	06:58:57	00:56:34	713	00:06:14	03:28:34	688	00:03:16	02:24:16	639
692	CLARE	BLAUKOPF	F25 - 29	CAMBRIDGE TRI CLUB	07:00:52	00:47:16	651	00:03:11	03:34:49	697	00:02:22	02:33:12	658
693	KEVIN	ROBINSON	M70 - 75	CAMBRIDGE CAMARO TRI	07:01:08	01:16:45	718	00:07:12	03:17:26	668		02:20:23	629
694	HELEN	HATCHER	F40 - 44	CAMBRIDGE TRI CLUB	07:01:35	00:46:24	640	00:04:19	03:25:44	685	00:06:37	02:38:29	666
695	HELEN	KING	F30 - 34		07:04:13	00:49:36	690	00:03:02	03:13:22	653	00:02:28	02:55:43	674
696	MICHAEL	LEWIS	M18 - 24		07:07:20	00:36:38	264	00:03:36	03:44:59	705	00:02:46	02:39:19	667
697	OWEN	BAILEY	M25 - 29		07:26:20	00:57:27	714	00:04:57	03:34:02	696	00:02:43	02:47:09	673
698	BRYAN	MILNE	M50 - 54	PSOF	07:49:35	01:07:07	717	00:06:11	03:49:51	706	00:05:48	02:40:35	668

Final Results

The Vitruvian Triathlon

2007

ALISON	STEED	F30 - 34	ASHFORD TRI CLUB		00:44:47	604	00:06:51	03:44:32	704	00:06:57	20:01:21	675
MARK	GIBSON	M50 - 54	WHITE ROSE TRI		00:49:39	692	00:05:00	03:36:49	701	00:03:14	20:14:41	676
JAMES	COWAN	M25 - 29			00:45:35	618	00:02:28	03:35:19	699	00:03:31	20:18:27	677
JACQUELINE	COLBY	F35 - 39	TRITALK.CO.UK		00:48:29	673	00:03:33	03:31:41	693	00:02:23	20:22:06	678
NICOLE	DOWNING	F25 - 29	HIGH WYCOMBE CC		00:39:00	403	00:01:11	03:06:14	607	00:01:07	20:51:05	679
PAUL	TAYLOR	M40 - 44	CAMBRIDGE CYCLING CLUB		00:50:07	694	00:02:18	02:53:26	467	00:02:25	21:01:34	680
SIMON	BOWEN	M55 - 59			00:40:50	482	00:02:40	02:53:15	462	00:01:36	21:02:15	681
JONATHAN	BRIGGS	M35 - 39	RAF TRI		00:38:31	376	00:03:10	02:51:49	444	00:01:40	21:03:02	682
TONYA	ANTONIS	F40 - 44	SCIENTIFIC COACHING.COM		00:39:20	420	00:02:29	02:48:39	389	00:01:31	21:07:08	683
LUCY	HAYWOOD	F30 - 34	WWW.TRICOACH.CO.UK		00:32:26	85	00:01:59	02:38:56	230	00:01:18	21:17:34	684
ALEX	HUSSEY	M25 - 29	FUL ON TRI		00:42:03	528	00:01:24	02:34:57	163	00:01:09	21:22:16	685
DAVID	HAMILL	M35 - 39	MET POLICE TRI		00:41:45	517	00:04:04	02:58:13	529	00:02:22	1 Lap	
DAVID	QUINN	M35 - 39	TWO KINGS		00:44:30	599	00:03:44	01:48:54	?			
JOEL	JAMESON	M25 - 29	TOTAL FITNESS BATH		00:29:21	30	00:01:14	02:04:40	?			
MARK	REDWOOD	M30 - 34	Z XU TFN RT		00:28:31	21	00:01:22	02:24:56	54			
ANDY	RAWLEY	M35 - 39	WARKINGTON		00:40:55	486	00:01:58	02:46:04	353			
LEE	COOPER	M25 - 29	RAF TRI		00:47:53	662	00:04:10	02:56:41	513			
RICHARD	JONES	M40 - 44	SERPENTINE		00:45:54	630	00:04:32	03:18:29	671			
FIONA	LAWRENCE	F30 - 34	SERPENTINE		00:36:35	260	00:02:47					
GARETH	DIXON	M25 - 29	BRAT		00:36:47	274	00:01:45					
RIK	MELLOR	M30 - 34			00:36:57	283	00:02:10					
LEANNE	UPCHURCH	F25 - 29	10 OAKS TRI		00:38:04	346	00:02:31					
SIMON	COVELL	M35 - 39	RAF TRI		00:39:49	450	00:02:19					
DEREK	JOHNSON	M40 - 44	KINGSWOOD TRI		00:40:26	470	00:02:53					
RUSSELL	SWANN	M35 - 39	WITHAM RUNNING CLUB		00:43:57	574						
JOHN	SUTTON	M40 - 44			00:48:06	666	00:01:59					
CHRIS	WATERS	M35 - 39	FARNHAM TRI		00:48:19	669	00:02:46					