

Race No	First name	Last name	Gender	Finish status	Age category	Team name	Finish time	Overall Pos	SWIM	T1	CYCLE	T2	RUN SPLIT	RUN TOTAL
823	Joel	Jameson	Male	Finished	30-34	GI TRI	03:45:51	1	00:26:39	00:01:16	02:04:13	00:00:42	00:35:56	01:12:58
129	Jonathan	Hotchkiss	Male	Finished	30-34	PURE TRI - POWERBAR	03:54:22	2	00:26:14	00:01:05	02:03:37	00:00:49	00:37:58	01:22:36
263	Sam	Gardner	Male	Finished	35-39	CANNONDALE/SNOW & ROCK	03:56:09	3	00:27:58	00:01:27	02:03:50	00:01:10	00:39:51	01:21:41
278	Hywel	Davies	Male	Finished	35-39	PLANET X	03:58:24	4	00:30:03	00:01:22	02:07:06	00:01:10	00:38:37	01:18:41
25	Edward	Charlton-weedy	Male	Finished	25-29	WHITE ROSE TRIATHLETES (YORK)	03:59:22	5	00:29:00	00:01:04	02:09:42	00:01:24	00:38:50	01:18:10
171	Graeme	Bryce	Male	Finished	30-34	RNTA	04:04:44	6	00:26:14	00:01:14	02:15:34	00:00:50	00:39:48	01:20:51
381	Glyn	Painter	Male	Finished	35-39	ARMY TRIATHLON ASSOCIATION	04:04:45	7	00:29:54	00:01:08	02:08:06	00:00:51	00:41:18	01:24:42
383	Rich	Hunt	Male	finished	35-39	KUDU AND ARMY TRI	04:05:41	8						
437	Richard	Jones	Male	Finished	40-44	THETRILIFE.COM	04:07:13	9	00:25:55	00:01:10	02:13:02	00:01:05	00:41:38	01:25:59
311	Mark	Redwood	Male	Finished	35-39	TFN	04:08:17	10	00:27:14	00:01:39	02:08:30	00:00:52	00:43:20	01:30:00
387	Craig	Twigg	Male	Finished	35-39	CEEPO TFN RT	04:08:17	11	00:25:32	00:01:14	02:10:57	00:00:55	00:42:56	01:29:36
82	Dominic	Sanderson	Male	Finished	30-34	RAF TRI	04:10:35	12	00:26:11	00:01:25	02:23:16	00:00:45	00:37:21	01:18:56
244	Timothy	Male	Male	Finished	35-39	THAMES TURBO SIGMA SPORT	04:11:30	13	00:27:24	00:01:32	02:07:06	00:00:48	00:46:35	01:34:37
59	James	Gill	Male	Finished	25-29	CAMBRIDGE UNIVERSITY TRI CLUB/ TOTAL FITNESS BATH	04:11:55	14	00:26:21	00:01:07	02:16:51	00:01:26	00:41:29	01:26:08
124	Jared	Walbridge	Male	Finished	30-34	CAMBRIDGE TRIATHLON CLUB	04:13:06	15	00:29:31	00:01:21	02:18:01	00:00:45	00:40:46	01:23:26
297	Darren	Sharpe	Male	Finished	35-39	RAF TRIATHLON	04:14:03	16	00:32:47	00:01:35	02:16:38	00:00:43	00:41:01	01:22:16
357	Chris	Biddulph	Male	Finished	35-39	ARMY TRIATHLON	04:14:47	17	00:31:22	00:01:52	02:19:45	00:01:17	00:40:09	01:20:28
861	Lucy	Gossage	Female	Finished	30-34	TFN TRI CLUB	04:14:47	18	00:28:48	00:01:23	02:21:20	00:01:15	00:41:03	01:21:58
483	Colin	Hill	Male	Finished	40-44	LEEDS & BRADFORD TRI	04:15:01	19	00:29:23	00:01:44	02:19:14	00:01:17	00:41:46	01:23:21
119	Mathew	Ford	Male	Finished	30-34		04:15:19	20	00:30:13	00:01:26	02:18:52	00:00:58	00:41:32	01:23:47
62	Al	Hadnett	Male	Finished	25-29	RAFTRI	04:15:46	21	00:30:26	00:01:28	02:17:23	00:00:56	00:41:59	01:25:30
40	Steve	Clark	Male	Finished	25-29	LINCSQUAD / HUMBERSIDE FIRE + RESCUE	04:15:54	22	00:30:26	00:01:06	02:19:19	00:00:40	00:41:56	01:24:20
13	Philip	Hatzis	Male	Finished	20-24	DURHAM UNIVERSITY TRIATHLON CLUB	04:16:16	23	00:26:43	00:01:05	02:16:34	00:00:57	00:44:34	01:30:55
15	Robbie	Whitaker	Male	Finished	20-24		04:16:36	24	00:35:34	00:01:36	02:17:26	00:01:29	00:40:39	01:20:28
60	Geoff	Bamber	Male	Finished	25-29	RICHARD ALLEN FITNESS	04:17:33	25	00:34:04	00:01:45	02:15:37	00:01:11	00:42:22	01:24:52
845	Alison	Rowatt	Female	Finished	25-29	STIRLING TRIATHLON CLUB	04:17:53	26	00:30:42	00:01:56	02:23:07	00:01:18	00:40:02	01:20:47
444	Matthew	Brett	Male	Finished	40-44		04:19:15	27	00:32:32	00:01:36	02:19:40	00:01:13	00:40:45	01:24:11
212	James	Hartwright	Male	Finished	30-34	TRITALK.CO.UK	04:19:27	28						
536	Michael	Little	Male	Finished	40-44	TYNE TRIATHLON	04:19:40	29	00:30:17	00:02:10	02:18:05	00:01:06	00:42:59	01:27:59
79	Ben	Unsworth	Male	Finished	25-29	THAMES TURBO TRIATHLON	04:20:10	30	00:29:54	00:01:40	02:15:42	00:00:58	00:44:25	01:31:53
583	Dave	Bray	Male	Finished	40-44	PAC Tri	04:20:22	31	00:26:22	00:01:12	02:20:59	00:01:06	00:45:33	01:30:43
698	Roger	Canham	Male	Finished	45-49	PACTRAC	04:20:54	32	00:32:20	00:02:07	02:18:00	00:01:56	00:42:29	01:26:28
270	Richard	Jeggo	Male	Finished	35-39	LEICESTER TRIATHLON CLUB	04:20:55	33	00:30:33	00:01:10	02:21:18	00:00:47	00:42:08	01:27:03

233	Jared	Spier	Male	Finished	35-39	OXFORD TRI	04:21:17	34	00:29:40	00:01:31	02:10:18	00:00:58	00:47:10	01:38:46
115	Michael	Westwell	Male	Finished	30-34	RAF TRI	04:22:20	35	00:32:48	00:01:28	02:08:52	00:00:41	00:45:47	01:38:28
417	Andrew	Martin	Male	Finished	35-39	ARMY TRIATHLON ASSOCIATION	04:22:30	36	00:31:11	00:01:38	02:20:09	00:01:06	00:41:41	01:28:24
317	Neil	Giles	Male	Finished	35-39	EAST LONDON TRIATHLETES	04:22:46	37	00:30:06	00:01:34	02:18:01	00:01:05	00:42:46	01:29:57
274	Roland	Rutt	Male	Finished	35-39	THAMES TURBO	04:23:04	38	00:27:27	00:01:40	02:18:21	00:00:49	00:44:36	01:34:44
54	Thomas	Peoples	Male	Finished	25-29	DERBY TRI CLUB	04:23:40	39	00:31:35	00:01:38	02:18:50	00:00:45	00:44:13	01:30:48
249	Alex	Fortune	Male	Finished	35-39	ARMY TRI	04:23:42	40	00:36:11	00:01:43	02:19:36	00:00:47	00:41:46	01:25:22
102	Andrew	Jackson	Male	Finished	30-34	ROYAL NAVY	04:23:47	41	00:33:12	00:01:55	02:24:46	00:01:02	00:39:24	01:22:49
5	Holly	Tomlinson	Male	Finished	Team	THAMES TURBO	04:24:00	42	00:31:16	00:01:10	02:13:09	00:00:50	00:47:53	01:37:32
689	Mark	Saggers	Male	Finished	45-49	RAF TRI	04:24:16	43	00:33:22	00:02:22	02:19:11	00:01:21	00:44:14	01:27:57
55	Peter	Stewart	Male	Finished	25-29	THAMES TURBO	04:24:21	44	00:27:54	00:01:09	02:21:42	00:02:03	00:44:22	01:31:30
103	Stefan	Lawrence	Male	Finished	30-34	LINCOLN TRI/ TTC	04:25:03	45	00:33:34	00:01:37	02:20:34	00:00:49	00:43:13	01:28:27
323	Guy	Bowles	Male	Finished	35-39		04:26:35	46	00:30:04	00:02:29	02:25:15	00:01:04	00:42:08	01:25:40
70	Daniel	Anderton	Male	Finished	25-29	BRAT	04:26:50	47	00:34:22	00:01:38	02:16:54	00:00:53	00:42:16	01:32:59
347	David	Rowe	Male	Finished	35-39	PSOF	04:28:01	48	00:32:28	00:01:55	02:23:40	00:00:56	00:43:59	01:29:00
85	Harry	Gee	Male	Finished	30-34		04:28:26	49	00:30:08	00:01:50	02:28:06	00:02:10	00:43:50	01:26:08
20	Alasdair	Fraser	Male	Finished	25-29		04:29:21	50	00:32:12	00:01:45	02:19:16	00:01:01	00:47:19	01:35:05
81	Peter	Newton	Male	Finished	30-34	TRI-ANGLIA	04:29:45	51	00:33:36	00:01:59	02:27:49	00:00:45	00:42:39	01:25:33
253	Alistair	Mcveigh	Male	Finished	35-39		04:30:02	52	00:33:13	00:02:19	02:22:17	00:00:43	00:46:18	01:31:28
209	Alistair	Griffiths	Male	Finished	30-34	THAMES TURBO	04:30:13	53	00:38:01	00:01:32	02:25:47	00:00:50	00:42:48	01:24:00
355	Carl	James	Male	Finished	35-39	TRITALK.CO.UK	04:30:27	54	00:32:24	00:02:20	02:22:00	00:01:17	00:45:21	01:32:23
23	Andrew	Collier	Male	Finished	25-29	CAMBRIDGE UNIVERSITY TRIATHLON	04:30:29	55	00:33:44	00:01:06	02:24:54	00:00:42	00:43:54	01:30:00
201	David	Roscoe	Male	Finished	30-34	RNTA	04:30:32	56	00:29:46	00:01:37	02:22:32	00:01:13	00:46:08	01:35:21
525	Guy	Willard	Male	Finished	40-44	WAKEFIELD TRIATHLON CLUB	04:30:39	57	00:33:17	00:01:59	02:13:45	00:01:14	00:50:08	01:40:21
26	Alexander	Hall	Male	Finished	25-29	TFN TRI CLUB	04:31:02	58	00:30:25	00:01:33	02:22:06	00:01:21	00:46:29	01:35:34
93	Alan	Scott	Male	Finished	30-34	CLAPHAM CHASERS	04:31:54	59	00:30:12	00:01:39	02:29:44	00:01:20	00:42:46	01:28:56
356	Simon	Laver	Male	Finished	35-39	EAST LONDON TRIATHLETES	04:32:05	60	00:32:36	00:02:15	02:23:08	00:01:46	00:45:04	01:32:18
1001	John	Mead	Male	Finished	35-39		04:32:25	61	00:30:04	00:01:39	02:21:39	00:01:38	00:45:11	01:37:22
192	Dan	Dickinson	Male	Finished	30-34	GI TRI	04:32:32	62	00:32:12	00:02:18	02:26:44	00:01:08	00:44:25	01:30:07
604	Paul	Thompson	Male	Finished	40-44	GRIMSBY TRI	04:32:57	63	00:31:32	00:01:53	02:21:08	00:01:31	00:46:15	01:36:50
101	Chris	Jordan	Male	Finished	30-34	1485 TRI CLUB	04:33:00	64	00:36:35	00:01:27	02:29:56	00:01:31	00:39:46	01:23:29
1	Simon	Pearson	Male	Finished	Team	PSOF	04:33:45	65	00:35:18	00:00:55	02:27:44	00:00:36	00:44:00	01:29:11
71	Paul	Burton	Male	Finished	25-29		04:33:45	66	00:31:21	00:01:14	02:24:08	00:00:59	00:45:56	01:36:00
420	Dominic	Herbert	Male	Finished	35-39		04:33:59	67	00:27:25	00:02:28	02:31:20	00:03:14	00:43:55	01:29:28
708	Andrew	Tabernacle	Male	Finished	45-49	TRICLAN	04:34:27	68	00:31:29	00:02:29	02:18:48	00:02:12	00:46:44	01:39:27
384	Simon	Pinder	Male	Finished	35-39	SHEFFIELD TRI CLUB	04:34:47	69	00:30:31	00:02:10	02:20:26	00:02:08	00:47:39	01:37:29

28	Chris	Mills	Male	Finished	25-29	BRIGHTON PHEONIX TRI	04:35:15	70	00:34:19	00:01:37	02:23:59	00:00:59	00:45:58	01:34:18
590	Ian	O'Neill	Male	Finished	40-44	TRI SPORT EPPING	04:35:22	71	00:34:17	00:02:37	02:22:03	00:02:02	00:45:32	01:34:20
73	Matt	Walpole	Male	Finished	25-29	2PWRR TRIATHLON CLUB	04:35:32	72	00:31:30	00:01:55	02:28:18	00:00:54	00:45:32	01:32:53
378	Paul	Coulter	Male	Finished	35-39	WARRINGTON TRI CLUB	04:35:36	73	00:33:15	00:01:46	02:21:58	00:01:12	00:48:03	01:37:22
322	David	Briggs	Male	Finished	35-39		04:35:58	74	00:32:22	00:02:11	02:29:28	00:00:57	00:43:58	01:30:57
221	Andrew	Muir	Male	Finished	30-34		04:36:22	75	00:28:19	00:01:33	02:26:41	00:01:30	00:47:36	01:38:16
283	Dan	Marshman	Male	Finished	35-39		04:36:26	76	00:33:03	00:02:37	02:21:55	00:01:27	00:48:23	01:37:21
518	Michael	Proud	Male	Finished	40-44	WWW.CASSONZ.COM	04:36:55	77	00:31:06	00:01:50	02:22:18	00:01:08	00:49:04	01:40:30
267	Eddie	Howarth	Male	Finished	35-39		04:37:09	78	00:27:22	00:02:47	02:22:11	00:02:27	00:47:56	01:42:20
738	Keith	Edwards	Male	Finished	45-49		04:37:19	79	00:34:23	00:02:34	02:23:42	00:01:41	00:47:07	01:34:56
99	Kevin	Walsh	Male	Finished	30-34	TRI LONDON	04:37:26	80	00:34:50	00:01:11	02:23:55	00:01:22	00:46:51	01:36:05
368	Mark henry	Taylor	Male	Finished	35-39	ARMY TRIATHLON	04:37:43	81	00:33:23	00:01:56	02:23:42	00:00:45	00:46:46	01:37:55
341	Mat	Ivings	Male	Finished	35-39	HIGH PEAK TRI	04:37:46	82	00:32:52	00:02:41	02:22:40	00:01:42	00:47:19	01:37:49
176	Stuart	Clark	Male	Finished	30-34	TRIFORCE	04:38:50	83	00:37:52	00:01:31	02:23:08	00:01:01	00:46:52	01:35:14
266	Mark	Thorpe	Male	Finished	35-39		04:38:52	84	00:29:55	00:01:55	02:26:05	00:01:03	00:45:38	01:39:52
451	Nick	Thomas	Male	Finished	40-44		04:38:57	85	00:33:02	00:02:53	02:33:45	00:01:25	00:42:45	01:27:49
774	Graham	Markham	Male	Finished	50-54	ARMY TRIATHLON ASSOCIATION	04:39:29	86	00:31:21	00:01:55	02:23:50	00:01:40	00:48:39	01:40:41
486	Philip	Bell	Male	Finished	40-44	LURVE MONKEY TRI CLUB	04:39:34	87	00:29:30	00:02:08	02:24:07	00:01:09	00:47:50	01:42:39
361	Paul	Lunn	Male	Finished	35-39	STAMFORD TRI CLUB	04:39:59	88	00:38:17	00:01:19	02:21:39	00:01:08	00:47:30	01:37:32
544	Dominic	Collier	Male	Finished	40-44	THAMES TURBO	04:40:09	89	00:36:01	00:04:37	02:25:43	00:01:30	00:44:55	01:30:15
68	Jimmy	George	Male	Finished	25-29	VO2 MAXIMUM RT	04:40:25	90	00:33:51	00:02:05	02:20:10	00:00:41	00:54:16	01:43:35
403	Russell	Jones	Male	Finished	35-39	HILLINGDON TRIATHLETES	04:40:36	91	00:32:26	00:03:26	02:24:35	00:01:21	00:48:30	01:38:45
849	Hannah	Shooter	Female	Finished	30-34	MANSFIELD TRI	04:41:00	92	00:31:22	00:01:23	02:36:53	00:01:22	00:44:45	01:29:57
745	Peter	Cottington	Male	Finished	45-49		04:41:04	93	00:39:22	00:01:54	02:19:00	00:01:19	00:48:00	01:39:26
166	Stephane	Decressac	Male	Finished	30-34	TEAM CHARENTE (FRANCE)	04:41:08	94	00:35:02	00:02:27	02:23:19	00:00:56	00:44:43	01:39:22
489	Chris	Jacketts	Male	Finished	40-44		04:41:18	95	00:39:20	00:04:31	02:23:54	00:02:10	00:46:05	01:31:21
405	Neil	Dowsett	Male	Finished	35-39		04:41:27	96	00:33:38	00:03:01	02:23:43	00:01:07	00:49:22	01:39:55
57	Matt	Fricker	Male	Finished	25-29	CLAPHAM CHASERS	04:41:30	97	00:32:22	00:02:02	02:37:15	00:01:18	00:44:01	01:28:31
757	Robin	Brookes	Male	Finished	45-49	PACTRAC	04:41:33	98	00:37:38	00:02:47	02:27:53	00:01:36	00:42:38	01:31:35
427	Paul	Deen	Male	Finished	35-39	WIMBLEDON WINDMILERS	04:41:43	99	00:35:20	00:01:46	02:32:40	00:01:02	00:45:09	01:30:52
105	George	Gray	Male	Finished	30-34		04:42:00	100	00:32:14	00:01:16	02:28:12	00:01:15	00:45:28	01:39:01
492	Craig	Beech	Male	Finished	40-44		04:42:02	101	00:39:29	00:02:30	02:24:07	00:01:28	00:46:19	01:34:26
11	Edward	Brett	Male	Finished	20-24	DURHAM UNIVERSITY	04:42:05	102	00:35:15	00:01:11	02:27:33	00:01:13	00:49:04	01:36:51
360	Christopher	Mason	Male	Finished	35-39	FUTON TRI	04:42:05	103	00:31:43	00:02:15	02:23:52	00:01:36	00:49:15	01:40:36
628	Wayne	Edwards	Male	Finished	40-44	THAMES TURBO TRI	04:42:05	104	00:36:53	00:02:56	02:26:30	00:01:07	00:47:17	01:34:36
271	Ian	O'Brien	Male	Finished	35-39	ARMY TRIATHLON	04:42:30	105	00:34:24	00:02:03	02:22:58	00:00:52	00:49:05	01:42:11

522	Tony	Hopkins	Male	Finished	40-44		04:42:31	106	00:39:23	00:03:44	02:27:23	00:02:26	00:43:24	01:29:32
51	James	Goymour	Male	Finished	25-29		04:42:37	107	00:35:26	00:01:28	02:24:49	00:01:02	00:45:25	01:39:50
681	Terry	Harvey	Male	Finished	45-49	ARMY TRIATHLON ASSOCIATION	04:42:49	108	00:36:04	00:01:38	02:24:13	00:01:38	00:49:04	01:39:13
833	Claire	Hodgson	Female	Finished	25-29		04:42:50	109	00:25:47	00:02:54	02:36:17	00:01:58	00:47:28	01:35:52
163	James	Bell	Male	Finished	30-34	RACING TNT	04:43:08	110	00:29:18	00:02:11	02:29:25	00:01:26	00:51:18	01:40:45
16	Simon	Gilbert	Male	Finished	20-24	CAMBRIDGE UNIVERSITY TRIATHLON	04:43:22	111	00:40:41	00:01:44	02:23:41	00:01:19	00:47:31	01:35:54
715	Allan	Leighton	Male	Finished	45-49	EAST LINDON TRIATHLETES	04:44:08	112	00:29:55	00:01:48	02:27:55	00:02:06	00:49:40	01:42:21
637	Gregory	Ashley	Male	Finished	40-44	RUGBY TRI CLUB	04:44:14	113	00:42:01	00:04:22	02:21:01	00:01:25	00:47:03	01:35:21
540	Roddy	Gosden	Male	Finished	40-44	TEWKESBURY TRIATHLON CLUB	04:44:24	114	00:30:43	00:01:45	02:24:19	00:02:02	00:50:05	01:45:33
426	Mike	Furby	Male	Finished	35-39	BEDFORD TRAKTORS	04:44:27	115	00:31:58	00:01:30	02:26:03	00:01:27	00:49:17	01:43:26
477	Phil	Doel	Male	Finished	40-44		04:44:38	116	00:33:20	00:02:34	02:28:57	00:02:17	00:45:56	01:37:28
1003	Anthony	Gerundini	Male	Finished	40-44	LINCOLN TRI	04:44:42	117	00:39:54	00:03:06	02:24:12	00:01:17	00:46:50	01:36:10
279	Michael	Beale	Male	Finished	35-39	TEAM CHERWELL	04:44:43	118	00:32:48	00:01:32	02:24:30	00:00:50	00:51:08	01:45:01
261	Tom	Underhill	Male	Finished	35-39		04:44:45	119	00:34:41	00:01:36	02:30:29	00:01:50	00:47:50	01:36:06
578	Robert	Argles	Male	Finished	40-44		04:44:46	120	00:34:04	00:01:59	02:25:55	00:01:05	00:50:39	01:41:40
206	Joe	Hunter	Male	Finished	30-34		04:45:05	121	00:31:08	00:01:47	02:28:35	00:01:10	00:49:06	01:42:21
732	Robin	Rickard	Male	Finished	45-49	ROYAL NAVY	04:45:06	122	00:32:03	00:01:59	02:27:15	00:01:07	00:47:53	01:42:39
63	Caspar	Prestidge	Male	Finished	25-29		04:45:10	123	00:38:40	00:02:52	02:36:35	00:01:23	00:39:58	01:25:37
440	Tim	Palmer	Male	Finished	40-44		04:45:23	124	00:36:13	00:02:27	02:27:56	00:01:47	00:47:02	01:36:58
652	Graham	Coull	Male	Finished	45-49	STIRLING TRI	04:45:24	125	00:32:43	00:02:26	02:30:08	00:02:35	00:48:06	01:37:29
313	Chris	Bacon	Male	Finished	35-39		04:45:31	126	00:36:31	00:03:04	02:35:33	00:02:41	00:43:18	01:27:40
886	Claire	Shea-simonds	Female	Finished	30-34	LEICESTER TRIATHLON CLUB	04:45:37	127	00:30:57	00:01:53	02:32:22	00:01:27	00:48:00	01:38:55
535	James	Mclaughlin	Male	Finished	40-44	TEAM CHERWELL	04:45:38	128	00:32:53	00:01:45	02:30:05	00:02:20	00:47:51	01:38:31
336	Mark	Brooks	Male	Finished	35-39	TRI SPORT EPPING	04:45:48	129	00:30:07	00:01:51	02:20:19	00:00:49	00:53:57	01:52:39
96	Tim	Pigott	Male	Finished	30-34	RYTON TRIATHLON CLUB / TEAM HECTOR	04:45:53	130	00:35:45	00:01:40	02:29:50	00:01:09	00:47:07	01:37:25
699	Jonathan	Sheehan	Male	Finished	45-49	NONE	04:46:18	131	00:37:34	00:03:28	02:28:26	00:01:57	00:45:12	01:34:50
710	Mark-steven	Rogers	Male	Finished	45-49	MET POLICE TRI	04:46:21	132	00:33:43	00:02:36	02:23:32	00:02:04	00:51:19	01:44:25
376	Kyle	Campbell	Male	Finished	35-39	LINCOLN TRI	04:46:26	133	00:31:10	00:01:26	02:24:33	00:01:18	00:48:01	01:45:56
139	Richard	Outhwaite	Male	Finished	30-34		04:46:41	134	00:36:45	00:02:19	02:29:19	00:01:12	00:48:03	01:37:03
183	Neil	Reid	Male	Finished	30-34	ARMY TRI	04:46:49	135	00:36:04	00:01:52	02:25:43	00:01:14	00:50:57	01:41:54
579	Chris	Wayman	Male	Finished	40-44	DEAL TRI	04:46:54	136	00:32:49	00:02:22	02:29:56	00:01:50	00:48:52	01:39:55
367	Matthew	Hobbs	Male	Finished	35-39	KINGFISHER TRI	04:47:10	137	00:32:59	00:02:34	02:22:18	00:01:21	00:51:13	01:45:57
77	Stuart	Lawrence	Male	Finished	25-29	BRAT	04:47:16	138	00:31:31	00:02:10	02:26:39	00:01:15	00:50:39	01:45:38
457	Paddy	Allaway	Male	Finished	40-44	BRAT CLUB	04:47:17	139	00:45:05	00:03:01	02:25:10	00:01:30	00:45:19	01:32:29
122	David	Jackson	Male	Finished	30-34		04:47:26	140	00:34:25	00:02:11	02:37:15	00:01:28	00:44:46	01:32:04

262	Greg	Hagger	Male	Finished	35-39	RC TRI CLUB	04:47:29	141	00:36:06	00:02:36	02:27:39	00:01:40	00:47:54	01:39:25
30	Andrew	Blake	Male	Finished	25-29		04:47:34	142	00:35:35	00:02:05	02:31:15	00:00:51	00:49:36	01:37:45
84	Jonathan	Gale	Male	Finished	30-34		04:47:38	143	00:32:57	00:01:26	02:22:37	00:01:01	00:49:50	01:49:34
337	Andrew	Sole	Male	Finished	35-39	CAMBRIDGE	04:47:52	144	00:30:13	00:01:19	02:27:33	00:01:20	00:50:55	01:45:24
302	Alan	Wheeler	Male	Finished	35-39	YELLOWVELO	04:48:13	145	00:40:18	00:02:24	02:29:39	00:00:52	00:45:29	01:34:59
616	Mark	Richardson	Male	Finished	40-44	FARNHAM TRI	04:48:16	146	00:35:15	00:02:48	02:22:00	00:01:39	00:51:39	01:46:31
800	Alistair	Abbott	Male	Finished	50-54	STIRLING TRI CLUB	04:48:25	147	00:34:30	00:03:00	02:28:36	00:01:40	00:48:56	01:40:35
552	Andrew	Veitch	Male	Finished	40-44	LINCSQUAD	04:48:37	148	00:43:49	00:02:23	02:22:09	00:01:11	00:45:57	01:39:02
12	Robin	Newbold	Male	Finished	20-24		04:48:41	149	00:34:22	00:02:07	02:23:33	00:01:01	00:52:13	01:47:36
232	Rob	Selby	Male	Finished	30-34	ARMY	04:48:50	150	00:32:17	00:01:29	02:34:31	00:02:16	00:47:38	01:38:14
189	Nick	Austin	Male	Finished	30-34	SOUTHAMPTON TRI CLUB	04:49:00	151	00:36:46	00:02:37	02:26:46	00:00:55	00:48:32	01:41:53
550	Quentin	Jones	Male	Finished	40-44	CLAPHAM CHASERS	04:49:00	152	00:35:46	00:03:09	02:28:09	00:01:26	00:48:22	01:40:28
202	Kevin	Harding	Male	Finished	30-34		04:49:01	153	00:35:42	00:02:05	02:24:52	00:00:53	00:50:08	01:45:27
499	Stephen	Whitlington	Male	Finished	40-44	RUGBY TRI CLUB	04:49:04	154	00:40:53	00:03:16	02:32:49	00:01:49	00:42:01	01:30:14
315	Thomas	Cunliffe	Male	Finished	35-39	THAMES TURBO	04:49:15	155	00:32:15	00:01:37	02:21:18	00:00:58	00:51:57	01:53:04
328	Mark	McLeavery	Male	Finished	35-39	MET TRI CLUB	04:49:27	156	00:41:55	00:02:19	02:29:42	00:01:06	00:46:15	01:34:23
507	Phillip	Jenkins	Male	Finished	40-44	TEAM MILTON KEYNES	04:49:33	157	00:27:27	00:01:35	02:20:23	00:02:55	00:54:41	01:57:12
64	Luke	Carey	Male	Finished	25-29	FUL-ON TRI	04:49:41	158	00:36:28	00:02:56	02:27:43	00:02:02	00:50:40	01:40:30
864	Samantha	Hayward	Female	Finished	30-34	BADTRI	04:49:51	159	00:35:02	00:02:03	02:36:04	00:01:24	00:47:12	01:35:15
503	Nick	Raine-fenning	Male	Finished	40-44	TFN	04:49:58	160	00:33:22	00:01:55	02:27:36	00:01:26	00:50:08	01:45:38
478	Nicholas	Toolan	Male	Finished	40-44		04:50:14	161	00:33:54	00:02:32	02:32:24	00:01:45	00:47:22	01:39:36
549	Adrian	Pugh	Male	Finished	40-44	OXFORD TRI	04:50:14	162	00:35:27	00:01:20	02:36:38	00:01:47	00:46:28	01:34:59
736	David	Ardley	Male	Finished	45-49	SOUTHAMPTON TRIATHLON CLUB	04:50:18	163	00:30:45	00:01:56	02:20:44	00:01:32	00:52:07	01:55:19
659	Graham	Starmer	Male	Finished	45-49	TEAM SYNERGIE COACHING	04:50:33	164	00:32:23	00:01:56	02:24:47	00:00:57	00:50:01	01:48:27
787	Graham	Denny	Male	Finished	50-54	TRI TEAM GLOUCESTER	04:50:35	165	00:37:00	00:02:34	02:25:50	00:02:15	00:48:29	01:42:53
781	Paul	Davenport	Male	Finished	50-54		04:50:53	166	00:37:27	00:03:47	02:33:05	00:01:49	00:46:03	01:34:42
346	Thomas	Curtis	Male	Finished	35-39		04:51:15	167	00:31:34	00:02:27	02:34:58	00:01:19	00:48:19	01:40:55
255	Richard	Hollis	Male	Finished	35-39	LEICESTER TRI	04:51:21	168	00:38:22	00:01:52	02:31:27	00:01:27	00:48:03	01:38:10
694	Doug	Gurr	Male	Finished	45-49	CALDERDALE TRI CLUB	04:51:22	169	00:42:01	00:02:48	02:31:19	00:01:37	00:44:49	01:33:35
765	Mark	Avil	Male	Finished	50-54	BOXFIT	04:51:52	170	00:36:39	00:03:34	02:26:24	00:01:49	00:48:08	01:43:24
277	Marc	Preece	Male	Finished	35-39	RAF TRI	04:51:54	171	00:34:50	00:03:20	02:27:18	00:01:24	00:50:17	01:45:00
562	Paul	Waters	Male	Finished	40-44	EVOLUTION TRIATHLON	04:51:56	172	00:35:02	00:02:39	02:31:06	00:01:32	00:49:24	01:41:34
763	Geoff	Cooper	Male	Finished	45-49	BEDFORD HARRIERS AC	04:51:57	173	00:32:29	00:02:07	02:28:08	00:01:24	00:52:29	01:47:46
35	Andrew	Downey	Male	Finished	25-29	FUL-ON-TRI	04:52:19	174	00:34:06	00:02:16	02:34:10	00:01:18	00:49:24	01:40:25
792	Terry	Bates	Male	Finished	50-54	ROYAL NAVY	04:52:34	175	00:35:11	00:02:12	02:32:11	00:01:48	00:48:46	01:41:10
159	Richard	Bruce	Male	Finished	30-34	TRITALK	04:52:39	176	00:31:06	00:02:17	02:40:42	00:01:43	00:48:31	01:36:49

729	Alistair	Rudd	Male	Finished	45-49	SPALDING TRI	04:52:45	177	00:34:20	00:03:01	02:29:13	00:01:39	00:50:39	01:44:30
601	Chris	Tye	Male	Finished	40-44	IPSWICH TRI CLUB	04:52:47	178	00:39:35	00:03:20	02:35:15	00:01:23	00:46:14	01:33:12
863	Tamsyn	Clark	Female	Finished	30-34	TRI FORCE	04:53:08	179	00:30:19	00:02:06	02:37:57	00:01:32	00:48:08	01:41:12
49	Ellis	Dudley	Male	Finished	25-29		04:53:26	180	00:29:55	00:02:07	02:27:46	00:01:54	00:53:59	01:51:42
219	Adam	Harries	Male	Finished	30-34	DERBY TRI CLUB	04:53:35	181	00:37:16	00:03:25	02:28:46	00:03:05	00:49:59	01:41:00
808	Roland	Shaw	Male	Finished	50-54	TRI- ANGLIA TRIATHLON CLUB	04:53:36	182	00:37:20	00:01:51	02:31:00	00:01:50	00:48:58	01:41:31
608	Andrew	Tompson	Male	Finished	40-44	NORTHANTS TRI	04:53:40	183	00:33:25	00:03:10	02:41:13	00:01:27	00:47:25	01:34:24
113	Douglas	Woollett	Male	Finished	30-34	OXFORD TRI	04:53:42	184	00:35:03	00:02:58	02:38:18	00:01:24	00:47:17	01:35:56
818	Tony	Johnson	Male	Finished	55-59	RUGBY TRIATHLON CLUB	04:53:44	185	00:36:14	00:02:13	02:31:29	00:01:40	00:49:14	01:42:06
556	Rob	Mcritchie	Male	Finished	40-44	PSOF	04:53:50	186	00:39:48	00:02:33	02:31:25	00:02:42	00:47:49	01:37:19
181	Dale	Antcliff	Male	Finished	30-34	WAKEFIELD TRI CLUB	04:53:57	187	00:35:02	00:02:41	02:42:56	00:01:29	00:45:28	01:31:46
133	David	Perry	Male	Finished	30-34	BRAT CLUB	04:54:00	188	00:34:55	00:03:23	02:27:38	00:01:04	00:49:52	01:46:56
755	Christian	Woodford	Male	Finished	45-49	STIRLING TRI	04:54:04	189	00:31:34	00:02:31	02:32:02	00:02:20	00:51:22	01:45:34
798	Tim	Heaysman	Male	Finished	50-54	TRI TEAM GLOS	04:54:11	190	00:38:55	00:03:46	02:23:23	00:01:25	00:50:37	01:46:39
142	Andrew	Sharp	Male	Finished	30-34	HILLINGDON TRIATHLETES	04:54:14	191	00:33:39	00:01:49	02:34:45	00:01:01	00:50:14	01:42:58
152	Chris	Shooter	Male	Finished	30-34	MANSFIELD TRI	04:54:16	192	00:34:49	00:01:27	02:37:44	00:01:11	00:49:17	01:39:03
591	Keith	Harvey	Male	Finished	40-44		04:54:21	193	00:33:31	00:02:14	02:23:10	00:02:50	00:56:04	01:52:33
135	Simon	Daniel	Male	Finished	30-34	FVL OR TRI	04:54:36	194	00:42:46	00:03:31	02:29:23	00:01:28	00:48:43	01:37:24
436	Mark	Beighton	Male	Finished	40-44		04:54:39	195	00:37:53	00:02:32	02:33:33	00:01:21	00:45:49	01:39:17
78	Chris	Bennett	Male	Finished	25-29	ABSOLUTE TRIATHLON	04:54:42	196	00:36:29	00:01:53	02:31:55	00:01:03	00:49:13	01:43:19
295	Michael	Stockton	Male	Finished	35-39		04:54:42	197	00:34:40	00:02:05	02:43:52	00:00:50	00:45:38	01:33:14
623	Matt	Dye	Male	Finished	40-44	IPSWICH TRI	04:54:43	198	00:33:28	00:03:08	02:32:16	00:01:46	00:50:44	01:44:02
588	Phil	Scott	Male	Finished	40-44	RUGBY TRIATHLON	04:54:44	199	00:33:27	00:02:01	02:26:51	00:03:12	00:52:48	01:49:10
265	John	Dyer	Male	Finished	35-39	TFN TRI CLUB	04:54:51	200	00:27:27	00:01:38	02:35:40	00:01:29	00:51:48	01:48:34
343	Richard	Swallow	Male	Finished	35-39	RAF TRIATHLON	04:54:58	201	00:33:38	00:01:40	02:38:23	00:01:16	00:48:19	01:39:59
445	Rob	Shipman	Male	Finished	40-44	RUTLAND VELO	04:55:25	202	00:36:39	00:03:25	02:31:27	00:01:45	00:49:08	01:42:05
702	Colin	Todd	Male	Finished	45-49	THAMES TURBO	04:55:48	203	00:39:16	00:03:24	02:26:49	00:01:16	00:50:55	01:45:01
109	Daniel	Tracey	Male	Finished	30-34	TEAM RELENTLESS	04:55:58	204	00:33:27	00:03:01	02:28:14	00:01:18	00:49:56	01:49:55
186	Deon	Scheppel	Male	Finished	30-34	THAMES TURBO	04:56:03	205	00:35:32	00:02:48	02:31:53	00:01:27	00:49:46	01:44:20
216	Paul	Webb	Male	Finished	30-34	NORTHAMPTON TRI	04:56:21	206	00:36:53	00:03:26	02:38:53	00:01:25	00:46:15	01:35:41
106	Tom	Kirk	Male	Finished	30-34	NORTHANTS TRI	04:56:32	207	00:39:38	00:01:39	02:37:58	00:01:00	00:46:37	01:36:14
165	Marvin	Ryan	Male	Finished	30-34	HUNCOTE HARRIERS	04:56:39	208	00:42:08	00:02:09	02:33:50	00:01:03	00:46:46	01:37:27
530	Duncan	McNutt	Male	Finished	40-44	SPORTSTEST.CO.UK	04:56:48	209	00:29:48	00:03:20	02:31:18	00:01:46	00:49:18	01:50:33
982	Heather	Rees	Female	Finished	45-49	TEAM ECHELON	04:56:52	210	00:31:07	00:03:39	02:33:32	00:01:33	00:51:51	01:46:58
742	Mark	Fowell	Male	Finished	45-49		04:57:13	211	00:40:55	00:02:43	02:37:31	00:02:05	00:45:36	01:33:57
75	Daniel	Lynch	Male	Finished	25-29	STRATFORD ATHLETIC CLUB	04:57:14	212	00:38:30	00:02:35	02:39:14	00:00:55	00:46:17	01:35:58

560	Andrew	Gurney	Male	Finished	40-44	SPALDING CYCLING CLUB	04:57:25	213	00:38:09	00:02:20	02:28:50	00:01:52	00:50:03	01:46:11
306	Mark	Jackson	Male	Finished	35-39		04:57:32	214	00:39:19	00:03:26	02:30:12	00:03:16	00:49:45	01:41:16
730	Carl	Bibby	Male	Finished	45-49	WARRINGTON TRI	04:57:38	215	00:32:25	00:02:57	02:30:58	00:02:54	00:45:12	01:48:21
471	David	Hinsley	Male	Finished	40-44	ARMY	04:57:41	216	00:38:06	00:01:36	02:31:48	00:01:13	00:47:56	01:44:55
39	Pete	Thomas	Male	Finished	25-29		04:57:44	217	00:35:43	00:02:10	02:39:32	00:01:52	00:46:36	01:38:25
116	Leigh	Holland	Male	Finished	30-34	CHESTER TRI	04:57:49	218	00:33:33	00:02:21	02:25:16	00:02:19	00:54:25	01:54:19
885	Sophie	Gaskell	Female	Finished	30-34	SERPENTINE	04:57:51	219	00:30:29	00:02:46	02:45:36	00:02:27	00:47:04	01:36:31
22	Adam	Swan	Male	Finished	25-29		04:57:55	220	00:31:19	00:01:57	02:42:06	00:01:23	00:49:11	01:41:08
319	Jonathan	Mayne	Male	Finished	35-39	THAMES TURBO	04:58:02	221	00:34:09	00:02:15	02:42:05	00:01:10	00:48:24	01:38:20
86	Luke	Baker	Male	Finished	30-34	OXFORD TRI	04:58:08	222	00:37:47	00:02:22	02:40:10	00:02:12	00:45:44	01:35:35
929	Emma	Rand	Female	Finished	35-39	PSOF	04:58:08	223	00:36:52	00:02:41	02:32:11	00:01:55	00:51:29	01:44:26
390	Stephen	Brooks	Male	Finished	35-39	ARMY TRIATHLON ASSOCIATION	04:58:11	224	00:34:03	00:01:23	02:42:30	00:01:09	00:46:17	01:39:04
38	Matthew	Wells	Male	Finished	25-29	BAD TRI	04:58:14	225	00:36:13	00:01:23	02:29:25	00:01:27	00:53:38	01:49:43
91	Thomas	Perry	Male	Finished	30-34	MET POLICE TRI CLUB	04:58:16	226	00:42:39	00:03:24	02:34:23	00:01:46	00:47:16	01:36:02
828	Mhairi	Muir	Female	Finished	25-29	ROYAL NAVY	04:58:25	227	00:32:29	00:02:04	02:39:11	00:01:11	00:49:22	01:43:27
491	Thomas	Bennett	Male	Finished	40-44	BRAT	04:58:33	228	00:35:12	00:03:10	02:35:38	00:02:56	00:47:53	01:41:34
910	Sally	Hughes	Female	Finished	35-39	MANSFIELD TRI	04:58:33	229	00:35:57	00:02:40	02:41:58	00:02:05	00:46:45	01:35:50
416	Lance	Bradley	Male	Finished	35-39		04:58:34	230	00:41:18	00:02:14	02:35:54	00:01:17	00:47:15	01:37:48
505	Rob	Knell	Male	Finished	40-44	THAMES TURBO	04:58:34	231	00:41:18	00:03:33	02:38:42	00:02:04	00:45:35	01:32:54
474	Lloyd	McInally	Male	Finished	40-44	RUBY TRI	04:58:43	232	00:37:31	00:03:40	02:31:50	00:01:29	00:51:27	01:44:10
643	Euan	Walsh	Male	Finished	40-44		04:58:53	233	00:34:57	00:01:40	02:28:48	00:02:01	00:49:43	01:51:23
340	Bruce	Rendall	Male	Finished	35-39		04:59:00	234	00:31:10	00:02:10	02:41:45	00:01:27	00:49:11	01:42:26
889	Sophia	Rees	Female	Finished	30-34		04:59:06	235	00:31:14	00:01:47	02:36:25	00:02:12	00:51:50	01:47:26
400	Matthew	Prier	Male	Finished	35-39	DUNMOW TRI CLUB	04:59:09	236	00:38:34	00:02:46	02:32:05	00:01:54	00:52:28	01:43:48
307	Nicholas	Martin	Male	Finished	35-39	CLAPHAM CHASERS	04:59:10	237	00:41:45	00:03:14	02:45:23	00:01:51	00:43:10	01:26:54
575	Russell	Rowland	Male	Finished	40-44		04:59:21	238	00:35:20	00:02:50	02:36:01	00:01:26	00:51:13	01:43:42
195	Nino	Baglione	Male	Finished	30-34		04:59:31	239	00:36:25	00:02:18	02:42:12	00:00:53	00:47:32	01:37:41
953	Sally	Baker	Female	Finished	40-44	RUGBY TRI CLUB	04:59:52	240	00:38:48	00:03:15	02:46:10	00:01:54	00:44:01	01:29:41
3	Keith	Foley	Male	Finished	Team		05:00:12	241	00:45:03	00:01:11	02:40:01	00:00:45	00:46:19	01:33:09
900	Melanie	Avery	Female	Finished	35-39	KINGFISHER TRIATHLETES	05:00:15	242	00:33:57	00:04:50	02:39:28	00:04:42	00:47:18	01:37:16
662	Giles	Cooper	Male	Finished	45-49	PACTRAC	05:00:16	243	00:37:15	00:02:19	02:34:34	00:01:32	00:51:39	01:44:34
374	Tom	Conlon	Male	Finished	35-39	PREDATOR	05:00:18	244	00:39:30	00:01:38	02:38:47	00:01:04	00:49:41	01:39:15
143	Julian	Mcgowan	Male	Finished	30-34		05:00:30	245	00:42:38	00:03:34	02:41:56	00:02:03	00:45:38	01:30:16
372	Ellis	Bright	Male	Finished	35-39		05:00:32	246	00:35:56	00:01:51	02:41:44	00:01:46	00:48:20	01:39:13
459	Dan	Pilling	Male	Finished	40-44		05:00:34	247	00:33:36	00:03:05	02:38:07	00:01:24	00:51:13	01:44:20
465	John	Golding	Male	Finished	40-44	LEICESTER TC	05:00:39	248	00:37:57	00:04:26	02:37:38	00:01:39	00:48:38	01:38:56

705	Ray	Brunsborg	Male	Finished	45-49	TRILONDON	05:00:44	249	00:31:37	00:02:24	02:37:59	00:03:07	00:49:11	01:45:34
788	Adam	Burke	Male	Finished	50-54	THAMES TURBO	05:00:45	250	00:35:44	00:03:27	02:39:29	00:01:54	00:50:24	01:40:09
421	Pete	Binks	Male	Finished	35-39	STORTFORD TRI	05:00:53	251	00:36:30	00:01:36	02:33:54	00:01:17	00:50:38	01:47:34
625	Tim	Pennell	Male	Finished	40-44		05:01:22	252	00:43:01	00:04:13	02:26:43	00:02:10	00:50:21	01:45:13
339	Richard	Kimberley	Male	Finished	35-39	MANSFIELD TRI CLUB	05:01:25	253	00:37:28	00:02:02	02:30:00	00:01:48	00:52:17	01:50:05
714	Roger	Roy	Male	Finished	45-49	7 OAKS TRI CLUB	05:01:31	254	00:42:00	00:05:32	02:27:21	00:02:07	00:50:43	01:44:29
727	Tim	Ansell	Male	Finished	45-49	E131929	05:01:34	255	00:38:35	00:02:47	02:27:05	00:01:48	00:54:38	01:51:16
674	Nick	Kay	Male	Finished	45-49	EAST GRINSTEAD TRI CLUB	05:01:38	256	00:32:24	00:02:44	02:36:57	00:01:16	00:50:58	01:48:14
172	Ross	McLeod	Male	Finished	30-34	ARMY	05:01:41	257	00:16:42	00:21:42	02:44:45	00:02:16	00:46:07	01:36:14
160	Dave	Parry	Male	Finished	30-34	TFN	05:01:53	258	00:32:51	00:02:46	02:29:55	00:03:55	00:53:52	01:52:22
326	Martin	Hollywood	Male	Finished	35-39	THAMES TURBO	05:01:56	259	00:48:09	00:02:45	02:34:25	00:00:53	00:47:07	01:35:41
97	James	Taylor	Male	Finished	30-34	ROYAL NAVY	05:02:14	260	00:34:36	00:01:58	02:50:24	00:01:03	00:46:29	01:34:11
200	Rob	Minton	Male	Finished	30-34	STRATFORD AC	05:02:20	261	00:40:37	00:02:39	02:46:35	00:01:47	00:41:23	01:30:39
581	Richard	Hanley	Male	Finished	40-44	HADLEIGH HARES	05:02:25	262	00:33:37	00:03:05	02:29:44	00:02:55	00:54:56	01:53:01
682	James	Everson-crane	Male	Finished	45-49	CHARWOOD TRIATHLON CLUB	05:02:28	263	00:36:06	00:03:03	02:38:09	00:01:43	00:50:17	01:43:24
538	Paul	Wakefield	Male	Finished	40-44	CHELTENHAM TRIATHLON CLUB	05:02:41	264	00:33:28	00:01:57	02:26:29	00:01:41	00:48:13	01:59:03
786	Phil	Gatley	Male	Finished	50-54	RUGBY TRI	05:02:41	265	00:36:02	00:02:17	02:32:33	00:01:28	00:54:16	01:50:17
735	Howard	Davis	Male	Finished	45-49	TRI-FORCE	05:02:48	266	00:36:00	00:04:14	02:30:41	00:02:08	00:53:47	01:49:42
197	Ross	Jeggo	Male	Finished	30-34	LEICESTER TRIATHLON CLUB	05:02:50	267	00:36:28	00:01:26	02:36:35	00:00:41	00:50:14	01:45:37
31	Andrew	Cornthwaite	Male	Finished	25-29	RAF TRI	05:03:07	268	00:37:12	00:01:41	02:43:40	00:00:46	00:48:06	01:39:46
250	Peter	Hibberd	Male	Finished	35-39		05:03:28	269	00:34:34	00:03:05	02:41:55	00:01:59	00:50:20	01:41:52
388	Stuart	Jones	Male	Finished	35-39		05:03:28	270	00:36:33	00:02:49	02:31:34	00:01:45	00:51:59	01:50:45
641	Jonathan	Waring	Male	Finished	40-44		05:03:34	271	00:34:59	00:03:27	02:37:51	00:04:19	00:50:32	01:42:55
686	Andrew	Ormesher	Male	Finished	45-49		05:03:34	272	00:35:35	00:03:55	02:38:25	00:02:33	00:51:18	01:43:04
718	Andy	Griffin	Male	Finished	45-49	BEDFORD TRAKTORS	05:03:36	273	00:38:53	00:02:35	02:36:01	00:01:16	00:50:45	01:44:48
722	Lawrence	Shafier	Male	Finished	45-49	EAST LONDON TRIATHLETES	05:03:39	274	00:34:56	00:02:21	02:45:02	00:02:16	00:43:22	01:39:01
713	Andy	Williams	Male	Finished	45-49		05:03:48	275	00:31:05	00:02:44	02:40:50	00:04:21	00:49:23	01:44:45
752	Mike	Turner	Male	Finished	45-49		05:03:57	276	00:40:48	00:03:12	02:37:02	00:01:48	00:48:21	01:41:04
4	Martine	Nield	Male	Finished	Team	GREENWICH TRITONS	05:04:01	277	00:35:26	00:00:54	02:52:03	00:00:50	00:46:06	01:34:47
571	Sean	Bott	Male	Finished	40-44	TEAM CHERWELL	05:04:14	278	00:38:12	00:02:56	02:38:24	00:01:38	00:49:22	01:43:01
269	Simon	Carter	Male	Finished	35-39	GREENWICH TRITONS	05:04:19	279	00:36:10	00:02:50	02:34:47	00:01:17	00:51:56	01:49:13
999	Adrian	Fernandes	Male	Finished	30-34		05:04:33	280	00:44:13	00:04:46	02:33:20	00:04:50	00:47:23	01:37:21
431	Andy	Batkin	Male	Finished	35-39		05:04:35	281	00:36:53	00:02:58	02:31:23	00:01:52	00:51:51	01:51:27
784	Andrew	Cox	Male	Finished	50-54		05:04:43	282	00:37:27	00:04:45	02:39:01	00:01:37	00:48:24	01:41:50
370	David	Purchase	Male	Finished	35-39		05:04:54	283	00:39:34	00:03:26	02:45:43	00:00:54	00:46:30	01:35:14
639	Mark-steven	Howe	Male	Finished	40-44	WORCESTER TRI CLUB	05:04:59	284	00:38:36	00:03:08	02:34:11	00:02:14	00:52:23	01:46:48

65	Adam	Poole	Male	Finished	25-29		05:05:00	285	00:35:24	00:02:00	02:37:59	00:01:29	00:50:54	01:48:04
288	Andrew	Rich	Male	Finished	35-39	KINGSWOOD TRI CLUB	05:05:00	286	00:34:13	00:03:05	02:42:32	00:01:20	00:51:22	01:43:47
842	Emma	Cranfield	Female	Finished	25-29	PACTRAC	05:05:02	287	00:30:59	00:01:55	02:43:46	00:01:27	00:51:37	01:46:52
595	David	Dulake	Male	Finished	40-44	HADLEIGH HARES	05:05:04	288	00:34:57	00:03:03	02:33:46	00:02:14	00:52:35	01:51:01
687	Darren	Bunker	Male	Finished	45-49	SHEFFIELD TRI	05:05:05	289	00:44:36	00:02:20	02:30:55	00:01:23	00:51:22	01:45:48
167	Paul	Holmes	Male	Finished	30-34	BEDFORD HARRIERS AC	05:05:14	290	00:44:45	00:03:01	02:31:22	00:01:25	00:50:59	01:44:38
134	Stephen	Hale	Male	Finished	30-34		05:05:17	291	00:32:20	00:02:17	02:38:57	00:01:17	00:51:58	01:50:23
669	Karol	Mamos	Male	Finished	45-49	LEICESTER TRI	05:05:19	292	00:41:34	00:02:12	02:41:30	00:01:42	00:47:12	01:38:19
231	Pete	Ganderton	Male	Finished	30-34		05:05:21	293	00:41:59	00:01:56	02:23:23	00:01:36	00:53:41	01:56:24
706	Roger	May	Male	Finished	45-49		05:05:22	294	00:32:25	00:03:22	02:42:05	00:02:36	00:49:24	01:44:51
872	Elizabeth	Whiting	Female	Finished	30-34	SERPENTINE	05:05:22	295	00:35:23	00:03:12	02:44:52	00:02:26	00:48:42	01:39:27
450	Paul	Jagger	Male	Finished	40-44	CLAPHAM CHASERS	05:05:34	296	00:40:18	00:03:00	02:34:05			
970	Gill	Fullen	Female	Finished	45-49	BEDFORD TRAKTORS	05:05:41	297	00:34:14	00:01:47	02:57:36	00:01:37	00:45:15	01:30:24
67	Martin	Threakall	Male	Finished	25-29		05:05:45	298						
766	Jonathan	Collins	Male	Finished	50-54	ABSOLUTE TRIATHLON CLUB	05:05:52	299	00:35:53	00:03:15	02:38:58	00:01:33	00:55:40	01:46:11
164	Daniel	Higginson	Male	Finished	30-34		05:06:08	300	00:38:02	00:02:28	02:32:19	00:01:35	00:54:34	01:51:41
776	Paul	Haxell	Male	Finished	50-54	BORN 2 TRI	05:06:18	301	00:43:24	00:02:54	02:29:25	00:01:58	00:52:21	01:48:34
543	Phil	Binch	Male	Finished	40-44	LINCSQUAD	05:06:21	302	00:33:38	00:02:24	02:37:10	00:01:54	00:54:01	01:51:12
582	Anton	Newell	Male	Finished	40-44	MANSFIELD TRI CLUB	05:06:22	303	00:34:55	00:02:25	02:32:15	00:01:28	00:51:25	01:55:15
385	Mark	Bowditch	Male	Finished	35-39		05:06:49	304	00:41:18	00:02:44	02:37:22	00:01:24	00:50:08	01:43:59
175	Toby	Stanbrook	Male	Finished	30-34		05:07:03	305	00:33:04	00:02:37	02:30:27	00:03:15	00:54:33	01:57:37
815	Mike	Lake	Male	Finished	55-59	BARRACUDA TRI	05:07:11	306	00:32:21	00:02:21	02:40:23	00:01:46	00:53:35	01:50:17
98	Gavin	Dowsett	Male	Finished	30-34	LINCOLN TRI	05:07:12	307	00:38:43	00:02:21	02:40:20	00:01:04	00:50:50	01:44:41
380	Davd	Hamill	Male	Finished	35-39	MET POLICE TRI	05:07:22	308	00:39:08	00:03:41	02:36:46	00:02:03	00:52:34	01:45:41
566	Clive	Quantrill	Male	Finished	40-44	IPSWICH TRIATHLON CLUB	05:07:26	309	00:39:39	00:02:42	02:37:40	00:01:38	00:52:56	01:45:44
286	Daniel	Powell	Male	Finished	35-39	CLAPHAM CHASERS	05:07:33	310	00:41:29	00:03:18	02:36:40	00:01:53	00:48:36	01:44:09
425	Steven	Kenny	Male	Finished	35-39		05:07:36	311	00:44:35	00:02:14	02:37:41	00:01:14	00:50:49	01:41:49
18	Matti	Hallanoro	Male	Finished	20-24		05:07:37	312	00:39:40	00:03:14	02:37:16	00:01:29	00:48:59	01:45:55
276	Richard	Hemmings	Male	Finished	35-39		05:07:43	313	00:44:16	00:02:30	02:38:06	00:01:18	00:49:11	01:41:30
519	James	Bachelor	Male	Finished	40-44		05:07:48	314	00:33:15	00:02:46	02:37:36	00:01:31	00:54:07	01:52:38
424	Matt	Hinton	Male	Finished	35-39	WALDEN TRI	05:07:53	315	00:35:58	00:03:30	02:39:01	00:02:09	00:51:08	01:47:12
655	Doug	Grimwade	Male	Finished	45-49	HADLEIGH HARES	05:07:53	316	00:36:17	00:02:33	02:34:39	00:02:09	00:51:33	01:52:13
137	Paul	Harries	Male	Finished	30-34		05:07:54	317	00:44:33	00:02:44	02:42:30	00:05:32	00:44:27	01:32:33
541	Rab	Wallace	Male	Finished	40-44	ARMY / IPSWICH TRI CLUB	05:08:03	318	00:38:42	00:01:48	02:37:36	00:01:28	00:51:43	01:48:26
802	John	Taylor	Male	Finished	50-54	THAMES TURBO TRIATHLON CLUB	05:08:07	319	00:39:21	00:02:20	02:36:19	00:01:51	00:52:09	01:48:14
485	Gregor	Love	Male	Finished	40-44	GLASGOW TRI	05:08:11	320	00:40:47	00:03:16	02:41:01	00:01:12	00:49:30	01:41:53

860	Jenny	Julian	Female	Finished	30-34		05:08:21	321	00:31:31	00:02:29	02:42:37	00:03:10	00:53:05	01:48:30
734	Mark	Young	Male	Finished	45-49	MET POLICE TRI CLUB	05:08:25	322	00:40:51	00:03:37	02:32:17	00:02:39	00:54:08	01:48:58
29	Chris	Stuckey	Male	Finished	25-29		05:08:36	323	00:32:14	00:02:40	02:48:03	00:01:08	00:50:31	01:44:28
92	Peter	Wankowski	Male	Finished	30-34	RAF TRI	05:08:38	324	00:36:26	00:01:50	02:36:48	00:01:26	00:51:25	01:50:06
413	Guy	Scott	Male	Finished	35-39	THAMES TURBO TRI	05:08:51	325	00:35:32	00:02:19	02:41:11	00:01:11	00:51:35	01:48:35
350	Daniel	White	Male	Finished	35-39	WESSEX TRI	05:09:01	326	00:42:19	00:04:05	02:41:14	00:01:50	00:49:54	01:39:31
931	Jayne	Broomham	Female	Finished	35-39	MANSFIELD TRI	05:09:14	327	00:38:56	00:02:31	02:39:52	00:02:05	00:50:59	01:45:49
312	David	Noyes	Male	Finished	35-39	OXFORD TRI	05:09:16	328	00:32:36	00:02:16	02:44:51	00:02:14	00:52:45	01:47:16
280	Stuart	Gold	Male	Finished	35-39		05:09:24	329	00:34:57	00:04:07	02:40:18	00:02:12	00:51:45	01:47:48
794	Andrew	Whitaker	Male	Finished	50-54		05:09:33	330	00:39:44	00:03:00	02:36:02	00:02:36	00:51:52	01:48:09
922	Alison	Leavens	Female	Finished	35-39	CHESTER TRI	05:09:50	331	00:31:43	00:02:27	02:40:15	00:01:41	00:54:34	01:53:43
310	Simon	Moorhouse	Male	Finished	35-39		05:10:18	332	00:36:35	00:02:58	02:48:50	00:01:07	00:48:29	01:40:45
831	Rebecca	Tunstall	Female	Finished	25-29	THAMES TURBO TRI	05:10:26	333	00:32:51	00:03:25	02:48:57	00:03:07	00:49:17	01:42:04
8	Andrew	Mccoy	Male	Finished	14-19	LINCOLN TRI	05:10:27	334	00:37:09	00:02:04	02:35:07	00:00:39	00:53:35	01:55:25
622	Neil	Bromwich	Male	Finished	40-44	BADTRI	05:10:36	335	00:33:35	00:02:06	02:37:26	00:01:45	00:53:59	01:55:41
834	Amy-jo	Aldous-critchley	Female	Finished	25-29		05:10:38	336	00:37:13	00:03:06	02:40:58	00:01:47	00:50:29	01:47:31
41	Sam	Thompson	Male	Finished	25-29	RNRMTRI	05:10:39	337	00:39:24	00:02:53	02:34:18	00:01:06	00:53:16	01:52:55
334	Sean	Conway	Male	Finished	35-39	RUGBY TRI	05:10:52	338	00:35:03	00:01:58	02:40:08	00:01:14	00:55:12	01:52:27
72	Simon	Ramsden	Male	Finished	25-29	RAF TRI	05:11:01	339	00:36:57	00:02:00	02:47:54	00:01:49	00:50:25	01:42:17
56	Ben	Cope	Male	Finished	25-29	SERPENTINE	05:11:23	340	00:31:14	00:02:30	02:59:10	00:02:08	00:48:14	01:36:19
33	Mathew	Barrowcliffe	Male	Finished	25-29		05:11:31	341	00:34:20	00:02:07	02:50:57	00:01:08	00:50:04	01:42:56
862	Hannah	Oag	Female	Finished	30-34		05:11:37	342	00:40:30	00:04:20	03:13:27	00:04:51	01:08:04	01:08:26
488	Tim	Baggs	Male	Finished	40-44		05:11:41	343	00:39:13	00:03:02	02:35:27	00:01:35	00:53:09	01:52:22
647	Laurie	Abel	Male	Finished	45-49	TRI ANGLIA	05:11:47	344	00:42:20	00:03:14	02:40:20	00:01:40	00:52:08	01:44:10
217	Mark	Padley	Male	Finished	30-34	BARRACUDA TRI	05:11:48	345	00:35:43	00:01:56	02:36:54	00:01:15	00:55:00	01:55:57
609	Paul	Letchworth	Male	Finished	40-44	LINCOLN TRI CLUB	05:11:55	346	00:32:35	00:02:40	02:39:33	00:02:13	00:56:55	01:54:52
182	Johannes	Grobler	Male	Finished	30-34		05:12:24	347	00:33:06	00:04:23	02:43:23	00:02:17	00:49:26	01:49:12
665	Michael	Ankers	Male	Finished	45-49	BRAT	05:12:25	348	00:32:59	00:03:01	02:34:04	00:01:23	00:58:54	02:00:56
391	Rob	Aspden	Male	Finished	35-39		05:12:26	349	00:29:03	00:02:51	02:35:32	00:01:53	00:56:30	02:03:05
108	Daniel	Sinclair	Male	Finished	30-34		05:12:27	350	00:35:33	00:02:42	02:38:19	00:01:46	00:55:16	01:54:06
533	Les	Thompson	Male	Finished	40-44	GRIMSBY TRI	05:12:28	351	00:36:45	00:05:34	02:38:50	00:03:51	00:52:20	01:47:26
866	Katherine	Lueth	Female	Finished	30-34	THAMES TURBO TRIATHLON	05:12:38	352	00:34:12	00:02:51	02:42:10	00:03:09	00:55:12	01:50:13
584	Nick	Davies	Male	Finished	40-44	RAF TRIATHLON	05:12:44	353	00:45:04	00:02:28	02:37:34	00:01:49	00:57:03	01:45:47
246	Neil	Rodgers	Male	Finished	35-39		05:12:56	354	00:36:09	00:04:50	02:46:46	00:02:03	00:50:03	01:43:06
154	Rob	Winchester	Male	Finished	30-34	RAF TRI/LINCOLN TRI	05:13:10	355	00:42:02	00:02:32	02:40:46	00:01:06	00:48:30	01:46:41
203	Niccolo	Cominacini	Male	Finished	30-34		05:13:12	356	00:45:30	00:02:32	02:41:38	00:01:03	00:49:38	01:42:27

709	Steve	Rice	Male	Finished	45-49	BEDFORD HARRIERS	05:13:15	357	00:39:29	00:03:27	02:47:26	00:01:46	00:49:02	01:41:05
120	Alastair	Dickson	Male	Finished	30-34	PACTRAC	05:13:32	358	00:45:23	00:03:47	02:36:23	00:01:36	00:51:02	01:46:22
47	Douglas	Pearman	Male	Finished	25-29	CLAPHAM CHASERS	05:13:45	359	00:38:40	00:02:15	02:53:54	00:01:02	00:48:36	01:37:53
830	Lorna	Collins	Female	Finished	25-29	ARMY TRIATHLON ASSOCIATION	05:13:47	360	00:30:37	00:02:48	02:51:46	00:01:38	00:51:09	01:46:55
848	Charmaine	Sainsbury	Female	Finished	25-29	THAMES TURBO TRI	05:14:06	361	00:35:54	00:02:16	02:46:19	00:01:42	00:53:08	01:47:53
66	Nathan	Dunstan	Male	Finished	25-29	THAMES TURBO	05:14:11	362	00:38:53	00:03:33	02:34:57	00:01:11	00:56:47	01:55:34
725	Scott	Baker	Male	Finished	45-49	ABSOLUTE TRIATHLON CLUB	05:14:13	363	00:45:32	00:02:32	02:27:59	00:01:38	00:58:55	01:56:29
793	Bill	Haslam	Male	Finished	50-54		05:14:16	364	00:42:03	00:03:34	02:38:05	00:02:05	00:53:36	01:48:25
123	Andrew	Young	Male	Finished	30-34	MET POLICE TRI	05:14:23	365	00:43:00	00:03:19	02:46:00	00:02:25	00:48:15	01:39:36
707	Roberto	Jimenez	Male	Finished	45-49		05:14:34	366	00:39:30	00:03:57	02:40:57	00:02:46	00:50:25	01:47:22
213	Chris	Rigg	Male	Finished	30-34	WINDRUSH	05:14:53	367	00:35:31	00:03:03	02:42:52	00:01:17	00:52:01	01:52:07
634	Simon	Murray	Male	Finished	40-44	ABINGDON AND VALE TRIATHLON CLUB	05:14:57	368	00:32:18	00:03:00	02:36:30			
670	Martin	Arnold	Male	Finished	45-49	MPTC	05:15:18	369	00:39:33	00:03:29	02:39:50	00:02:21	00:52:29	01:50:01
240	Andy	Fairbrother	Male	Finished	35-39	TFN TRI CLUB	05:15:21	370	00:40:51	00:02:40	02:48:21	00:01:27	00:49:36	01:41:59
677	Alastair	Kerr	Male	Finished	45-49	MET POLICE TRI CLUB	05:15:40	371	00:40:11	00:02:46	02:45:49	00:01:37	00:50:35	01:45:14
531	Andrew	Smith	Male	Finished	40-44	DEAL TRI	05:15:42	372	00:40:00	00:03:15	02:41:34	00:01:56	00:50:54	01:48:54
785	Steve	Wyatt	Male	Finished	50-54	BIRCH VALE TRI	05:15:46	373	00:45:42	00:04:00	02:39:05	00:02:14	00:51:03	01:44:42
891	Chrissie	Waple	Female	Finished	30-34	BAD TRI	05:16:09	374	00:42:16	00:05:01	02:33:39	00:03:09	00:53:24	01:52:02
720	Mark	Evans	Male	Finished	45-49	7OAKS TRI CLUB	05:16:21	375	00:46:53	00:06:30	02:27:33	00:03:02	00:53:32	01:52:20
338	Duncan	Higgins	Male	Finished	35-39	THAMES TURBO	05:16:38	376	00:41:56	00:01:45	02:43:45	00:01:30	00:51:55	01:47:40
877	Emily	Taylor	Female	Finished	30-34	TRI FORCE	05:17:03	377	00:36:18	00:03:28	02:50:28	00:03:05	00:50:27	01:43:40
354	Jon	Staniforth	Male	Finished	35-39	SHEFFIELD TRIATHLON CLUB	05:17:09	378	00:38:40	00:02:36	02:39:38	00:01:56	00:52:30	01:54:16
50	Nicholas	Brown	Male	Finished	25-29	RNTA	05:17:16	379	00:45:41	00:02:33	02:44:11	00:01:39	00:45:53	01:43:11
193	Tim	Fielding	Male	Finished	30-34		05:17:42	380	00:35:08	00:02:46	02:48:45	00:01:56	00:51:38	01:49:04
529	David	Dawson	Male	Finished	40-44	WAKEFIELD TRI	05:17:44	381	00:45:48	00:03:26	02:41:16	00:02:21	00:48:42	01:44:50
692	Andrew	Bryant	Male	Finished	45-49	WALDEN TRI	05:17:57	382	00:42:32	00:02:47	02:43:50	00:01:47	00:52:38	01:46:58
712	Graham	Quick	Male	Finished	45-49	KINGFISHER TRI	05:18:11	383	00:35:50	00:03:47	02:50:27	00:03:34	00:51:27	01:44:30
847	Rachel	Pye	Female	Finished	25-29	CLAPHAM CHASERS	05:18:16	384	00:37:29	00:02:41	02:42:12	00:03:35	00:53:56	01:52:16
408	Joe	Richer	Male	Finished	35-39	NEWMARKET CYCLING & TRIATHLON CLUB	05:18:23	385	00:39:29	00:02:06	02:38:03	00:01:52	00:55:41	01:56:50
2	Alan	Findlay	Male	Finished	Team	STORTFORD TRI	05:18:33	386	00:39:46	00:01:04	02:52:23	00:00:49	00:49:19	01:44:28
653	Dominic	John	Male	Finished	45-49		05:18:43	387	00:37:27	00:04:27	02:47:58	00:01:50	00:51:46	01:46:59
856	Bethan	Gwynn	Female	Finished	30-34	BEAUTY & THE GEEKS	05:18:48	388	00:38:42	00:02:25	02:49:46	00:01:30	00:51:42	01:46:22
806	Jeff	Grimes	Male	Finished	50-54	THAMES TURBO	05:18:53	389	00:37:43	00:03:31	02:41:17	00:02:30	00:53:40	01:53:50
671	Daniel	Jones	Male	Finished	45-49		05:18:57	390	00:41:43	00:04:39	02:47:53	00:02:22	00:50:23	01:42:17

506	James	Leonard	Male	Finished	40-44	ARMY TRIATHLON ASSOCIATION/IPSWICH TRIATHLON CLUB	05:19:00	391	00:41:42	00:02:04	02:43:41	00:01:36	00:53:28	01:49:55
397	Ian	Anderson	Male	Finished	35-39		05:19:12	392	00:35:49	00:03:42	02:49:59	00:01:15	00:55:18	01:48:25
603	Simon	Lowe	Male	Finished	40-44	MANX TRI CLUB	05:19:13	393	00:46:22	00:03:08	02:43:46	00:02:11	00:50:15	01:43:43
439	Chris	Cornell	Male	Finished	40-44		05:19:35	394	00:39:13	00:02:31	02:45:57	00:01:50	00:51:02	01:50:02
464	Paul david	Simpson	Male	Finished	40-44		05:19:36	395	00:40:13	00:02:43	02:42:14	00:01:47	00:54:25	01:52:36
89	Dan	Conaway	Male	Finished	30-34	PSOF	05:19:40	396	00:41:40	00:02:01	02:48:08	00:01:54	00:51:27	01:45:55
449	David	Reed	Male	Finished	40-44	GRIMSBY TRI	05:19:48	397	00:43:18	00:03:28	02:44:06	00:01:34	00:50:27	01:47:20
876	Kellie	Marks	Female	Finished	30-34	GNARLY NUTTERS	05:20:08	398	00:37:23	00:03:18	02:41:13	00:02:31	00:56:57	01:55:41
576	Adrian	Bastow	Male	Finished	40-44	LEEDS BRADFORD TRIATHLON	05:20:12	399	00:33:45	00:02:12	02:45:27	00:01:13	00:53:26	01:57:33
961	Sandra	Greaves	Female	Finished	45-49	LEEDS & BRADFORD TRIATHLON CLUB	05:20:29	400	00:36:53	00:02:42	02:42:44	00:01:38	00:57:01	01:56:29
811	George	Williams	Male	Finished	50-54	ADWICK TRI CLUB	05:20:32	401	00:42:08	00:05:14	02:42:56	00:02:31	00:51:04	01:47:40
795	Steve	Yarnold	Male	Finished	50-54	CHELTENHAM TRI	05:20:45	402	00:42:43	00:03:10	02:42:25	00:03:05	00:52:45	01:49:19
34	Henrik	Persson	Male	Finished	25-29		05:20:52	403	00:41:22	00:03:51	02:39:32	00:02:34	00:55:08	01:51:30
320	Tom	Sweet	Male	Finished	35-39	RUGBY TRI	05:20:53	404	00:41:15	00:04:19	02:42:24	00:03:35	00:51:02	01:49:19
761	Michael	Turner	Male	Finished	45-49	SEVENOAKS TRI CLUB	05:20:53	405	00:42:37	00:03:34	02:54:21	00:01:58	00:47:30	01:38:21
868	Christina	Stephenson	Female	Finished	30-34		05:21:05	406	00:36:08	00:03:37	02:42:54	00:03:19	00:55:46	01:55:03
456	Anthony	Baldwin	Male	Finished	40-44	SERPENTINE	05:21:07	407	00:46:54	00:04:56	02:46:22	00:02:18	00:49:44	01:40:35
469	Peter	Lloyd	Male	Finished	40-44		05:21:20	408	00:35:51	00:04:06	02:46:55	00:02:17	00:54:56	01:52:07
157	Paul	Bartram	Male	Finished	30-34		05:21:25	409	00:46:48	00:03:07	02:44:08	00:01:53	00:51:50	01:45:26
917	Kerry	Mclean	Female	Finished	35-39	PAC-TRI	05:21:25	410	00:35:49	00:03:22	02:38:06	00:02:56	00:58:02	02:01:09
934	Siobhan	Bay	Female	Finished	40-44	EAST LONDON TRIATHLETES	05:21:25	411	00:39:28	00:03:30	02:46:23	00:01:49	00:52:56	01:50:12
292	Brian	Corcoran	Male	Finished	35-39		05:21:38	412	00:34:32	00:02:48	02:47:46	00:01:45	00:54:33	01:54:44
618	Paul	Gilbert	Male	Finished	40-44	ABSOLUTE TRIATHLON CLUB	05:21:48	413	00:35:09	00:02:45	02:42:00	00:02:09	00:55:02	01:59:42
883	Sally	Kirk	Female	Finished	30-34	DEFENCE ACADEMY	05:22:10	414	00:37:02	00:02:44	02:50:14	00:01:51	00:54:06	01:50:16
807	Dave	Ambler	Male	Finished	50-54		05:22:18	415	00:37:22	00:03:15	02:43:45	00:04:14	00:54:04	01:53:40
545	Chris h	Thompson	Male	Finished	40-44	GI TRI	05:22:36	416	00:40:16	00:03:21	02:44:37	00:01:36	00:53:16	01:52:43
648	Philip	Foster	Male	Finished	45-49	STAFFORD TRIATHLON CLUB	05:22:59	417	00:42:07	00:02:48	02:44:37	00:01:27	00:52:50	01:51:58
196	James	Horrige	Male	Finished	30-34		05:23:05	418	00:28:26	00:02:25	02:50:39	00:02:24	00:54:55	01:59:08
463	David	Ridding	Male	Finished	40-44		05:23:08	419	00:45:51	00:04:11	02:42:06	00:02:21	00:51:59	01:48:35
245	Craig	Ward	Male	Finished	35-39	WAKEFIELD TRI	05:23:28	420	00:42:54	00:03:03	02:43:44	00:01:49	00:56:56	01:51:55
227	Alastair	Robertson	Male	Finished	30-34		05:23:46	421	00:42:42	00:02:47	02:45:18	00:01:38	00:53:23	01:51:18
155	Darren	Roderick	Male	Finished	30-34	ATA	05:23:47	422	00:39:47	00:01:34	02:33:02	00:01:14	00:56:28	02:08:08
161	Toby	Heaver	Male	Finished	30-34	THAMES TURBO	05:24:04	423	00:42:57	00:03:17	02:42:34	00:05:24	00:52:02	01:49:49
363	Mark	Brammer	Male	Finished	35-39		05:24:04	424	00:42:40	00:02:13	02:48:41	00:01:07	00:53:52	01:49:21

873	Leila	Coulter	Female	Finished	30-34		05:24:08	425	00:40:38	00:02:37	02:56:25	00:02:16	00:49:15	01:42:11
318	Chris	Gibson	Male	Finished	35-39		05:24:09	426	00:39:13	00:02:43	02:48:03	00:02:06	00:52:14	01:52:00
969	Diane	Parperis	Female	Finished	45-49		05:24:28	427	00:40:02	00:02:58	02:46:27	00:01:35	00:54:04	01:53:23
180	Rich	Sykes	Male	Finished	30-34	TEAM BEAUTY AND THE GEEKS	05:24:51	428	00:38:49	00:02:43	02:52:05	00:00:56	00:53:17	01:50:15
199	Justin	Maritz	Male	Finished	30-34	SERPENTINE	05:24:53	429	00:35:38	00:03:26	02:50:14	00:02:03	00:54:42	01:53:29
835	Lydia	Rodney	Female	Finished	25-29	CLAPHAM CHASERS	05:24:53	430	00:32:51	00:03:19	02:46:55	00:03:52	00:58:58	01:57:55
762	Steve	Matkin	Male	Finished	45-49		05:24:57	431	00:38:22	00:03:47	02:47:39	00:02:39	00:54:52	01:52:27
965	Lorraine	Taylor	Female	Finished	45-49	EAST LONDON TRI	05:25:10	432	00:38:55	00:02:37	02:47:54	00:01:42	00:53:52	01:54:00
724	George	Jackson	Male	Finished	45-49		05:25:23	433	00:50:25	00:02:36	02:52:30	00:01:34	00:48:09	01:38:15
509	Ernst	Kretschmann	Male	Finished	40-44		05:25:31	434	00:36:18	00:03:00	02:48:20	00:03:21	00:55:23	01:54:31
721	Steve	Williams	Male	Finished	45-49	SUN CITY TRI	05:25:36	435	00:36:15	00:03:27	02:39:14	00:01:55	00:57:56	02:04:43
226	Steve	Bryan	Male	Finished	30-34		05:25:47	436	00:36:02	00:02:52	02:46:01	00:01:12	00:56:42	01:59:38
597	Steven	Hunt	Male	Finished	40-44		05:25:47	437	00:29:22	00:02:13	02:37:03	00:02:01	00:57:38	02:15:06
555	Jonathan	Molton	Male	Finished	40-44		05:25:49	438	00:39:01	00:02:27	02:33:29	00:01:39	00:55:11	02:09:11
921	Anna	Price	Female	Finished	35-39	TRI TALK	05:25:49	439	00:35:50	00:03:08	02:52:21	00:06:17	00:52:42	01:48:10
958	Emma	Thorpe	Female	Finished	40-44	NEWMARKET TRI CLUB	05:25:52	440	00:40:51	00:03:05	02:56:23	00:02:25	00:50:07	01:43:06
90	Kevin	Earing	Male	Finished	30-34		05:26:06	441	00:35:33	00:03:20	02:54:01	00:02:31	00:53:29	01:50:38
151	James	Shepherd	Male	Finished	30-34		05:26:10	442	00:37:22	00:04:06	02:54:37	00:01:39	00:52:52	01:48:24
512	Philip	Trafford	Male	Finished	40-44		05:26:11	443	00:45:23	00:03:36	02:39:49	00:02:27	00:55:42	01:54:54
534	David	Spencer	Male	Finished	40-44	THAMES TURBO	05:26:26	444	00:38:37	00:02:50	02:41:07	00:03:13	00:57:44	02:00:37
415	Richard	Bryant	Male	Finished	35-39	VICTORIA PARK AND TOWER HAMLETS	05:26:44	445	00:44:38	00:04:41	02:53:06	00:03:11	00:49:14	01:41:05
1004	Christopher	Morgan	Male	Finished	45-49	THAMES TURBO	05:26:53	446	00:41:31	00:03:07	02:37:40	00:02:05	00:58:48	02:02:27
264	Duncan	Clerkin	Male	Finished	35-39		05:26:58	447	00:42:09	00:02:30	02:54:05	00:01:34	00:53:03	01:46:37
321	Kyle	Rowe	Male	Finished	35-39		05:27:14	448	00:36:02	00:02:03	02:44:40	00:01:20	00:58:19	02:03:07
523	Brian	Grant	Male	Finished	40-44	WICK TRIATHLON CLUB	05:27:17	449	00:40:33	00:03:43	02:39:21	00:02:00	00:57:04	02:01:38
797	Stephen	French	Male	Finished	50-54	TRI TEAM GLOS	05:27:17	450	00:38:25	00:03:50	02:44:50	00:02:07	00:55:32	01:58:03
282	Christopher	Hall	Male	Finished	35-39	CRYSTAL PALACE TRI	05:27:19	451	00:44:09	00:04:50	02:42:22	00:02:08	00:56:18	01:53:48
740	Martin	Bay	Male	Finished	45-49	EAST LONDON TRIATHLETES	05:27:19	452	00:38:39	00:02:38	02:46:43	00:01:55	00:56:15	01:57:21
716	Peter	Fraser	Male	Finished	45-49		05:27:24	453	00:41:21	00:04:10	02:42:50	00:03:15	00:55:48	01:55:46
527	Joseph	Dean	Male	Finished	40-44	CLAPHAM CHASERS	05:27:28	454	00:39:35	00:03:31	02:53:18	00:02:40	00:52:28	01:48:21
300	Grant	Smith	Male	Finished	35-39	TRI TEAM GLOS	05:27:40	455	00:43:49	00:02:37	02:41:47	00:02:26	00:55:24	01:56:57
602	Oliver	Williams	Male	Finished	40-44		05:27:40	456	00:49:42	00:02:49	02:45:50	00:01:57	00:52:45	01:47:19
874	Jane	Osborne	Female	Finished	30-34		05:27:48	457	00:42:25	00:03:46	02:42:04	00:02:16	01:01:35	01:57:13
369	Kevin	Grant	Male	Finished	35-39	TEAM MILTON KEYNES	05:27:55	458	00:36:26	00:04:46	02:46:23	00:01:50	00:54:46	01:58:28
228	Philip	Nicholson	Male	Finished	30-34		05:28:03	459	00:43:14	00:02:25	02:49:30	00:01:37	00:54:07	01:51:16

547	Brechan	Northern	Male	Finished	40-44	LEICESTER TRI	05:28:17	460	00:43:28	00:03:10	02:48:49	00:01:24	00:54:35	01:51:23
150	David	Welch	Male	Finished	30-34	FVS TRI	05:28:19	461	00:48:17	00:02:18	02:44:31	00:01:22	00:51:27	01:51:48
563	William	Gillespie	Male	Finished	40-44		05:28:28	462	00:39:05	00:03:39	02:39:41	00:02:46	00:58:49	02:03:14
511	Tim	Hobden	Male	Finished	40-44	GNARLY NUTTERS	05:28:37	463	00:33:36	00:02:35	02:46:50	00:02:41	00:58:26	02:02:52
636	Simon	Deville	Male	Finished	40-44	EAST LONDON TRIATHLETES	05:28:55	464	00:40:36	00:04:04	02:42:47	00:01:54	00:59:06	01:59:32
635	Paul	Burden	Male	Finished	40-44	LEICESTER TRIATHLON CLUB	05:29:17	465	00:43:02	00:03:34	02:49:55	00:02:00	00:55:04	01:50:43
118	Christopher	Lennon	Male	Finished	30-34		05:29:31	466	00:36:01	00:02:50	02:50:44	00:03:39	00:55:34	01:56:15
810	Simon	Green	Male	Finished	50-54	IPSWICH TRI	05:29:34	467	00:40:54	00:03:21	02:48:08	00:01:52	00:54:37	01:55:17
344	Greg	Holloway	Male	Finished	35-39		05:29:44	468	00:36:01	00:03:33	02:41:37	00:01:59	00:59:34	02:06:31
650	Chris	Redding	Male	Finished	45-49	DERBY TRI CLUB	05:29:44	469	00:35:17	00:05:46	02:32:38	00:01:41	00:59:05	02:14:19
827	Jenny	Brown	Female	Finished	20-24	CAMBRIDGE UNIVERSITY TRIATHLON CLUB	05:29:45	470	00:37:18	00:02:36	02:50:22	00:01:27	00:56:15	01:57:59
428	Graham	Mccarthy	Male	Finished	35-39	EAST LONDON TRIATHLETES	05:30:04	471	00:34:40	00:02:39	03:00:17	00:03:22	00:52:54	01:49:03
146	Ben	Gothard	Male	Finished	30-34		05:30:24	472	00:41:26	00:02:57	02:42:11	00:01:15	00:56:55	02:02:31
305	Darren	Drysdale	Male	Finished	35-39	ABINGDON AND VALE TRI CLUB	05:30:32	473	00:47:13	00:05:24	02:46:40	00:02:32	00:53:28	01:48:40
345	James	Deacon	Male	Finished	35-39	STRATFORD AC	05:30:38	474	00:41:55	00:03:12	02:59:19	00:02:10	00:51:54	01:43:59
330	Mark	Gutsell	Male	Finished	35-39		05:30:43	475	00:33:00	00:02:16	02:54:08	00:02:02	00:58:24	01:59:14
104	Chris	Chelius	Male	Finished	30-34		05:30:55	476	00:37:52	00:03:03	02:53:30	00:02:29	00:55:06	01:53:58
630	Lee	Robinson	Male	Finished	40-44	TRICLAN	05:31:05	477	00:43:22	00:03:37	02:38:06	00:02:15	00:57:13	02:03:42
599	Paul	Gooding	Male	Finished	40-44		05:31:13	478	00:40:53	00:06:24	02:55:00	00:02:40	00:49:49	01:46:14
679	Nigel	Mountjoy	Male	Finished	45-49	FARNHAM TRI	05:31:18	479	00:32:35	00:02:17	02:48:50	00:02:13	00:59:55	02:05:20
521	Paul	Aubrey	Male	Finished	40-44	LINCOLN TRI	05:31:24	480	00:45:51	00:02:29	02:40:28	00:02:01	00:59:06	02:00:32
508	Brian	Twohey	Male	Finished	40-44		05:31:28	481	00:39:28	00:03:03	02:40:00	00:02:44	01:01:15	02:06:11
672	Simon	Thompson	Male	Finished	45-49		05:31:30	482	00:42:16	00:01:45	02:52:41	00:01:26	00:54:34	01:53:18
743	Steve	Rossell	Male	Finished	45-49	SAUSAGEMAN.NET	05:31:46	483	00:36:08	00:03:59	03:00:55	00:01:38	00:50:49	01:49:02
935	Robin	Clough	Male	Finished	40-44		05:31:55	484	00:49:15	00:02:53	02:43:14	00:02:37	00:56:31	01:53:54
170	David	Harley	Male	Finished	30-34	ABSOLUTE TRI	05:32:08	485	00:41:21	00:04:36	02:52:47	00:02:56	00:55:45	01:50:24
515	John	Kearney	Male	Finished	40-44		05:32:20	486	00:42:04	00:02:57	02:52:43	00:04:10	00:52:15	01:50:23
375	Alistair	Marshman	Male	Finished	35-39	BODYWORKS XTC	05:32:22	487	00:35:09	00:05:06	02:51:46	00:03:22	00:55:07	01:56:57
126	Keith	Bailey	Male	Finished	30-34	CLAPHAM CHASERS	05:32:34	488	00:41:36	00:02:49	02:54:19	00:02:21	00:56:26	01:51:27
433	Andy	Mckenzie	Male	Finished	35-39	ABSOLUTE TRIATHLON	05:32:39	489	00:27:19	00:05:02	02:43:46	00:05:24	01:00:46	02:11:05
607	Stewart	Kennedy	Male	Finished	40-44	MET POLICE	05:32:44	490	00:39:32	00:03:49	02:45:10	00:02:14	00:59:49	02:01:57
156	Derek	Smith	Male	Finished	30-34	ACCENTURE TRI CLUB	05:32:51	491	00:41:23	00:03:46	02:44:05	00:03:26	00:58:12	02:00:08
701	Guy	Bayliss	Male	Finished	45-49	NEWMARKET CYCLING & TRI	05:32:52	492	00:41:04	00:03:25	02:46:40	00:01:35	00:59:09	02:00:05
656	Brett	Bayliss	Male	Finished	45-49	NEWMARKET CYCLING & TRI	05:32:59	493	00:45:38	00:03:09	02:54:38	00:01:43	00:53:38	01:47:47
920	Katherine	Chadwick	Female	Finished	35-39	KINGS TRI	05:33:02	494	00:39:24	00:03:56	02:53:15	00:02:42	00:55:27	01:53:43

185	James	Collingbourne	Male	Finished	30-34	THAMES VALLEY TRIATHLETES	05:33:12	495	00:45:17	00:02:46	02:44:52	00:02:15	00:57:13	01:57:58
680	Bernard	Abrahamsen	Male	Finished	45-49		05:33:20	496	00:40:26	00:03:28	02:46:39	00:02:08	00:56:22	02:00:36
392	Michael	Lowther	Male	Finished	35-39		05:33:37	497	00:39:44	00:03:55	02:41:00	00:01:55	01:00:50	02:07:01
524	Simon	Day	Male	Finished	40-44	TEAM CHERWELL	05:33:40	498	00:34:33	00:02:05	02:45:57	00:01:49	01:01:04	02:09:14
676	Kevin	Ord	Male	Finished	45-49	CHELTENHAM TRI	05:33:43	499	00:37:56	00:03:23	02:54:19	00:03:59	00:56:14	01:54:03
600	Simon	Rawlings	Male	Finished	40-44	EAST ESSEX TRI CLUB	05:33:55	500	00:35:30	00:04:45	02:54:03	00:02:54	00:54:55	01:56:41
1002	Catherine	Johnson	Female	Finished	45-49		05:34:01	501	00:39:26	00:03:19	02:49:30	00:01:50	00:54:36	01:59:53
723	Mark	Hetherington	Male	Finished	45-49		05:34:03	502	00:43:47	00:06:14	02:55:41	00:03:38	00:51:20	01:44:40
959	Julie	Shaughnessy	Female	Finished	45-49	NONE	05:34:15	503	00:36:03	00:04:20	02:56:10	00:02:51	00:53:44	01:54:49
251	Neil	Crisp	Male	Finished	35-39	HADLEIGH HARES	05:34:23	504	00:43:36	00:03:21	02:39:51	00:02:40	01:02:08	02:04:53
749	Dave	Worsdall	Male	Finished	45-49		05:34:26	505	00:42:01	00:03:02	02:51:24	00:02:45	00:57:31	01:55:13
890	Joanna	Rich	Female	Finished	30-34	KINGSWOOD TRI CLUB	05:34:31	506	00:41:02	00:03:19	02:53:01	00:02:14	00:56:43	01:54:52
598	Andrew	Mcpartlin	Male	Finished	40-44	SPALDING TRI	05:34:40	507	00:37:16	00:02:23	02:51:43	00:02:20	00:56:16	02:00:56
869	Lucy	Passarelli	Female	Finished	30-34		05:35:09	508	00:41:22	00:02:58	02:52:08	00:02:11	00:56:34	01:56:27
373	Marc	Bolton	Male	Finished	35-39	MET POLICE TRI	05:35:12	509	00:38:49	00:02:29	02:52:43	00:02:37	00:54:26	01:58:32
487	Peter	Bodley-scott	Male	Finished	40-44	THAMES TURBO	05:35:18	510	00:40:09	00:02:54	03:07:11	00:02:08	00:51:26	01:42:53
640	Donncha	Scollard	Male	Finished	40-44	BEDFORDSHIRE ROAD CYCLING	05:35:24	511	00:48:10	00:03:48	02:50:47	00:02:45	00:54:50	01:49:52
289	Daniel	Hadleigh	Male	Finished	35-39		05:35:28	512			02:50:57	00:02:00	00:55:37	01:56:10
468	Paul	Barton	Male	Finished	40-44	ABSOLUTE TRIATHLON CLUB	05:35:30	513	00:35:41	00:04:32	02:48:33	00:02:52	00:58:37	02:03:50
238	Phil	Lindsay	Male	Finished	35-39	THAMES TURBO	05:35:35	514	00:38:19	00:01:37	02:46:02	00:01:39	00:59:36	02:07:56
366	Tom	Gladwin	Male	Finished	35-39		05:35:43	515	00:37:18	00:03:17	02:49:46	00:03:09	00:58:38	02:02:10
620	Mike	Clyne	Male	Finished	40-44	7OAKS TRI CLUB	05:35:50	516	00:40:43	00:04:16	02:54:49	00:02:25	00:55:14	01:53:33
215	Alastair	Dobson	Male	Finished	30-34		05:35:54	517	00:41:33	00:02:23	02:53:37	00:01:51	00:52:50	01:56:27
309	Jonathan	Kilby	Male	Finished	35-39		05:36:15	518	00:38:55	00:02:35	02:49:50	00:02:14	00:59:59	02:02:38
454	Richard	Hyatt	Male	Finished	40-44		05:36:16	519	00:40:37	00:04:15	02:44:14	00:03:00	00:59:52	02:04:08
661	Phillip john	Roberts	Male	Finished	45-49	WALDREN TRI	05:36:33	520	00:41:48	00:03:34	02:52:34	00:02:40	00:54:28	01:55:55
928	Jennie	Jones	Female	Finished	35-39		05:36:50	521	00:40:05	00:02:57	02:44:51	00:01:44	00:59:37	02:07:11
430	Richard	Slack	Male	Finished	35-39		05:36:52	522	00:49:04	00:04:11	02:40:01	00:02:30	00:56:08	02:01:04
642	Jonathan	Bale	Male	Finished	40-44	PAC-TRI	05:37:01	523	00:38:17	00:02:51	02:45:25	00:02:37	01:03:02	02:07:49
772	Ross	Dunbar	Male	Finished	50-54	FARNHAM TRI	05:37:06	524	00:38:56	00:02:09	02:51:40	00:02:18	01:00:31	02:02:00
914	Deborah	Fraser	Female	Finished	35-39	PACTRAC	05:37:08	525	00:35:53	00:04:04	03:03:19	00:02:54	00:53:43	01:50:55
878	Joanne	Mallinson	Female	Finished	30-34	TFN TRI CLUB	05:37:21	526	00:33:38	00:02:21	02:56:22	00:01:51	00:59:25	02:03:07
52	Lewis	Patching	Male	Finished	25-29		05:37:30	527	00:47:00	00:02:35	03:01:17	00:02:40	00:50:24	01:43:56
394	Leon	Parry	Male	Finished	35-39	THAMES TURBO TRIATHLON CLUB	05:37:34	528	00:41:26	00:05:21	02:51:33	00:02:52	00:55:07	01:56:18
455	David	Pashley	Male	Finished	40-44	BLACKWATER TRIATHLON CLUB	05:37:38	529	00:36:35	00:03:21	02:45:31	00:03:17	00:59:28	02:08:52
475	Edward	Chadwick	Male	Finished	40-44	KINGS TRI	05:37:47	530	00:44:40	00:02:48	02:36:59	00:02:28	01:02:57	02:10:48

612	Paul	Walmsley	Male	Finished	40-44		05:38:07	531	00:37:56	00:04:51	02:57:38	00:03:21	00:53:54	01:54:19
94	Paul_christian	Townend	Male	Finished	30-34		05:38:10	532	00:42:01	00:04:09	02:59:09	00:03:09	00:53:29	01:49:40
945	Tara	Symonds	Female	Finished	40-44		05:38:13	533	00:39:18	00:04:05	02:52:55	00:02:45	00:56:45	01:59:08
205	Paul	Hamilton	Male	Finished	30-34	RAF TRI	05:38:17	534	00:42:33	00:02:55	02:56:39	00:01:38	00:52:27	01:54:30
510	Stephen	Shipley	Male	Finished	40-44		05:38:20	535	00:43:24	00:03:35	02:42:46	00:02:03	00:58:54	02:06:29
851	Victoria	Pargetter	Female	Finished	30-34	BRAT	05:38:26	536	00:37:47	00:05:36	02:51:35	00:02:19	00:59:50	02:01:05
173	Jonathan	Musgrave	Male	Finished	30-34		05:38:47	537	00:39:21	00:03:06	02:50:07	00:02:03	00:58:44	02:04:08
239	Tim	Jefferis	Male	Finished	35-39	UPPINGHAM SCHOOL	05:38:55	538	00:41:02	00:03:58	02:46:24	00:01:44	01:03:12	02:05:44
857	Claire	Holden	Female	Finished	30-34	TEAM LIFESTYLE	05:39:01	539	00:38:00	00:03:30	03:03:00	00:02:08	00:54:12	01:52:20
570	Nick	Babington	Male	Finished	40-44	THAMES VALLEY TRIATHLETES	05:39:04	540	00:36:35	00:03:19	02:49:05	00:02:09	01:00:14	02:07:53
273	Chris	Dugher	Male	Finished	35-39	SELBY STRIDERS	05:39:17	541	00:44:32	00:03:23	02:43:59	00:02:33	00:57:22	02:04:47
826	Hazel	Tuppen	Female	Finished	20-24		05:39:30	542	00:36:16	00:04:00	03:03:09	00:02:37	00:56:58	01:53:25
836	Rachel	Smith	Female	Finished	25-29		05:39:32	543	00:33:54	00:04:03	02:53:18	00:04:39	01:00:23	02:03:34
855	Patricia	Keegan	Female	Finished	30-34		05:39:32	544	00:33:54	00:03:25	02:53:55	00:04:40	02:03:20	02:03:35
1000	Lauren	Bradshaw	Female	Finished	25-29		05:39:56	545	00:41:55	00:03:17	02:56:35	00:02:30	00:55:27	01:55:36
147	Daniel p	Bishop	Male	Finished	30-34	BRATS	05:40:00	546	00:43:36	00:04:46	02:52:28	00:02:34	00:55:15	01:56:33
596	Andy	Steele	Male	Finished	40-44	TRITALK	05:40:14	547	00:43:36	00:06:09	02:46:10	00:02:37	00:56:59	02:01:39
19	Robert	Bateman	Male	Finished	25-29		05:40:18	548	00:40:56	00:04:06	02:59:48	00:01:21	00:55:17	01:54:04
975	Alison	Cooper	Female	Finished	45-49	BEDFORD HARRIERS AC	05:40:23	549	00:47:35	00:03:42	02:50:07	00:02:18	00:55:56	01:56:39
951	Karen	Bell	Female	Finished	40-44	CHARNWOOD TRI CLUB	05:40:29	550	00:41:32	00:03:37	02:58:51	00:03:13	00:56:20	01:53:14
984	Helen	Hall	Female	Finished	45-49	NEWCASTLE STAFFS TRI CLUB	05:40:32	551	00:40:47	00:02:34	02:49:59	00:02:46	01:01:05	02:04:23
557	Martin	Bower	Male	Finished	40-44	TRITALK	05:40:37	552	00:44:26	00:05:39	02:48:07	00:02:39	00:57:55	01:59:44
559	Tim	Lloydlangston	Male	Finished	40-44		05:40:51	553	00:36:45	00:04:04	02:51:46	00:02:29	00:57:20	02:05:44
446	Nicholas	Wilcox	Male	Finished	40-44	ARMY TRIATHLON ASSOCIATION	05:40:58	554	00:42:58	00:03:43	02:50:42	00:02:03	00:56:40	02:01:30
178	Jonathan	Burr	Male	Finished	30-34	CHARNWOOD TRIATHLON	05:41:07	555	00:39:45	00:03:42	02:52:21	00:02:08	00:55:30	02:03:09
452	Giles	Leather	Male	Finished	40-44		05:41:18	556	00:43:51	00:03:06	02:55:36	00:01:53	00:56:53	01:56:49
960	Sarah	Bland	Female	Finished	45-49	STRATFORD AC	05:41:19	557	00:38:50	00:03:52	03:11:52	00:02:10	00:51:20	01:44:32
994	Carol	Smallman	Female	Finished	50-54	PACTRAC	05:41:21	558	00:36:02	00:02:23	02:49:44	00:01:52	01:00:07	02:11:17
756	Peter	Goldsmith	Male	Finished	45-49		05:41:25	559	00:38:43	00:02:32	02:51:56	00:02:25	01:01:11	02:05:46
501	Craig	Smith	Male	Finished	40-44	SERPENTINE	05:41:37	560	00:41:42	00:04:45	02:51:59	00:02:01	00:57:48	02:01:07
461	Malcolm	Watts	Male	Finished	40-44	THAMES TURBO	05:41:51	561	00:41:36	00:03:35	02:50:13	00:03:35	01:00:04	02:02:49
110	Martin	Laverick	Male	Finished	50-54		05:41:55	562	00:39:09	00:01:20	02:41:46	00:01:45	01:01:09	02:17:52
149	Jack	Truscott	Male	Finished	30-34		05:41:56	563	00:34:48	00:04:19	02:57:52	00:05:50	00:55:48	01:59:04
657	Steve	Newell	Male	Finished	45-49	CRAVEN ENERGY	05:42:05	564	00:48:01	00:02:51	02:54:11	00:01:28	00:55:51	01:55:31
627	Paul	Curry	Male	Finished	40-44		05:42:25	565	00:35:21	00:06:00	02:52:03	00:02:32	01:01:50	02:06:25
69	Phillip	Evans	Male	Finished	25-29		05:42:37	566	00:47:40	00:02:56	02:45:42	00:02:15	00:59:40	02:04:02

414	Kevin	Harding	Male	Finished	35-39	EAST ESSEX TRIATHLON CLUB	05:42:48	567						
410	Chris	Holden	Male	Finished	35-39	WILBARSTON WOBBLERS	05:42:56	568	00:43:47	00:04:48	03:00:45	00:01:37	00:53:33	01:51:58
675	Patrick	O'connor	Male	Finished	45-49	WAKEFIELD TRI CLUB	05:42:57	569	00:44:36	00:03:09	02:54:06	00:02:40	00:57:10	01:58:24
892	Esther	Hamill	Female	Finished	30-34	MET POLICE TRI CLUB	05:43:20	570	00:36:47	00:02:39	02:55:59	00:02:26	00:59:20	02:05:27
7	Robert	O'connor	Male	Finished	Team		05:43:31	571	00:47:57	00:01:09	03:05:36	00:01:45	00:52:00	01:47:00
649	Clive	Duffy	Male	Finished	45-49	CHELTENHAM TRI	05:43:31	572	00:56:12					
737	Steve	Rafferty	Male	Finished	45-49	KINGSWOOD TRIATHLON CLUB	05:43:34	573	00:37:22	00:02:21	02:51:03	00:03:17	01:02:56	02:09:28
633	Chris	Pilling	Male	Finished	40-44	FULONTRI	05:43:35	574	00:34:38	00:02:28	02:37:47	00:01:29	01:09:44	02:27:11
472	Jeremy	Fryer	Male	Finished	40-44		05:43:36	575	00:36:42	00:03:32	02:54:14	00:04:09	00:56:51	02:04:56
539	Paul	Ewart	Male	Finished	40-44	TRITALK.CO.UK	05:43:37	576	00:35:37	00:05:03	02:52:15	00:01:47	01:03:02	02:08:53
294	Matthew	Chapman	Male	Finished	35-39		05:43:39	577	00:48:51	00:03:57	03:05:26	00:02:23	00:51:20	01:43:00
386	Paul	Fenton	Male	Finished	35-39		05:43:53	578	00:44:05	00:04:15	03:06:00	00:01:09	00:53:36	01:48:22
906	Diana	Newport-peace	Female	Finished	35-39	PSOF	05:43:56	579	00:37:21	00:04:13	03:03:41	00:02:52	00:56:55	01:55:45
913	Desiree	Clarke noble	Female	Finished	35-39	EAST LONDON TRIATHLETES	05:43:57	580	00:41:15	00:03:36	03:00:05	00:02:59	00:57:16	01:56:00
966	Sarah	Haslam	Female	Finished	45-49	STAMFORD TRI CLUB	05:44:01	581	00:44:10	00:03:50	02:55:20	00:02:10	00:58:16	01:58:29
296	Nick	Bestwick	Male	Finished	35-39	ABSOLUTE TRI	05:44:28	582	00:35:13	00:03:32	03:11:02	00:01:59	00:54:02	01:52:40
223	Matt	Tozer	Male	Finished	30-34		05:44:39	583	00:42:54	00:03:10	03:03:16	00:02:51	00:56:37	01:52:25
933	Rachael	Cubberley	Female	Finished	40-44		05:44:57	584	00:39:15	00:03:25	02:59:12	00:01:39	00:57:06	02:01:24
751	Mark	Norsworthy	Male	Finished	45-49	FARNHAM TRI	05:45:06	585	00:36:01	00:03:26	02:57:28	00:02:06	00:56:55	02:06:02
162	Joel	Edwards	Male	Finished	30-34	ABSOLUTE TRIATHLON	05:45:11	586	00:40:50	00:03:50	02:58:38	00:02:04	00:57:45	01:59:46
943	Debi	Coles	Female	Finished	40-44	TEAM CHERWELL	05:45:17	587	00:41:03	00:02:37	03:02:00	00:01:59	00:57:11	01:57:34
837	Trudi	O'mahoney	Female	Finished	25-29	OXFORD TRI	05:45:34	588	00:34:16	00:05:20	02:50:07	00:03:54	01:07:05	02:11:54
252	Ben	Felton	Male	Finished	35-39		05:45:35	589	00:38:56	00:02:53	02:51:05	00:02:06	01:03:33	02:10:32
758	Simon	Taylor	Male	Finished	45-49	PACTRAC	05:45:50	590	00:45:08	00:03:21	02:54:15	00:02:51	00:57:46	02:00:12
979	Mary	Armitage	Female	Finished	45-49	EAST LONDON TRIATHLETES	05:46:28	591	00:39:49	00:04:10	02:58:15	00:05:13	00:56:27	01:58:58
254	Mark	Salmon	Male	Finished	35-39	LINCSQUAD	05:46:44	592	00:39:57	00:04:02	02:44:53	00:01:53	01:03:34	02:15:56
131	Rick	Berry	Male	Finished	30-34	IPSWICH TRI	05:47:10	593	00:35:37	00:04:36	02:54:39	00:01:56	00:58:39	02:10:19
760	Kim	Rowe	Male	Finished	45-49	THAMES TURBO	05:47:19	594	00:30:55	00:03:24	03:05:49	00:04:03	00:59:13	02:03:06
435	Martyn	Catlow	Male	Finished	40-44	MANCHESTER TRIATHLON CLUB	05:47:30	595	00:38:55	00:04:48	02:52:42	00:02:22	01:03:52	02:08:40
168	Simon	Pavitt	Male	Finished	30-34		05:47:32	596	00:38:52	00:02:18	02:55:41	00:02:32	01:01:23	02:08:07
496	Martin	Holden	Male	Finished	40-44	TRI TEAM WIGAN	05:47:32	597	00:43:24	00:03:06	02:40:50	00:02:17	01:04:05	02:17:53
893	Amy	Rolston	Female	Finished	30-34	KINGFISHER TRIATHLETES	05:47:32	598	00:42:49	00:04:02	03:00:41	00:01:55	00:59:56	01:58:01
349	James	Ransome	Male	Finished	35-39	TFN TRI	05:47:48	599	00:39:14	00:01:50	02:59:41	00:01:40	01:00:55	02:05:21
728	Peter	Greaves	Male	Finished	45-49	THAMES TURBO TRIATHLON CLUB	05:47:59	600	00:47:05	00:04:19	02:57:06	00:04:01	00:54:13	01:55:24
393	Jasmine	Salih	Female	Finished	35-39		05:48:04	601	00:39:27	00:04:03	02:58:52	00:05:04	00:56:13	02:00:35
817	Les	Schmid	Male	Finished	55-59	LINSQUAD	05:48:12	602	00:39:37	00:04:18	02:53:39	00:02:37	00:59:43	02:07:57

773	Tony	Lloyd	Male	Finished	50-54		05:48:20	603	00:39:22	00:05:04	02:56:42	00:03:25	01:01:21	02:03:45
422	Darren	Houlcroft	Male	Finished	35-39	REDDITCH TRIATHLETES	05:48:33	604	00:34:30	00:02:21	03:11:25	00:04:19	00:55:15	01:55:55
442	James	Lucas	Male	Finished	40-44		05:48:34	605	00:43:25	00:04:14	02:52:01	00:02:13	01:03:07	02:06:39
673	Doug	Stewart	Male	Finished	45-49	LINCOLN TRI	05:48:39	606	00:39:12	00:03:05	02:36:57	00:01:59	01:07:49	02:27:23
476	Simon	Westbrook	Male	Finished	40-44	DEAL TRIATHLON AC	05:48:50	607	00:39:22	00:03:18	02:41:21	00:02:54	01:07:13	02:21:52
626	Mick	Walker	Male	Finished	40-44	MET POLICE	05:49:01	608	00:50:07	00:04:10	02:49:58	00:02:14	00:58:03	02:00:30
646	Patrick	Hughes	Male	Finished	40-44		05:49:02	609	00:54:28	00:05:00	02:50:02	00:02:48	00:56:06	01:56:42
654	Chris	Parsons	Male	Finished	45-49	RUGBY TRI CLUB	05:49:06	610	00:41:42	00:05:17	02:44:00	00:04:04	01:00:59	02:13:59
532	Huw	Thomas	Male	Finished	40-44	ETON TRI	05:49:09	611	00:41:14	00:03:10	02:59:46	00:03:51	00:57:23	02:01:06
304	Richard	Carresi	Male	Finished	35-39		05:49:11	612	00:34:21	00:01:41	03:19:49	00:01:17	00:52:57	01:52:00
803	Alan	Fackerell	Male	Finished	50-54	THAMES TURBO TRIATHLON CLUB	05:49:15	613	00:51:11	00:05:14	03:03:44	00:02:24	00:52:59	01:46:40
927	Jane	Needham	Female	Finished	35-39	RUGBY TRIATHLON CLUB	05:49:15	614	00:46:50	00:03:40	03:09:40	00:01:48	00:51:37	01:47:13
880	Catherine	Smith	Female	Finished	30-34		05:49:16	615	00:43:39	00:04:24	03:02:30	00:02:00	00:54:12	01:56:40
76	Michael	Sweeney	Male	Finished	25-29		05:49:17	616	00:44:33	00:08:17	02:54:32	00:05:32	00:56:45	01:56:21
779	Peter	Schofield	Male	Finished	50-54	COVENTRY TRI	05:49:22	617	00:45:48	00:06:48	02:48:23	00:08:35	00:57:18	01:59:46
919	Zoe	Smith	Female	Finished	35-39		05:49:31	618	00:40:49	00:03:30	03:06:54	00:02:30	00:56:16	01:55:44
938	Tracy	Earley	Female	Finished	40-44	WARRINGTON TRI CLUB	05:49:42	619	00:47:40	00:02:13	02:51:48	00:02:27	01:01:52	02:05:31
990	Heather	Clarke	Female	Finished	50-54	TRI TEAM GLOS	05:50:23	620	00:44:30	00:04:40	02:56:27	00:02:57	00:56:53	02:01:47
902	Alison	Hardie	Female	Finished	35-39	SWINDON TRI CLUB	05:50:30	621	00:43:00	00:04:18	02:56:48	00:03:43	01:00:12	02:02:38
819	Derek	Barlow	Male	Finished	55-59	CHELTENHAM TRI	05:50:47	622	00:43:30	00:06:25	02:50:40	00:04:52	01:00:39	02:05:18
942	Maddy	Wilson	Female	Finished	40-44	LINCOLN TRI CLUB	05:50:50	623	00:40:43	00:02:56	03:08:54	00:01:44	00:56:14	01:56:30
610	Alan	Hall	Male	Finished	40-44	MANCHESTER TRI	05:51:07	624	00:42:02	00:04:54	02:58:28	00:03:46	00:58:16	02:01:54
968	Caroline	Keddie	Female	Finished	45-49	THAMES TURBO TRIATHLON CLUB	05:51:17	625	00:40:44	00:05:39	02:59:38	00:04:40	00:56:45	02:00:33
973	Lesley	Booth	Female	Finished	45-49		05:51:23	626	00:36:51	00:02:22	03:04:04	00:01:53	01:02:00	02:06:11
412	Paul	Devlin	Male	Finished	35-39	N/A	05:52:08	627	00:37:48	00:03:58	02:49:00	00:02:37	01:01:49	02:18:42
816	Derek	Austin	Male	Finished	55-59	TRI TEAM GLOS	05:52:22	628	00:47:03	00:04:30	02:55:36	00:02:06	00:56:21	02:03:04
218	Nick	Revington	Male	Finished	30-34		05:52:28	629	00:37:55	00:02:47	03:04:43	00:01:22	01:00:50	02:05:39
985	Boo	Alder	Female	Finished	45-49	HILLINGDON TRIATHLETES	05:52:35	630	00:52:28	00:05:37	03:05:22	00:02:20	00:52:28	01:46:45
897	Lucy	Hartwright	Female	Finished	35-39	TRITALK.CO.UK	05:52:40	631	00:40:47	00:02:42	02:57:34	00:02:52	01:02:42	02:08:42
754	Simon	Ainley	Male	Finished	45-49		05:53:01	632	00:41:58	00:03:08	03:08:35	00:01:49	00:58:32	01:57:29
247	Duncan	White	Male	Finished	35-39		05:53:03	633	00:43:24	00:02:18	02:56:12	00:01:41	01:01:37	02:09:25
978	Louise	Mckee	Female	Finished	45-49	KINGFISHER TRIATHLETES	05:53:11	634	00:36:51	00:02:57	03:09:51	00:02:39	00:59:29	02:00:51
237	Nick	O'connell	Male	Finished	35-39	TRI20	05:53:21	635	00:34:16	00:02:34	02:48:08	00:02:01	01:07:46	02:26:19
242	Gareth	Anderson	Male	Finished	35-39	SERPENTINE	05:53:30	636	00:41:01	00:04:45	02:55:39	00:03:36	01:02:29	02:08:25
481	Darren	Bowler	Male	Finished	40-44		05:53:35	637	00:43:09	00:03:22	03:03:52	00:02:52	00:56:58	02:00:16
606	Mark	Ashwell	Male	Finished	40-44	GEARSANDTEARS.COM	05:53:36	638	00:37:15	00:05:03	02:50:45			

27	Chris	Hann	Male	Finished	25-29		05:53:49	639	00:32:19	00:02:15	02:52:20	00:01:38	01:02:53	02:25:14
479	Richard	Mcdonald	Male	Finished	40-44	SERPENTINE	05:53:51	640	00:44:41	00:03:59	02:58:35	00:03:05	00:59:52	02:03:29
401	Mike	Taylor	Male	Finished	35-39	WALDEN TRI	05:54:28	641	00:39:18	00:03:23	02:53:20	00:01:36	01:04:46	02:16:47
748	Chris	Rogers	Male	Finished	45-49	GRIMSBY TRI	05:54:34	642	00:36:14	00:02:50	02:55:43	00:03:52	01:04:27	02:15:52
467	Richard	Olney	Male	Finished	40-44		05:54:35	643	00:41:03	00:03:46	02:59:21	00:03:15	01:01:04	02:07:08
789	Dave	Mercer	Male	Finished	50-54	ST MARY'S TRI	05:55:23	644	00:48:52	00:04:28	03:03:00	00:03:15	00:55:09	01:55:45
453	Tim	Grinsted	Male	Finished	40-44	MET POLICE	05:55:48	645	00:45:22	00:04:03	03:04:13	00:03:07	00:58:31	01:59:00
664	Dave	Berry	Male	Finished	45-49		05:55:51	646	00:44:38	00:06:12	02:57:42	00:04:54	00:58:27	02:02:22
577	Mark	Oldfield	Male	Finished	40-44		05:56:07	647	00:44:11	00:02:51	02:54:28	00:01:23	01:00:12	02:13:12
117	Stuart	Nichols	Male	Finished	30-34		05:56:18	648	00:40:07	00:03:37	02:46:41	00:01:51	00:59:10	02:23:59
967	Julia	Fonnereau	Female	Finished	45-49	STORTFORD TRI	05:56:56	649	00:47:59	00:04:13	03:03:54	00:02:41	00:57:16	01:58:06
329	Jonas	Grist	Male	Finished	35-39	HADLEIGH HARES	05:57:01	650	00:44:18	00:03:58	03:04:09	00:03:06	00:58:10	02:01:28
287	Paul	Goddard	Male	Finished	35-39	ROYAL NAVY	05:57:03	651	00:51:14	00:02:40	03:00:07	00:02:10	00:55:42	02:00:49
987	Lorna	Magowan	Female	Finished	50-54	TFN	05:57:07	652	00:39:06	00:03:22	02:58:55	00:02:58	01:03:23	02:12:43
903	Julie	Chasin	Female	Finished	35-39		05:57:08	653	00:39:24	00:07:17	02:57:06	00:04:26	01:02:17	02:08:51
14	James	Wilson	Male	Finished	20-24		05:57:22	654	00:40:18	00:03:39	03:16:51	00:02:56	00:56:10	01:53:35
441	Marc	Hammerson	Male	Finished	40-44		05:57:28	655	00:41:44	00:04:00	02:56:57	00:02:18	01:01:11	02:12:26
447	Andrew	Damerum	Male	Finished	40-44	RUGBY TRIATHLON	05:57:32	656	00:46:29	00:05:34	02:52:13	00:03:14	00:59:46	02:09:59
548	Jeremy	Swanson	Male	Finished	40-44	BRAT	05:57:35	657	00:44:31	00:03:42	03:08:54	00:02:09	00:56:29	01:58:17
573	Andrew	Elshaw	Male	Finished	40-44		05:57:45	658	00:36:53	00:03:09	02:48:20	00:01:33	01:10:34	02:27:48
605	Nick	Honey	Male	Finished	40-44		05:57:51	659	00:30:48	00:02:11	02:57:03	00:02:09	01:06:23	02:25:36
132	Matthew	Connelly	Male	Finished	30-34		05:58:22	660	00:44:56	00:02:36	03:03:21	00:01:41	00:59:06	02:05:45
840	Helena	Ramsden	Female	Finished	25-29	RAF TRI	05:58:25	661	00:41:51	00:02:51	03:08:28	00:01:57	01:00:34	02:03:15
324	Stephen	Jackson	Male	Finished	35-39		05:58:29	662	00:49:35	00:04:21	02:58:57	00:03:04	00:58:29	02:02:29
141	Simon	Fryer	Male	Finished	30-34		05:58:53	663	00:37:58	00:05:25	02:48:43	00:02:44	01:08:49	02:24:01
569	Adrian	Tansley	Male	Finished	40-44		05:59:12	664	00:38:17	00:02:47	02:58:49	00:03:06	01:03:01	02:16:11
484	Neil	Hampton	Male	Finished	40-44		05:59:13	665	00:41:48	00:05:04	03:06:47	00:04:39	00:58:23	02:00:51
418	Andrew	Clark	Male	Finished	35-39	SCT	05:59:20	666	00:41:21	00:02:22	03:02:31	00:02:33	01:02:27	02:10:30
983	Belinda	Wells	Female	Finished	45-49	BIRCH VALE TRI	05:59:27	667	00:46:28	00:03:14	03:06:05	00:02:10	00:58:36	02:01:28
10	Alan	Whitaker	Male	Finished	20-24		05:59:29	668	00:40:30	00:02:21	03:04:08	00:01:29	01:04:02	02:10:59
645	Iain	Colville	Male	Finished	40-44		05:59:31	669	00:42:15	00:04:39	03:07:35	00:02:53	01:00:12	02:02:07
796	Richard	Gower	Male	Finished	50-54	THAMES TURBO TRIATHLON CLUB	05:59:53	670	00:41:28	00:03:24	03:06:18	00:03:47	01:00:21	02:04:54
685	Derek	Johnson	Male	Finished	45-49	TRITALK.CO.UK	06:00:12	671	00:42:20	00:03:23	03:15:10	00:02:22	00:54:53	01:56:55
128	Andrew	Gaydon	Male	Finished	30-34		06:00:31	672	00:42:04	00:02:54	03:00:44	00:01:50	01:03:30	02:12:56
947	Lucy	Makinson	Female	Finished	40-44	CALDERDALE TRI CLUB	06:00:42	673	00:47:53	00:05:12	02:58:59	00:04:53	01:00:10	02:03:43
222	Iain	Taylor	Male	Finished	30-34	ADWICK TRI CLUB	06:01:07	674	00:40:27	00:02:05	02:57:06	00:02:53	01:07:44	02:18:33

423	Steve	Willis	Male	Finished	35-39	RAF TRI	06:01:56	675	00:50:25	00:02:43	02:58:40	00:01:20	00:55:37	02:08:46
974	Vivienne	Law	Female	Finished	45-49		06:01:58	676	00:42:47	00:04:18	03:08:13	00:02:09	01:01:00	02:04:29
992	Trish	Kelly	Female	Finished	50-54	EAST LONDON TRIATHLETES	06:02:00	677	00:43:43	00:03:07	03:04:55	00:03:46	01:01:20	02:06:25
502	Ian	Ogborn	Male	Finished	40-44	MID SUSSEX TRI CLUB	06:02:09	678	00:41:46	00:05:18	03:00:13	00:02:40	01:03:40	02:12:10
281	David	Babister	Male	Finished	35-39	TRITALK.CO.UK	06:02:31	679	00:43:28	00:02:24	03:01:24	00:01:29	01:02:29	02:13:44
996	Joanne	Baker	Female	Finished	55-59	BIRCH VALE TRI CLUB	06:03:17	680	00:42:21	00:02:36	03:04:43	00:02:22	01:03:03	02:11:12
769	Adam	Fitzpatrick	Male	Finished	50-54		06:03:21	681	00:55:22	00:04:39	02:59:51	00:05:26	00:58:51	01:58:01
95	Gideon	Shawyer	Male	Finished	30-34	CLAPHAM CHASERS	06:03:23	682	00:52:48	00:03:30	03:14:22	00:01:01	00:53:23	01:51:39
822	Neil	Whitehead	Male	Finished	65-69	AVON VALLEY RUNNERS	06:03:35	683	00:47:21	00:06:20	03:11:48	00:03:26	00:55:09	01:54:38
497	Ian	Churchill	Male	Finished	40-44		06:03:47	684	00:54:59	00:02:45	02:55:25	00:02:45	00:56:50	02:07:50
678	Richard	Morris	Male	Finished	45-49	LEEDS & BRADFORD TRI	06:03:53	685	00:47:48	00:03:56	03:11:13	00:01:55	00:56:54	01:58:58
888	Jenny	Briggs	Female	Finished	30-34		06:03:53	686	00:37:24	00:05:14	02:59:05	00:03:29	01:10:09	02:18:37
554	Mark	Hutchings	Male	Finished	40-44	KINGS TRI	06:04:15	687	00:43:25	00:04:19	02:54:54	00:02:28	01:03:00	02:19:06
944	Helena	Straw	Female	Finished	40-44		06:04:17	688	00:37:18	00:03:30	03:03:50	00:02:03	01:07:26	02:17:34
667	Paul	Ralph	Male	Finished	45-49	LINCSQUAD	06:04:27	689	00:45:55	00:02:57	02:52:34	00:03:02	01:05:38	02:19:57
9	James	Reed	Male	Finished	20-24	COLCHESTER & TENDERING AC	06:05:03	690	00:41:43	00:05:09	03:07:42	00:02:05	01:02:16	02:08:20
404	Anthony	Fairs	Male	Finished	35-39		06:05:13	691	00:39:40	00:02:25	02:55:56	00:02:17	01:05:41	02:24:52
704	Kevin	Scott	Male	Finished	45-49	STORTFORD TRI	06:05:27	692	00:38:35	00:04:12	03:03:48	00:03:56	01:05:26	02:14:55
871	Kate	Fenlon	Female	Finished	30-34	ICKNIELD ROAD CLUB	06:05:36	693	00:39:39	00:05:19	02:43:58	00:03:42	01:13:20	02:32:56
42	Matt	Mandelbaum	Male	Finished	25-29	PSOF	06:05:40	694	00:40:11	00:06:09	03:14:27	00:02:27	01:00:16	02:02:24
561	Alvin	Cummings	Male	Finished	40-44		06:05:43	695	00:44:44	00:06:20	02:54:40	00:03:28	01:05:03	02:16:28
782	Malcolm	James	Male	Finished	50-54	THAMES TURBO TRIATHLON CLUB	06:05:48	696	00:47:12	00:03:53	03:01:59	00:01:53	01:04:54	02:10:49
448	Dave	Clyne	Male	Finished	40-44		06:06:02	697	00:44:19	00:03:31	03:02:34	00:01:14	01:04:50	02:14:20
991	Janet	Shepherd	Female	Finished	50-54		06:07:02	698	00:42:08	00:05:33	03:17:48	00:02:57	00:57:14	01:58:33
908	Corinna	O'connor	Female	Finished	35-39	COVENTRY TRIATHLON	06:07:21	699	00:41:59	00:04:23	03:20:32	00:03:20	00:57:32	01:57:04
812	Stephen	Crane	Male	Finished	50-54	BEDFORD HARRIERS AC	06:07:28	700	00:50:09	00:07:13	02:59:53	00:06:32	01:00:24	02:03:39
916	Samantha	Buchanan	Female	Finished	35-39		06:07:44	701	00:45:33	00:04:33	02:59:37	00:02:44	01:06:02	02:15:15
537	Chris	Jackson	Male	Finished	40-44	ABSOLUTE TRIATHLON	06:07:50	702	00:48:52	00:04:36	02:58:12	00:02:01	01:06:03	02:14:07
746	Ralph	Robinson	Male	Finished	45-49	EAST LONDON TRIATHLETES	06:08:10	703	00:35:43	00:04:21	02:56:23	00:05:09	01:09:11	02:26:32
490	Tim	Clifton	Male	Finished	40-44		06:08:19	704	00:48:43	00:05:03	03:04:49	00:04:00	00:58:47	02:05:40
976	Helen	Cutmore	Female	Finished	45-49	SOUTH YORKS POLICE	06:08:33	705	00:38:34	00:05:58	03:19:37	00:02:25	01:01:04	02:01:56
948	Christelle	Billon	Female	Finished	40-44		06:08:39	706	00:37:19	00:03:27	03:21:34	00:02:04	00:59:24	02:04:13
48	Mark	Nicol	Male	Finished	25-29		06:08:56	707	00:39:46	00:03:24	03:09:41	00:03:56	01:03:27	02:12:07
926	Isabel	Stetter	Female	Finished	35-39		06:09:01	708	00:45:06	00:06:20	03:03:06	00:04:57	01:03:21	02:09:29
480	Chris	O'mahoney	Male	Finished	40-44	THAMES TURBO	06:09:20	709	00:43:31	00:02:57	03:14:29	00:02:17	01:03:37	02:06:03
631	Paul	Kerrison	Male	Finished	40-44	HARWICH RUNNERS	06:09:32	710	00:37:01	00:04:13	02:58:29	00:02:33	01:10:05	02:27:14

964	Andrea	Bowman-twohey	Female	Finished	45-49		06:09:39	711	00:46:38	00:06:56	03:02:24	00:03:14	01:03:54	02:10:25
693	Thomas	Whalen	Male	Finished	45-49	SCT	06:09:53	712	00:45:27	00:06:20	02:54:00	00:04:29	01:05:20	02:19:34
298	Jason	Ferguson	Male	Finished	35-39		06:10:10	713	00:44:22	00:04:10	02:58:35	00:03:24	01:03:14	02:19:36
301	Stephen	Hull	Male	Finished	35-39	EAST LONDON TRI	06:10:11	714	00:41:31	00:02:42	03:02:38	00:02:11	01:05:10	02:21:06
911	Louise	Root	Female	Finished	35-39	LINCOLN TRI	06:10:12	715	00:31:08	00:02:47	03:14:37	00:02:27	01:07:51	02:19:10
790	Maurice	Needoff	Male	Finished	50-54	ABSOLUTE TRIATHLON CLUB	06:10:38	716	00:47:04	00:04:41	03:07:30	00:03:29	01:02:28	02:07:51
854	Lucy	Richardson	Female	Finished	30-34		06:10:46	717	00:46:43	00:05:38	03:18:03	00:03:07	00:56:41	01:57:11
839	Alison	Crichton	Female	Finished	25-29		06:10:47	718	00:42:34	00:07:15	03:17:16	00:05:04	00:58:28	01:58:35
904	Gillian	Llewellyn-jones	Female	Finished	35-39	BAD TRI	06:11:02	719	00:42:05	00:05:28	03:13:06	00:02:45	01:00:00	02:07:35
850	Lowri	Phillips	Female	Finished	30-34	BAD TRI	06:12:55	720	00:43:22	00:04:56	03:08:37	00:04:17	01:03:47	02:11:40
923	Dawn	Lee	Female	Finished	35-39	PSOF	06:13:17	721	00:49:09	00:04:30	03:02:40	00:03:30	01:03:55	02:11:25
528	Gerard	Smith	Male	Finished	40-44	DUNMOW TRI	06:13:54	722	00:34:15	00:04:24	03:03:11	00:02:30	01:09:30	02:29:33
805	Mike	Callaghan	Male	Finished	50-54	WILBARSTON WOBBLERS	06:14:03	723	00:47:29	00:04:55	03:04:10	00:01:55	01:00:33	02:15:30
148	Justin	Osborne	Male	Finished	30-34		06:14:09	724	00:47:24	00:03:48	03:06:00	00:04:47	01:01:40	02:12:07
553	Neil	Streng	Male	Finished	40-44	PSOF	06:14:22	725	00:43:30	00:04:10	03:01:58	00:04:39	01:06:05	02:20:01
229	Jeremy	Quirk	Male	Finished	30-34		06:15:17	726	00:43:17	00:03:25	03:11:11	00:01:40	01:00:45	02:15:42
58	Simon	Moxon	Male	Finished	25-29		06:15:37	727	00:42:45	00:03:10	03:24:13	00:01:24	00:59:52	02:04:03
411	Declan	Hayes	Male	Finished	35-39	N/A	06:16:16	728	00:48:24	00:04:59	03:02:14	00:03:48	01:06:39	02:16:49
138	Andrew	Jacobson	Male	Finished	30-34		06:16:39	729	00:50:15	00:05:33	03:18:21	00:03:20	00:58:38	01:59:07
719	Chris	Jones	Male	Finished	45-49	RUTLAND RUNNING CLUB	06:17:24	730	00:45:24	00:05:03	03:01:11	00:01:50	01:06:26	02:23:52
580	Richard	Watt	Male	Finished	40-44		06:17:52	731	00:43:04	00:04:43	03:12:08	00:03:40	01:04:24	02:14:15
169	Richard	Moore	Male	Finished	30-34		06:18:06	732	00:41:52	00:09:33	03:04:58	00:07:07	01:05:00	02:14:34
87	Alistair	Macdonald	Male	Finished	30-34		06:19:15	733	00:31:03	00:03:45	03:20:18	00:02:04	01:07:58	02:22:02
909	Emma	Elms	Female	Finished	35-39	DUNMOW TRI	06:19:52	734	00:47:33	00:05:05	03:18:44	00:03:02	01:01:14	02:05:25
838	Aimee	Stocker	Female	Finished	25-29	SPALDING TRI CLUB	06:20:18	735	00:42:23	00:03:52	03:04:00	00:03:23	01:01:32	02:26:37
989	Romey	Jacketts	Female	Finished	50-54	MYSPORTINGTIMES	06:20:18	736	00:42:38	00:04:20	03:02:31	00:02:39	01:04:19	02:28:07
726	Brian	Mills	Male	Finished	45-49		06:20:22	737	00:46:35	00:06:05	03:15:05	00:03:54	01:00:24	02:08:41
895	Bella	Roe	Female	Finished	30-34	TRI LONDON	06:20:41	738	00:38:12	00:03:42	03:04:44	00:03:04	01:11:09	02:30:55
107	Ed	Stevens	Male	Finished	30-34	BADTRI	06:21:12	739	00:49:03	00:05:38	02:54:13	00:01:28	01:12:31	02:30:48
870	Katie	Blackbird	Female	Finished	30-34	CHELTENHAM	06:21:17	740	00:45:43	00:03:47	03:16:34	00:03:08	01:05:43	02:12:02
158	Ben	Barker	Male	Finished	30-34		06:21:22	741	00:45:44	00:03:18	03:12:41	00:04:06	01:02:37	02:15:30
956	Tracy	Caudle	Female	Finished	40-44	EAST GRINSTEAD TRI CLUB	06:21:45	742	00:42:44	00:04:25	03:10:21	00:02:36	01:03:20	02:21:36
865	Abigail	Fisher	Female	Finished	30-34	MET POLICE TRI CLUB	06:21:54	743	00:40:23	00:03:25	03:02:18	00:03:51	01:12:17	02:31:55
268	Matthew	Percy	Male	Finished	35-39		06:22:54	744	00:55:26	00:03:02	03:20:44	00:02:06	00:57:30	02:01:33
520	Paul	Daniels	Male	Finished	40-44		06:23:30	745	00:41:06	00:04:15	03:03:24	00:09:59	01:06:11	02:24:43
937	Jackie	Smith	Female	Finished	40-44		06:24:07	746	00:41:19	00:05:08	03:20:40	00:03:27	01:03:28	02:13:30

234	Robert	Williams	Male	Finished	35-39		06:24:12	747	00:41:49	00:04:19	03:06:59	00:01:56	01:09:15	02:29:07
644	Christer	Goetzinger	Male	Finished	40-44		06:24:48	748	00:42:00	00:05:07	03:08:21	00:03:13	01:09:46	02:26:03
949	Cheryl	Hinde	Female	Finished	40-44	TRI PRESTON	06:24:54	749	00:43:52	00:03:36	03:15:05	00:02:33	01:10:40	02:19:45
853	Caroline	Hawkes	Female	Finished	30-34	SWINDON TRI CLUB	06:25:19	750	00:39:40	00:04:13	03:10:27	00:02:08	01:13:57	02:28:48
867	Anna	Ladd	Female	Finished	30-34		06:25:56	751	00:42:02	00:05:18	03:30:39	00:03:24	00:59:54	02:04:30
224	Stuart	Sykes	Male	Finished	30-34	RUGBY TRI CLUB	06:26:13	752	00:41:05	00:03:40	03:06:16	00:01:27	01:10:54	02:33:43
658	Rajesh	Batra	Male	Finished	45-49		06:26:16	753	00:50:06	00:05:16	03:13:48	00:04:38	01:03:07	02:12:24
473	Martin	Rashdi	Male	Finished	40-44		06:26:28	754	00:48:09	00:05:47	03:06:08	00:03:28	01:11:10	02:22:53
513	Paul	Caunce	Male	Finished	40-44	GI TRI	06:26:55	755	00:33:38	00:03:26	03:07:19	00:03:12	01:12:45	02:39:18
495	Carl	Barthorpe	Male	Finished	40-44	PSOF	06:27:47	756	00:40:07	00:05:09	02:59:59	00:01:44	01:17:40	02:40:45
843	Rebecca	Mills	Female	Finished	25-29	PSOF	06:27:55	757	00:38:43	00:04:25	03:11:23	00:03:08	01:13:01	02:30:13
638	Simon	Dunn	Male	Finished	40-44		06:28:18	758	00:45:15	00:04:24	03:11:57	00:02:52	01:10:30	02:23:46
697	Jeff	Garner	Male	Finished	45-49		06:28:19	759	00:46:50	00:05:11	03:13:29	00:02:46	01:04:41	02:20:00
482	Juergen	Stetter	Male	Finished	40-44		06:29:01	760	00:39:26	00:09:45	03:10:07	00:03:55	01:04:57	02:25:45
940	Sarah	Clough	Female	Finished	40-44	WAKEFIELD TRIATHLON CLUB	06:29:28	761	00:46:56	00:03:33	03:14:55	00:03:25	01:07:22	02:20:36
939	Alison	Richardson	Female	Finished	40-44	FARNHAM TRI	06:30:15	762	00:45:50	00:04:22	03:19:45	00:03:01	01:01:17	02:17:15
44	Paul	Smith	Male	Finished	25-29		06:30:20	763	00:57:36	00:03:05	03:01:12	00:01:44	01:09:36	02:26:39
419	Rakesh	Ladwa	Male	Finished	35-39	DARTFORD AND WHITE OAKS TRI	06:32:38	764	00:45:44	00:04:17	03:16:44	00:02:03	01:08:39	02:23:47
780	Dave	Hynes	Male	Finished	50-54	FREEDOM TRI CROWBOROUGH	06:32:52	765	00:50:15	00:06:16	03:19:39	00:04:26	01:04:02	02:12:15
683	Karl	Pike	Male	Finished	45-49		06:32:59	766	00:46:54	00:06:24	03:07:00	00:02:56	01:09:03	02:29:42
962	Ania	Ruszkowski	Female	Finished	45-49		06:33:53	767	00:45:04	00:05:41	03:32:22	00:03:06	01:02:33	02:07:39
587	Timothy	Pockney	Male	Finished	40-44	METROPOLITAN POLICE TRIATHLON CLUB	06:35:36	768	00:48:12	00:04:36	03:03:27	00:03:40	01:12:39	02:35:38
717	Keith	Tuffin	Male	Finished	45-49		06:36:14	769	00:40:57	00:03:13	03:01:03	00:02:45	01:07:10	02:48:13
359	Stuart	Gillies	Male	Finished	35-39		06:36:22	770	00:49:12	00:03:47	03:17:09	00:02:21	01:07:49	02:23:52
514	Steve	Pace	Male	Finished	40-44		06:38:29	771	00:53:34	00:04:07	03:10:23	00:02:48	01:10:42	02:27:34
881	Niamh	Millar	Female	Finished	30-34	CLAPHAM CHASERS	06:40:01	772	00:50:04	00:05:09	03:19:10	00:06:51	01:05:51	02:18:45
546	Jon	Sharpe	Male	Finished	40-44	GI-TRI	06:40:12	773	00:48:39	00:06:01	03:11:50	00:03:16	01:11:25	02:30:23
957	Yvette	Johnston	Female	Finished	40-44	MET POLICE TRI	06:40:24	774	00:47:02	00:04:25	03:31:21	00:03:03	01:02:10	02:14:30
739	Ronnie	Woods	Male	Finished	45-49		06:40:55	775	00:52:35	00:03:48	03:12:53	00:03:01	01:07:20	02:28:36
112	Stephen	Slay	Male	Finished	30-34	OXFORD TRI	06:41:39	776	00:41:29	00:04:17	03:20:45	00:02:25	01:14:23	02:32:40
402	Alyn	Morgan	Male	Finished	35-39		06:41:43	777	00:51:59	00:06:42	03:00:33	00:03:06	01:17:39	02:39:21
905	Sarah	Croot	Female	Finished	35-39	STORTFORD TRI	06:41:50	778	00:46:34	00:04:03	03:28:54	00:02:42	01:08:10	02:19:34
614	Colin	Harrison	Male	Finished	40-44	WINDRUSH TRI	06:43:31	779	00:55:08	00:01:21	03:27:14	00:04:11	01:02:54	02:15:36
36	Neil	Gillingham	Male	Finished	25-29		06:44:15	780	00:44:27	00:05:14	03:39:47	00:02:03	01:01:17	02:12:41
825	Clare	Mckenna	Female	Finished	14-19		06:44:48	781	00:33:39	00:04:43	03:24:44	00:02:57	01:18:08	02:38:43

820	Ken	Brown	Male	Finished	60-64		06:44:56	782	00:52:41	00:05:47	03:05:34	00:07:18	01:05:38	02:33:34
924	Michelle	Ashwell	Female	Finished	35-39	JETSTREAM	06:46:23	783	00:41:35	00:04:04	03:20:59	00:04:27	01:16:32	02:35:16
395	Sean	Brown	Male	Finished	35-39	OXFORD TRIATHLETES	06:53:54	784	01:05:22	00:09:19	03:31:09	00:01:59	01:00:17	02:06:02
617	Andrew	Edis	Male	Finished	40-44	HILLINGDON TRI CLUB	06:56:33	785	00:33:35	00:05:42	03:13:15	00:03:22	01:23:48	03:00:37
955	Janice	Tall	Female	Finished	40-44	BEDFORDSHIRE ROAD CYCLING	06:56:46	786	00:38:42	00:06:06	03:35:45	00:04:46	01:13:07	02:31:23
986	Juliet	Howard	Female	Finished	50-54	GNARLY N UTTERS	07:02:57	787	00:40:31	00:06:04	03:30:12	00:04:03	01:18:29	02:42:05
829	Helen	Oscroft	Female	Finished	25-29	PSOF	07:04:33	788	00:51:59	00:03:19	03:22:10	00:02:01	01:17:47	02:45:01
896	Natalie	Dodd	Female	Finished	35-39		07:06:10	789	00:52:17	00:04:15	03:22:52	00:03:16	01:18:49	02:43:28
936	Debbie	Binks	Female	Finished	40-44	STORTFORD TRI	07:09:09	790	00:51:59	00:06:16	03:41:38	00:03:48	01:10:28	02:25:26
930	Diane	Duret	Female	Finished	35-39	CITY OF CHESTER TRIATHLON CLUB	07:11:09	791	00:46:16	00:03:40	03:26:54	00:03:12	01:23:57	02:51:04
932	Maria	Pedraza	Female	Finished	35-39	EAST LONDON TRIATHLETES	07:29:42	792	00:36:16	00:03:59	03:43:23	00:04:43	01:27:22	03:01:18
946	Karen	Mcritchie	Female	Finished	40-44		07:42:08	793	00:55:22	00:04:46	03:28:29	00:04:03	01:29:41	03:09:26
993	Julie	Ward	Female	Finished	50-54	PSOF	07:46:59	794	00:55:10	00:06:05	03:38:20	00:03:54	01:29:27	03:03:27
995	Alison	Postlethwaite	Female	Finished	50-54	RUGBY TRIATHLON CLUB	07:53:43	795	00:46:55	00:05:56	03:37:54	00:06:33	01:30:00	03:16:23
494	Martin	Alabone	Male	DNF	40-44			DNF	00:40:06	00:02:44	02:50:50	00:01:50		
747	Chris	Pryke	Male	DNF	45-49			DNF	00:44:18	00:06:31	03:10:53	00:04:21		
804	Richard	Stanhope	Male	DNF	50-54	THAMES TURBO		DNF	00:30:47	00:01:48				
980	Julie	Lambourne	Female	DNF	45-49	TFN TRI CLUB		DNF	00:33:47	00:01:59	02:31:42	00:02:13		
32	Edward	Hinton	Male	DNF	25-29	WHITE ROSE TRIATHLETES		DNF	00:40:18	00:02:56				
43	Christopher	Wilcox	Male	DNF	25-29	LINCOLN TRI		DNF	00:29:58	00:01:34	02:22:09	00:00:50		
61	Dan	Bassford	Male	DNF	25-29	EAST LONDON TRIATHLETES		DNF	00:40:12	00:02:52				
121	Perry	Vlachos	Male	DNF	30-34			DNF	00:50:45	00:05:25	02:55:09			
184	Bobby	Boothroyd	Male	DNF	30-34	MET POLICE TRI		DNF	00:32:48	00:02:30	01:31:33			
191	Michael	Daly	Male	DNF	30-34	MET POLICE TRI		DNF	00:36:48	00:02:59				
272	Adam	Titley	Male	DNF	35-39	BERKSHIRE TRI SQUAD		DNF	00:34:24	00:03:31				
332	Richard	Wilder	Male	DNF	35-39	WILDERFITNESS.CO.UK		DNF	00:28:09	00:01:28	02:08:06	00:00:45	00:47:00	
594	Richard	Shooter	Male	DNF	40-44	-		DNF						
621	Andrew	Brush	Male	DNF	40-44			DNF	00:36:50	00:05:11	02:46:57	00:03:13		
690	Peter	Wright	Male	DNF	45-49	RUGBY TRIATHLON CLUB		DNF	00:37:57	00:02:24	02:18:57	00:01:15		
695	Andrew	Booth	Male	DNF	45-49	WARRINGTON		DNF	00:33:48	00:01:54				
777	Bob	Marmon	Male	DNF	50-54			DNF						
832	Amy	Waldron	Female	DNF	25-29	FUL-ON TRI		DNF	00:41:18	00:04:51	01:41:27			
844	Lou	Collins	Female	DNF	25-29	TFN TRI CLUB		DNF	00:28:35	00:01:47				
846	Charlotte	Newton	Female	DNF	25-29	TRITALK		DNF	00:47:03	00:03:55				
875	Clare	Robinson	Female	DNF	30-34	MANCHESTER TRIATHLON CLUB		DNF	00:39:11	00:04:11				
971	Linda	Jones	Female	DNF	45-49	CARDIFF TRI		DNF						

972	Paula	Dewar	Female	DNF	45-49	V02 MAXIMUM RIT		DNF	00:29:01	00:02:34				
997	Sarah	Davies	Female	DNF	55-59			DNF	00:36:42	00:02:37	03:00:55	00:03:34		
260	Paul	Davies	Male	DQ	35-39	AIRCOM/SCOTT	04:20:06	DQ	00:35:41	00:01:54	02:11:53	00:01:16	00:42:10	01:27:19
504	Nicholas	Tomkinson-hill	Male	DQ	40-44	STAFFORD TRI CLUB	04:30:56	DQ	00:29:38	00:02:04	02:25:37	00:01:23	00:44:33	01:32:12
593	Ian	Phillips	Male	DQ	40-44	ARMY TRIATHLON ASSOCIATION	04:34:55	DQ	00:30:16	00:02:27	02:22:58	00:01:40	00:47:21	01:37:31
333	Tony	Goodyear	Male	DQ	35-39	MANSFIELD TRI	04:50:28	DQ	00:32:18	00:02:13	02:27:27	00:01:13	00:50:19	01:47:14
316	Philip	Tsang	Male	DQ	35-39	EAST LONDON TRIATHLETES	05:01:55	DQ	00:34:19	00:01:37	02:41:45	00:02:21	00:49:12	01:41:51
517	Paul	Maye	Male	DQ	40-44		05:18:17	DQ	00:47:56	00:03:35	02:43:52	00:02:19	00:49:20	01:40:32
498	Paul	Shriever	Male	DQ	40-44		05:39:56	DQ	00:44:04	00:05:28	02:44:58	00:03:25	00:57:14	02:01:58
303	Richard	Williams	Male	DQ	35-39	CAMBRIDGE TIATHLON CLUB		DQ						